

### Introduction

#### Why this study?

- Lack of diversity amongst the healthcare workforce perpetuates health disparities seen amongst marginalized groups and becomes a moral imperative.



#### Literature Review

- - 36 pertinent studies included dated 2015-2023
- Terms: Hispanic, Latino, Latinx, nursing students, ESL, EAL, ELL, English as a foreign language
- CINAHL, Google Scholar, PubMed, ERIC, Academic Search Premier

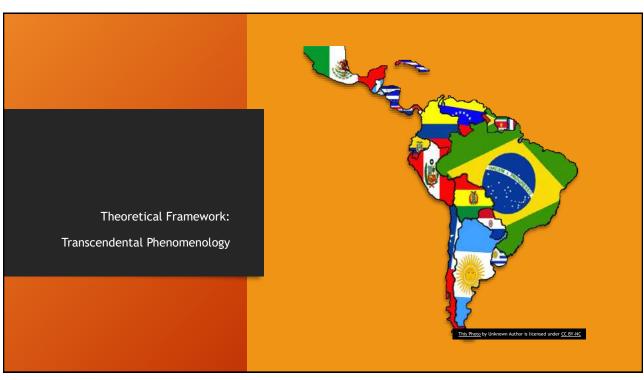
3

Gaps in the Literature

There are a limited number of studies focusing specifically on Hispanic/Latino EAL Nursing Students

## Problem & Purpose of this Study





## Research Method & Study Design

- Method: Qualitative
- Transcendental Phenomenological Moustaka's Model



7

#### Research Questions

Q1 What are the lived experiences of Hispanic/Latino EAL nursing students in the academic setting? Q2 What do Hispanic/Latino EAL nursing students perceive as strengths and challenges? Q3 How do culture and multilingualism impact Hispanic/Latino EAL nursing students' experiences in nursing school?

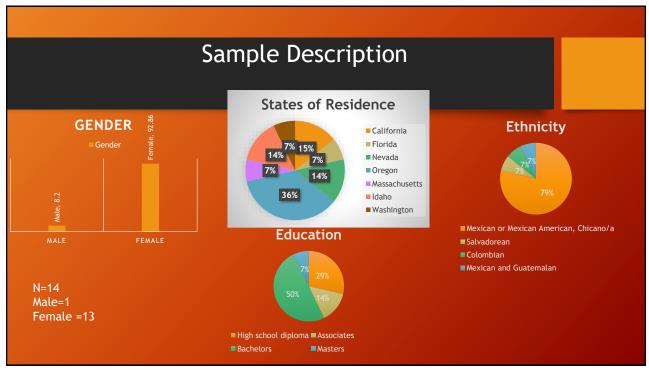
### Recruitment and Sample

#### **Sampling**

- Purposeful
- · Inclusion criteria
  - Currently enrolled in a BSN program for at least 1 semester OR
  - New graduate nurse (less than 1 year working as an RN)
  - · Self Identify as Hispanic/Latino
  - Speak EAL
  - Must be willing to participate in a recorded interview

#### Recruitment

- Social media posting:
  Teachers Transforming Nursing
  Education, National Association of
  Hispanic Nurses, International Student
  Nurses
- Hispanic Serving Institutions
  Snowball sampling



## Sample Description

 Average Years Speaking English= 15.92 years



 Average Years of Schooling in US 18 years



11

## Procedure for data collection

- Instrument: Researcher
- Semi-structured interviews using Zoom lasting 45 minutes on average
- · Audio/video recorded
- Demographic information
- Transcription



### Data Analysis

Moustakas (1994) transcendental phenomenology model

- Epoche
- Phenomenological reduction
- Imaginative variation
- Synthesis



13

### Establishing Rigor & Trustworthiness

- Triangulation
- Documentation of each step
- Codebook
- Member checks
- Peer Review





Theme 1: Serving a Greater Purpose

PURPOSE pur-pose ['pə:pəs]
noun
to know your reason /
pursuit of a passion or goal /
to be aware of your potential /

Theme 2: Espada de dos filos (Double edged sword)

- Subthemes
  - Challenges
  - Strengths



17

## Theme 2: Espada de dos filos (Double edged sword)

#### Subtheme: Challenges

- Isolation/Invisibility/culture shock/ lack of diversity
- Family Obligations
- Impostor Syndrome
- Financial
- Language Difference
- Lack of Mentorship



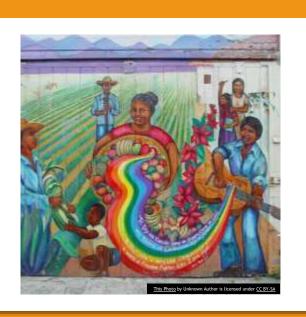
## Theme 2: Espada de dos filos (Double edged sword)

#### Subtheme: Strengths

- Improved Patient Care
- Multilingualism
- Grit



Theme 3: Culture is Connection



#### Theme 4: Facilitators



21

## Relationship of findings to Literature : Theme 2

Double Edged Sword Subtheme Strengths

- Improved Patient Care
- Multilingualism
- Gri



## Implications for Nursing Education

 Lack of diversity in nursing programs perpetuates inequities and health disparities



23

## Implications for Nursing Practice

- Improved patient care
- Improved communication
- Broadened perspectives



# Recommendations for Nursing Education

- Implement Holistic Admissions
- Provide medical terminology and translations courses for multilingual students
- Ensure medical terminology, writing and academic language support
- Increase faculty of color
- Ensure Hispanic/Latino Students have support groups
- Provide financial support through scholarships and grants



25

#### Limitations

- Sample was limited to BSN Students
- Many participants had another degree
- Excluded students who were unsuccessful in their programs
- Most participants identified as Mexican or Mexican American
- Only one participant identified as male

