

A Culture & Diversity Nursing Course: Key Aspects

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Culture & Diversity

When people discuss culture it typically focuses on geography and diversity focuses on race. However, to accurately talk about culture & diversity, one must consider race, ethnicity, gender, sexual orientation, religion, socio-economic status, being able bodied and various learning styles.





Aurora University Freshman Course: Professional Nursing, Culture, & Health Care

 This Freshman course introduces culture & diversity. It promotes empathy & growth, focusing on cultural competency. A cultural competency selfassessment is taken both at the beginning and end of course. A reflection on this growth is a focus.



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Cultural Competence Self-Assessment Checklist			www.rapworkers.com		
Awareness		Never	Sometimes/	Fairly Often/	Always/
Value Diversity	I view humon difference as positive and a cause for celebration		Occasionally	Prestly Well	very well
Know myself	I have a clear sense of my own ethnic, cultural and racial identity				
Share my culture	I am aware that in order to learn more about others I need to understand and be prepared to share my own culture				
Be aware of areas of discomfort.	I am oware of my discomfort when I encounter differences in race, colour, religion, sexual orientation, language, and ethnicity.				
Oneck my assumptions	I am aware of the assumptions that I hold about people of cultures different from my own.				

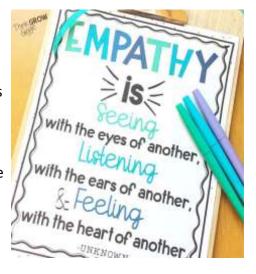
Six Diverse Group Case Studies

- Sexual orientation & gender identity
 - Caitlyn Jenner; transgender
- Race & ethnicity
 - Rodney King (1992) & George Floyd (2020)
- Class & income
 - Redlining (Chicago), Healthcare disparities
- Gender
 - Gender gap for last 20 years females make 82%
- Mental disabilities
 - Andrea Yates; Postpartum depression, drowned 5 children
- Physical disabilities
 - Stephen, a wheelchair user needing an adjustable desk in an accessible meeting room and clear isles

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Strategies to promote learning

- Cultural competence selfassessment
- Culture paper
- Culture presentation
- Six different diverse groups are presented with case studies to promote empathy, critical thinking and reflection.
- Live interviews with people from 6 counties studied.
- Mentoring with Senior nursing students



Questions for France:

- 1. What is the biggest difference between the US and France?
- 2. What is schooling like in France?
- 3. What hospitals are like compared to US hospitals?
- 4. What is a biggest flaw in the France's healthcare system?
- 5. What is the typical diet in France?
- 6. What is the ratio of female vs male nurses in France?
- 7. What happens during the typical MD visit? Take vital signs (Blood pressure, temperature, pulse)? Electronic medical record data entry? Are MRI's and CAT scans used frequently?
- 8. Are doctor office visits different?
- 9. How are patient/nurse/doctor interactions different in France?
- 10. What is out of pocket cost to deliver a baby in France?
- 11. Is insurance from the government or private in France?
- 12. Cost of insurance who pays for it in France and how much is it compared to what you pay in the US?
- 13. How often do you go in for a wellness exam in France?
- 14. Is smoking/vaping popular in France?

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Survey results of most effective teaching strategy

 Zoom interviews of a person from each of the 6 countries studied rated in top 2 for both years.



References

- ACHA guidelines (2011) Cultural Competency Statement
- Greater Vancouver Island Multicultural Society (N.D.) Cultural Competence Self-Assessment Checklist. www.rapworkers.com.

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