

*Integrating the*  
**AACN HOSPICE/PALLIATIVE/  
SUPPORTIVE CARE SPHERE**  
*In*  
**UNDERGRADUATE NURSING  
EDUCATION:**  
**A PRACTICAL GUIDE FOR FACULTY**

*Olga Ehrlich, PhD, RN, CHPN*  
*Alyssa Lackowski, BSN, RN*  
*Niki Gjata*



**INTEGRATING THE  
AACN HOSPICE/PALLIATIVE/SUPPORTIVE CARE SPHERE**

*In*

**UNDERGRADUATE NURSING EDUCATION:  
A PRACTICAL GUIDE FOR FACULTY**

*Olga Ehrlich, PhD, RN, CHPN*

*Alyssa Lackowski, BSN, RN*

*Niki Gjata*

*Integrating the AACN Hospice/Palliative/Supportive Care Sphere in Undergraduate Nursing Education: A Practical Guide for Faculty*

© 2023 by Olga Ehrlich, is licensed under an **Attribution-NonCommercial-ShareAlike 4.0 International License**, except where otherwise noted. Content sources listed in the manual may have been copyrighted or otherwise protected as indicated.



<https://creativecommons.org/about/clicenses/>

This manual was developed with support from the Oakland University School of Nursing Oberhauser Nursing Instruction Endowment.

## TABLE OF CONTENTS

<b>Introduction</b> .....	7
<b>How to Use This Manual</b> .....	10
<b>Palliative Care Overview</b> .....	13
<b>Communication</b> .....	14
<b>Advance Care Planning</b> .....	16
<b>Neonatal &amp; Perinatal Considerations</b> .....	18
<b>Pediatric Specialty Considerations</b> .....	19
<b>Health Equity, Disparities, and Palliative Care</b> .....	20
<b>Palliative Care and Healthcare Policy Issues</b> .....	22
<b>Psychosocial, Psychological and Psychiatric Palliative Care Considerations</b> .....	24
<b>End of Life &amp; Active Dying</b> .....	25
<b>Spiritual &amp; Existential</b> .....	27
<b>Bereavement</b> .....	28
<b>Self-Care for Nurses</b> .....	29
<b>Pain Assessment and Management</b> .....	30
<b>Cancer</b> .....	33
<b>Heart Disease/Heart Failure</b> .....	38
<b>Alzheimer’s Disease and Other Dementias</b> .....	39
<b>Chronic Obstructive Pulmonary Disease</b> .....	41
<b>Stroke</b> .....	42
<b>HIV/AIDS</b> .....	43
<b>Renal Failure/Kidney Disease</b> .....	43
<b>Parkinson’s Disease</b> .....	44
<b>COVID-19</b> .....	45
<b>Appendix</b> .....	47
<b>Matrix</b> .....	51



## INTRODUCTION

*At the 2014 Sixty-Seventh World Health Assembly, palliative care was labelled “an ethical responsibility of health systems.” (WHA, 2014)*

### **Intent**

The goal of this manual is to provide nursing faculty with a convenient source of many free resources to use in teaching nursing students essential palliative care skills and knowledge with which to enter practice.

The manual is licensed for use under the Creative Commons designation so that it can be accessed and used free-of-charge (Creative Commons, n. d.). The Creative Commons license allows this manual to be used for non-commercial purposes only, consistent with the intent of sharing essential information widely and freely. Please share this manual with your colleagues across nursing.

### **AACN Essentials**

Nursing education programs which grant baccalaureate level and higher degrees may seek accreditation from the American Association of Colleges of Nursing (AACN). The Essentials: Core Competencies for Professional Nursing Education, is a publication of the AACN which established baseline practice entry competencies across accredited professional nursing education programs (2021). According to the Essentials, there are ten domains which capture the heart and shared language of professional nursing and are unique to the nursing discipline, understood globally across health care systems. Overarching the domains for baccalaureate programs are four spheres which capture healthcare delivery contexts: 1) disease prevention/promotion of health and wellbeing, 2) chronic disease care, 3) regenerative or restorative care, and 4) hospice/palliative/supportive care.

In this manual, the focus is to provide faculty with resources which can be used to meet competencies and subcompetencies for the baccalaureate prelicensure AACN Essentials Level 1, the sphere of hospice/palliative/supportive care. Please refer to The Essentials for specific domains, competencies, and subcompetencies (AACN, 2021).

*A note – while this manual was developed for faculty seeking to integrate palliative care content into professional nursing programs in accord with AACN, the manual can be used widely across nursing education programs to expand access to primary palliative care resources for any nursing education program.*

### **Competency-Based Nursing Education**

In order for nursing students to be adequately prepared to deliver care in an increasingly complex health care delivery environment, nursing education, within the Essentials framework, is competency-based (CBE). When using this manual to incorporate or develop palliative care content into your programs and courses, consider how course outcomes and learning activities derive from a competency-based approach. A simple description of CBE is that the focus is on capacities learners will demonstrate at the end of a course in contrast to a focus on what educators intend that students will learn. Wittmann-Price and Gittings (2021) emphasize that competency outcomes are aligned with current clinical practice, whereas other outcomes

might be misaligned with practice and/or based on traditional knowledge. Competency-based education uses scaffolding of content over time to advance competence in a stepwise manner (AACN, 2023). This manual does not describe how to draft course competencies or seek to advise which subcompetencies from the Essentials should be included in your course. Rather, it provides resources that can be used to create activities and assignments that will contribute to scaffolding of competency-based learning in your courses and programs.

### **The AACN Sphere – Hospice/Palliative/Supportive Care**

According to the National Hospice and Palliative Care Organization (NHPCO):

*Palliative care focuses on easing pain and discomfort, reducing stress, and helping people have the highest quality of life possible. It is appropriate at any age and any stage of a serious illness, not just end-of-life. It is an ‘extra layer of support’—treating the symptoms of an illness and supporting the entire family (NHPCO, 2023, para. 1).*

While the hospice and palliative care specialty practice for nurses has existed since 1986, initially established to guide care for persons at the end of life, nurses have long recognized the value of palliative care earlier in the serious illness trajectory as well as across the lifespan and serious illness diagnoses (CAPC, n.d.; HPNA, 2021). In the endeavor to advocate for patients while improving symptom outcomes and aligning care with patient goals and values, nurses have worked with interdisciplinary colleagues within and without the palliative care specialty. The Hospice and Palliative Nurses Association (HPNA) Value Statement: Assuring High Quality in Hospice and Palliative Care, states that palliative nursing:

*...embraces and reflects a holistic philosophy of care provided to patients with serious or life-threatening illnesses in diverse health settings, across the lifespan. It involves an evidence-based nursing practice that includes “the assessment, diagnosis, and treatment of human responses to actual or potential life-limiting illnesses within the context of a dynamic caring relationship with the patient and family, in order to reduce or relieve suffering and optimize health” (HPNA, 2021, p. E29).*

In fact, nurses across settings are challenged to address palliative care needs in daily encounters with patients in outpatient settings, emergency departments, hospital inpatient units, skilled nursing facilities, nursing homes, home health, and public health when caring for seriously-ill persons who have had none or inadequate attention given to their wishes for care or symptom management needs. Primary palliative care, which addresses these needs with an entry-to-practice skill and knowledge level for assessment and intervention, is now an expectation for all new nurse graduates. The AACN worked with the End-of-Life Nursing Education Consortium (ELNEC) in 2016 and 2022 to draft the Competencies And Recommendations for Educating nursing Students (CARES) statements. CARES outlines fifteen core competencies in primary (non-specialist) palliative care considered essential for entry to practice for registered nurses (AACN & ELNEC, 2016; AACN & ELNEC, 2022). Given the wholistic nature of palliative care, the CARES statements can additionally serve as new CBE outcomes in nursing programs attempting to align curricula with the new Essentials.

*The AACN sphere hospice/palliative/supportive care is referred to by the broad term, “palliative care,” throughout this manual unless content is specific to hospice care.*



## **Potential for Improved Outcomes of Palliative Care**

Palliative care is frequently associated with oncology. However, there is a growing body of palliative care research and clinical resources for many other chronic and serious illnesses. Key to conceptualizing palliative care is the notion that it can and should be delivered concurrently with treatments which extend or prolong prognosis, although hospice care is specifically provided to persons considered to be in the last six months of life given their illness trajectory. For hospice recipients, life-extending treatments are typically discontinued and focus is on treatments that support quality end-of-life care.

As you consider where to insert hospice/palliative/supportive care content into your program or course, it will be useful to consider the value to patients, families, and the community at large, of educating nursing students about palliative care for illnesses not already in the spotlight as is cancer. For recipients of hospice care in 2020, Alzheimer's/Dementia/Parkinson's Disease was the most common diagnostic category, followed by heart disease (9.3%), and cancer (7.5%), respiratory (6%), stroke/CVA (5%), kidney disease (1.5%), severe malnutrition (1.3%), and COVID-19 (0.9%).

Nursing ethics and advocacy are based on providing quality and equitable care. Nursing students must be educated to recognize and act on disparities and inequities in health care. For palliative care, numerous disparities and inequities have been documented in the literature. These disparities include prevalence of certain cancers and other diagnoses, pain assessment and treatment, access to palliative care, and hospice utilization. The 2021 report, *Addressing Inequities in End-of-Life Planning and Care: Advancing Equity at Life's End (Compassion and Choices) and Hospice through a Diversity Equity and Inclusion Lens* (NHPCO) highlighted the need for palliative care to address disparities, inequities, and individual and systems factors in the delivery of just and equitable care. Opportunities exist to incorporate learning activities which address primary palliative care nursing and implications of social determinants of health (SDOH), clinician bias, or healthcare policies favoring dominant groups, with multiple Essentials competencies and subcompetencies addressing various aspects of each area.

### **References:**

- AACN. (2016). *CARES--Competencies And Recommendations for Educating Undergraduate Nursing Students: Preparing Nurses to Care for the Seriously Ill and Their Families*. <https://www.aacnnursing.org/>
- AACN. (2021). *The Essentials: Core Competencies for Professional Nursing Education*. <https://www.aacnnursing.org/essentials/download-order>
- ACCN. (2023). *Guiding Principles on Competency-Based Education & Assessment*. <https://www.aacnnursing.org/essentials/tool-kit/guides-and-talking-points>
- American Association of Colleges of Nursing and End-of-Life Nursing Education Consortium. (n.d.). Primary Palliative Care Competencies for Undergraduate and Graduate Nursing Students. *Alignment with the 2021 AACN Essentials* (CARES/G-CARES, 2nd ed). <https://www.aacnnursing.org/Portals/42/AcademicNursing/Tool%20Kits/Essentials/Alignment-CARES-G-CARES-Essentials.pdf>
- American Association of Colleges of Nursing and End-of-Life Nursing Education Consortium. (2022). *Primary Palliative Care Competencies for Undergraduate and Graduate Nursing Students* (CARES/G-CARES, 2nd ed).
- CAPC. (n.d.). *Collaborations: Hospice and Palliative Nurses Association*. <https://www.capc.org/collaborations/hospice-and-palliative-nurses-association/#:~:text=Established%20in%201986%2C%20the%20Hospice,the%20specialty%20of%20palliative%20nursing.>

Compassion and Choices. (2022). *Healthcare Equity at the End of Life: Addressing Access to Quality End-of-Life Planning and Care*. <https://www.compassionandchoices.org/our-issues/healthcare-equity-end-of-life>

HPNA. (2021). *Value Statement: Assuring High Quality in Hospice and Palliative Care*. <https://doi.org/10.1097/NJH.0000000000000815>

NHPCO (n.d.) *Hospice Through the DEI Lens*. <https://www.nhpco.org/nhpco-publishes-hospice-through-the-dei-lens-research-report/>

NHPCO. (2022). *Facts and Figures Report, 2022 edition*. <https://www.nhpco.org/hospice-care-overview/hospice-facts-figures/>

NHPCO. (2023). *CaringInfo: What is Palliative Care?* <https://www.caringinfo.org/types-of-care/palliative-care/>

WHO. (2014). *Resolution WHA67.19. Strengthening of palliative care as a component of comprehensive care throughout the life course*. <https://www.who.int/news-room/fact-sheets/detail/palliative-care>

Wittmann-Price, R. A., & Gittings, K. K. (2021). *Fast Facts about Competency-Based Education in Nursing: How to Teach Competency Mastery*. Springer Publishing.

## HOW TO USE THIS MANUAL

This guidebook was designed as an open-access reference book of resources accessible via the internet and academic search engine subscriptions. The Introduction provides context about how this resource can best meet your needs. You might peruse the Table of Contents to locate a topic that you teach and for which your program or course is lacking in palliative care learning content. Search the manual by topic or illness. The Teaching/Learning Resources and Supporting Evidence examples provided in this manual represent only a small sampling of over four hundred sources that have been accumulated into a matrix, which can be found in the appendix of this Guidebook. The Matrix contains many source documents and web-based resources that are current and historical. Given gaps in current palliative care research, guidelines, and learning activities, there are varying levels of evidence available across topics.

The full digital version of this manual is accessible via <https://tinyurl.com/Palliative-Care-Ed-Guidebook>. There is one key difference between the paper and digital versions of the guidebook. The digital version has clickable links to move from the table of contents to chapters, as well as links from Teaching/Learning Resources and Supporting Evidence to web-based sources. One practical function of digital resources is the ability for users to use the “search” option. For instance, if looking for resources about kidney disease and palliative care, add the term “kidney disease” into the search bar and then tab through the locations on the digital document until the appropriate content is located.

*Note – In cases where content could be relevant in multiple chapters, it has been located in a single chapter. For example, depression and anxiety could have been placed in the Non-Pain Symptoms chapter, however were instead placed in the Psychosocial, Psychological, and Psychiatric chapter. For this reason, using the digitally-formatted Guidebook is recommended. Searching by specific terms will produce the most specific results for topical content.*

Each chapter offers options for Teaching/Learning Resources for engaging in or creating learning activities, along with Supporting Evidence. Teaching/Learning Resources include free-of-charge online learning modules or resources, like symptom management or discussion guides. For example, if your course addresses the Essentials – Domain 2 Person-Centered Care – Competency 2.2 Communicate Effectively with Individuals, and you are seeking a learning activity that includes several of the related subcompetencies, refer to the chapter in this manual titled, Communication, and select one of the resources. Table 1 provides an example of a domain, competency, and subcompetencies, along with Teaching/Learning Resources and Supporting Evidence.

Another way to include primary palliative care content in your program is to start from a program gap analysis. If you have mapped out how your course competencies align with the Essentials and identified gaps both in competencies/subcompetencies and hospice/palliative/supportive care, you might refer to Lippe and Davis’ Primary Palliative Care Competencies for Undergraduate and Graduate Nursing Students (CARES/G-CARES, 2nd ed): Alignment with the 2021 AACN Essentials (2023) table in the Appendix. In that table, you can look up alignment areas by CARES competencies, and Essentials domains, competencies and subcompetencies. Then select topical content from this manual to use in scaffolding activities and materials into your courses.

**Table 1. AACN Essentials domains, competencies, subcompetencies and Guidebook examples**

AACN Domain	AACN Competency	AACN Subcompetencies	Teaching/Learning Resources	Supporting Evidence
(2) Person-Centered Care	(2.2) Communicate Effectively with Individuals		Chapter: Communication	Chapter: Communication
		2.2b) Consider individual beliefs, values, and personalized information in communications. 2.2e) Use evidence-based patient teaching materials, considering health literacy, vision, hearing, and cultural sensitivity.	Resource 1: <i>The Serious Illness Conversation Guide</i> (Ariadne Labs, 2023)	Evidence 1: Best practices for teaching clinicians to use a serious illness conversation guide (Daubman et al., 2020)
		(2.2d) Demonstrate the ability to conduct sensitive or difficult conversations.	Resource 2: <i>Goals of Care Conversation Skills</i> (CAPC, n.d.)	Evidence 2: The use of simulation to teach nursing students and clinicians palliative care and end-of-life communication: A systematic review (Smith et al., 2018)

Another consideration is whether you need a learning activity which is ready to use, or a resource upon which you can build a learning activity into your course. The examples in Table 1 are communication guides which allow nursing students to practice reading and becoming comfortable using research-tested standardized statements that guide clinicians through values-based, individualized, advance care planning conversations in various contexts with diverse patients, family members, and interprofessional colleagues. The discussion guides can be download and students can practice with them in class to develop communication skills. These tools can be used across courses and time points to scaffold communication skill subcompetencies as nursing programs are revised to comply with the Essentials and CBE.

If you desire to build evidence-based palliative care learning activities, you will also find resources with which to begin. Many of the items in the Supporting Evidence category are research reports or guidelines which can be used in multiple contexts.

### **Other Resources for Integrating Hospice/Palliative/Supportive Care**

If cost is not an issue for your nursing program, the ELNEC Undergrad/New Grad modules can be used to address many of the Essentials and all of CARES. These modules are considered the gold standard resource for prelicensure nursing primary palliative care education. There are six modules available for a small fee via the Relias online learning service. Students retain access to modules for 12 months. Faculty may access the modules for review at no charge.

See <https://www.aacnnursing.org/el nec/about/curricula>

Additionally, there may be faculty members at your institution or a clinical partner, who are certified in hospice and palliative care nursing and/or who have completed ELNEC Train-the-Trainer. If so, collaborating to design or review course content would result in a strong integration plan. Further, if your college or school is partnered with a healthcare organization, you might be able to access additional CAPC member-only resources by using the organization's membership.

One last point, the AACN ELNEC initiative has a website to provide help for faculty in this endeavor. That webpage is updated frequently. There are faculty representatives regionally around the US to support incorporation of primary palliative care content into nursing programs, accessible on that website.

See <https://www.aacnnursing.org/el nec/el nec-school-of-nursing-faculty-corner>

See <https://www.aacnnursing.org/el nec/about/regional-chairs>

## PALLIATIVE CARE OVERVIEW

### Teaching/Learning Resources:

#### **(388) Palliative Care**

Description: The World Health Organization webpage providing an overview of palliative care.

Citation: World Health Organization. (2020). *Palliative Care*. <https://www.who.int/news-room/fact-sheets/detail/palliative-care>

#### **(391) Is Palliative Care Right for You?**

Description: A values and goals-based “quiz” that poses basic questions to help people know if palliative care is appropriate for their circumstances. A good tool to use in creating a learning activity for nursing students.

Citation: Get Palliative Care. (2023). *Is Palliative Care Right for You?* <https://getpalliativecare.org/rightforyou/>

#### **(392) Podcast: Gregory’s Lung Cancer Story**

Description: A 20-minute audio podcast which centers a patient’s and palliative care physician’s shared story about how palliative care has improved life in a holistic manner. A good resource on which to build a nursing student learning activity.

Citation: Get Palliative Care. (2023). *Gregory’s Lung Cancer Story*. <https://getpalliativecare.org/whatis/disease-types/lung-cancer-palliative-care/>

#### **(383) Debbie’s Palliative Care Story: An Update**

Description: A three-minute video in which Debbie describes her experience of palliative care which helped to manage her pain over her ten years of living with multiple myeloma. A brief introduction to the patient perspective of the value of palliative care in improving quality of life.

Citation: Get Palliative Care. (2022). *Debbie’s Palliative Care Story: An Update*. [Video]. Youtube. <https://youtube.com/watch?v=eUxC9wfDa3o>

#### **(384) Pediatric Palliative Care: A Personal Story**

Description: In this four-minute video, a parent describes how pediatric palliative care helped her family cope with their daughter’s cancer. Former director of the National Institute for Nursing Research, Dr. Patricia Grady, nurse scientist, makes a brief case for why nurses need competence in palliative care communication and referral.

Citation: NIH-NINR. (2014). *Pediatric Palliative Care: A Personal Story*. [Video]. Youtube. [https://youtube.com/watch?v=-hOBYFS\\_Z68](https://youtube.com/watch?v=-hOBYFS_Z68)

#### **(385) Types of Care**

Description: This consumer-facing website clearly describes palliative care, supportive care and hospice care in lay language and pages are printable. For nursing students, this website can facilitate learning activities that build competence in communicating the types of care that can help patients and families meet their treatment wishes.

Citation: CaringInfo. (n.d.). *Types of Care*. <https://www.caringinfo.org/types-of-care/>

### Supporting Evidence:

#### **(387) HPNA Position Statement Ensuring High Quality in Hospice and Palliative Care**

Description: How nurses play a pivotal role in ensuring high quality palliative care.

Citation: HPNA. (2021). *Position Statement Ensuring High Quality in Hospice and Palliative Care*. <https://www.advancingexpertcare.org/practice-research/statements-hpna/>

#### **(390) Clinical Practice Guidelines for Quality Palliative Care, 4th edition**

Description: A gold standard guidelines document for holistic interdisciplinary palliative care, with explanations for levels of evidence provided.

Citation: National Coalition for Hospice and Palliative Care. (2018). *Clinical Practice Guidelines for Quality Palliative Care, 4th edition*. <https://www.nationalcoalitionhpc.org/ncp/>

### **(386) *Research: Evidence-Based Approaches to Inform Clinical Practice***

**Description:** In this 52-minute long podcast, three nurse researchers discuss how nursing science is integral to the provision of effective evidence-based palliative care.

**Citation:** HPNA. (2021). *Research: Evidence-Based Approaches to Inform Clinical Practice*. <https://hpna.podbean.com/e/ep-14-research-evidence-based-approaches-to-inform-clinical-practice/>

## **COMMUNICATION**

### **Teaching/Learning Resources:**

#### **(257) *The Serious Illness Conversation Guide***

**Description:** Discussion guide for clinicians to use when having goals of care discussions with patients and families. The guide is based on research-tested patient-acceptable phrases organized into a structure that moves the conversation. May be used as a script for students to practice conversations.

**Citation:** Ariadne Labs. (2023). *The Serious Illness Conversation Guide*. <https://www.ariadnelabs.org/serious-illness-care/serious-illness-care-program/>

#### **(109) *Communication with Diverse Populations***

**Description:** This ELNEC PDF 20-slide set presents best practices for communicating with patients of diverse populations, including an overview of cultural humility in clinical encounters. The slides can be integrated with lecture content or serve as the basis for developing learning activities.

**Citation:** Dahlin, C. (n.d). *Communication with Diverse Populations*. <https://www.aacnursing.org/Portals/42/ELNEC/PDF/Communication-with-Diverse-Populations.pdf>

#### **(70) *Responding to Emotion-Respecting***

**Description:** A one-page guide for empathetically responding to emotions which arise during serious illness conversations and family meetings. Includes different patient emotions with matched clinician responses based on the NURSE acronym. May be used as a script for students to learn and practice using empathy.

**Citation:** VITALtalk (n.d). <https://www.vitaltalk.org/guides/responding-to-emotion-respecting/>

#### **(74) *Goals of Care Conversation Skills***

**Description:** A Center to Advance Palliative Care (CAPC) resource for discussing patient goals of care in the context of advancing serious illness in the intensive care setting. A case scenario involves a person with advancing COPD who was hospitalized repeatedly and opted to have palliative care while pursuing life-prolonging treatments to support quality of life. The web-based script can be used for students to practice conversations using a set framework for types of communication skills that build trust and elicit patient goals of care.

**Citation:** CAPC. (n.d.). <https://www.capc.org/conversation-script-goals-of-care/>

#### **(71) *VITALtalk***

**Description:** Webpage listing various one-page conversation guides for use with patients with serious illness including guides for bridging inequity, serious news, prognosis, goals of care, responding to emotion, family conferences, saying good-bye, and defusing conflicts. Practical scripts that students can use to learn and practice patient-focused empathetic communication.

**Citation:** VITALtalk (n.d). *Resources*. <https://www.vitaltalk.org/resources/quick-guides/>

#### **(58) *Moderating a Family Conference***

**Description:** This is a framework to guide health-care professionals in holding participatory family meetings for determining goals, clarifying the patient's condition and prognosis, and treatment options, with an emphasis on all present being part of the conversation.

Citation: Ambuel, B., & Weissman, D. E. (2015). *Moderating an End-of-Life Family Conference*. <https://www.mypcnow.org/wp-content/uploads/2019/01/FF-16-Family-Conf.-3rd-ed.pdf>

**(314) Educational Modules for the Critical Care Communication Course – A Communication Skills Training Program**

Description: This self-study course includes 7 modules covering topics of fundamental communication skills, delivering bad news, determining goals of care, resuscitation preferences, holding family conferences, discussing the dying process, and navigating conflict. Although written for the ICU physician, the communication techniques are appropriate across healthcare disciplines.

Citation: Arnold, R., Prendergast, T., Emler, L., Weinstein, E., Barnato, A., & Back, A. (2010). *Educational modules for the critical care communication (C3) course - A communication skills training program for intensive care fellows*. <https://www.uclahealth.org/sites/default/files/documents/Educational-Modules-Critical-Care-Communication.pdf?f=3cb77c39>

**Supporting Evidence:**

**(224) Best practices for teaching clinicians to use a serious illness conversation guide**

Description: This article described how the Serious Illness Conversation Guide was adapted and used to teach basic palliative care communication skills.

Citation: Daubman, B. R., Bernacki, R., Stoltenberg, M., Wilson, E., & Jacobsen, J. (2020). Best practices for teaching clinicians to use a serious illness conversation guide. *Palliative Medicine Reports*, 1(1), 135–142. <https://doi.org/10.1089/pmr.2020.0066>

**(372) The use of simulation to teach nursing students and clinicians palliative care and end-of-life communication: A systematic review**

Description: A systematic review describing results of using simulation in nursing and clinical education for teaching palliative care communication skills. Reports on gaps and recommendations.

Citation: Smith, M. B., Macieira, T. G., Bumbach, M. D., Garbutt, S. J., Citty, S. W., Stephen, A., Ansell, M., Glover, T. L., & Keenan, G. (2018) The use of simulation to teach nursing students and clinicians palliative care and end-of-life communication: A systematic review. *American Journal of Hospice & Palliative Medicine* 35(8)1140-1154. <https://doi.org/10.1177/1049909118761386>

**(232) A new pedagogical approach to enhance palliative care and communication learning: A mixed method study**

Description: A mixed methods study evaluated the effects of a simulation-based experience on nursing students' palliative care and communication skills. Simulation experiences improved student knowledge, attitudes, and efficacy in palliative care and enhanced learning of palliative care and communication.

Citation: Chang, K. K. P., Chan, E. A., & Chung, B. P. M. (2022). A new pedagogical approach to enhance palliative care and communication learning: A mixed method study. *Nurse Education Today*, 119(105568), 1-8. <https://doi.org/10.1016/j.nedt.2022.105568>

**(204) Exploring end-of-life care team communication: An interprofessional simulation study**

Description: This study explored the impact of an interprofessional simulation about withdrawal of life-sustaining measures on team communication skills for medicine, nursing, and social work students. The authors reported fair-to-good communication across nine communication domains. The simulation provided an opportunity for interprofessional health-care provider students to learn team communication skills within an end-of-life care context.

Citation: Lippe, M., Stanley, A., Ricamato, A., Halli-Tierney, A., & McKinney, R. (2020) Exploring end-of-life care team communication: An interprofessional simulation study. *American Journal of Hospice and Palliative Medicine*, 37(1), 65-71. <https://doi.org/10.1177/1049909119865862>

**(201) Communication skills: Use of the interprofessional communication curriculum to address physical aspects of care.**

Description: This article described a training program for communication skills to address patient physical concerns, prioritize patient education based on patient priorities, and enlist interprofessional colleagues to support physical care.

Citation: Ferrell, B., Buller, H., & Paice, J. A. (2020). Communication skills: Use of the interprofessional communication curriculum to address physical aspects of care. *Clinical Journal of Oncology Nursing*, 24(5), 547-553. <https://doi.org/10.1188/20.CJON.547-553>

**(407) Dr. Atul Gawande “Hope is Not a Plan” Doctors, Patients Talk Death**

Description: Frontline journalist Jason Breslow interviewed physician Atul Gawande about professional and personal experiences which shaped his approach to moving from patient-doctor discussions about what could be done to discussing what patients wanted from life. Gawande’s book, *Being Mortal*, opened this topic for conversation across the United States when it was published in 2014. This interview can help faculty guide learning experiences which focus on CARES and the nurse role in collaborating to identify what matters to patients and families while engaging in ethical nursing practice.

Citation: Breslow, J. M. (2015, February 10). *Dr. Atul Gawande “Hope is Not a Plan”: Doctors, Patients Talk Death*. <https://www.pbs.org/wgbh/frontline/article/dr-atul-gawande-hope-is-not-a-plan-when-doctors-patients-talk-death/>

**(408) Being Mortal**

Description: A Frontline documentary which broke open the topic of how death and dying are avoided in health care conversations between physicians, patients and families and the potential harms to all involved, from physical to emotional and spiritual pain and anguish (54-minutes long). This documentary can help faculty guide learning experiences which focus on CARES and the nurse role in collaborating to identify what matters to

patients and families while engaging in ethical nursing practice.

Citation: Jennings, T. (Producer) (2015). *Being Mortal* (Season 2015, Episode 6). *Frontline*. <https://www.pbs.org/wgbh/frontline/documentary/being-mortal/>

## ADVANCE CARE PLANNING

### Teaching/Learning Resources:

**(375) Advance Care Planning: What You Need to Know**

Description: Four-minute video animation that provides an international approach to explain the value of ACP.

Citation: GeriCare. (2021). *Advance Care Planning: What You Need to Know*. [Video]. Youtube. <https://youtube.com/watch?v=84rkuQBdY-s>

**(376) Death Nurse Reports 3-22-20 covid19 Advance Care Planning with Boo Boo**

Description: A ten-minute video created by a specialist hospice and palliative care nurse whose dog Boo Boo thoroughly yet concisely “narrates” what ACP is and how it varies across the United States. Although recorded during the COVID-19 pandemic, the content is appropriate across serious illnesses.

Citation: Soucy, J. (2020, March 22). *Death Nurse Reports 3-22-20 covid19 Advance Care Planning with Boo Boo*. [Video]. Youtube. <https://www.youtube.com/watch?v=O23IIeIugF0&t=335s>

**(377) The Human Connection of Palliative Care: Ten Steps for What to Say and Do**

Description: In this ten-minute video Dr. Diane Meier, an expert in PC, explains and demonstrates ten behaviors that can help any clinician set the stage for patient and family-centered empathetic ACP conversations.



Citation: CAPC Palliative. (2013). *The Human Connection of Palliative Care: Ten Steps for What to Say and Do*. [Video]. Youtube. <https://youtube.com/watch?v=7kQ3PUyhmPQ>

**(358) HPNA Nursing Resource Guide (NRG):  
Advance Care Planning (ACP)**

Description: A guide for nurses which describes ACP as a process occurring over the health-illness trajectory, comprised of discussions to clarify values and wishes specific to end of life care, including the naming of a legal health care representative and defining in a legal document the elements of care desired as illness advances and death approaches.

Citation: Hospice & Palliative Nurses Association (HPNA). (n.d.). *HPNA nursing resource guide advance care planning*. [https://www.advancing-expertcare.org/wp-content/uploads/2023/08/NRG\\_Advance-Care-Planning-2.pdf](https://www.advancing-expertcare.org/wp-content/uploads/2023/08/NRG_Advance-Care-Planning-2.pdf)

**(113) ELNEC COVID-19 Communication  
Resource Guide: Advance Care Planning – In the  
Acute Setting and the Community**

Description: This NRG centers the importance of advance care planning (ACP) in the COVID-19 era, particularly for patients with comorbidities or respiratory issues, and how nurses can play a critical role in promoting ACP conversations with patients and their families. Specific steps are outlined for ACP in various settings, including community, acute care, telehealth, clinic, home, and long-term care visits, and sample questions are provided to facilitate the initiation of ACP conversations with patients and families.

Citation: End-of-Life Nursing Education Consortium. (2020). *ELNEC COVID-19 Communication Resource Guide. Advance Care Planning – In the Acute Setting and the Community*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Advanced-Care-Planning-Resource-Guide.pdf>

**(378) MI Advance Directive**

Description: This is the legal advance directive in the state of Michigan to use for identifying a health care representative. The document can be used as part of an ACP learning activity. All nurses should know where to locate and how to help patients complete documentation of a healthcare representative.

Citation: National Hospice and Palliative Care Organization. (2023). *MI Advance Directive*. <https://www.caringinfo.org/planning/advance-directives/>

**(379) Download and Complete Your State or  
Territories' Advance Directive Form**

Description: This searchable website has links to free advance directives for states and territories in the United States.

Citation: CaringInfo. (2023). *Download and Complete Your State or Territories' Advance Directive Form*. <https://www.caringinfo.org/planning/advance-directives/by-state/>

**Supporting Evidence:**

**(373) A systematic review of the effects of advance care planning facilitators programs**

Description: This systematic review describes types of ACP education interventions which have demonstrated increased clinician knowledge, attitudes, and skills.

Citation: Chan, C. W. H., Ng, N. H. Y., Chan, H. Y. L., Wong, M. M. H., & Chow, K. M. (2019). A systematic review of the effects of advance care planning facilitators programs. *BMC Health Services Research*, 19(362), 1-14. <https://doi.org/10.1186/s12913-019-4192-0>

**(293) Advance care planning in dementia: Recommendations for healthcare professionals**

Description: This systematic review reports on evidence-based clinical recommendations for ACP for persons living with dementia.

Citation: Piers, R., Albers, G., Gilissen, J., De Lepeleire, J., Steyaert, J., Van Mechelen, W., Steeman, E., Dillen, L., Van den Berghe, P., & Van den Block, L. (2018). Advance care planning in dementia: Recommendations for healthcare professionals. *BMC Palliative Care*, 17(88), 1-17. <https://doi.org/10.1186/s12904-018-0332-2>

**(294) Hope and advance care planning in advanced cancer: Is there a relationship?**

Description: A descriptive correlation study of an ACP randomized control trial which found that hope was not diminished for persons with cancer who had ACP conversations with clinicians; hope either remained stable or increased while advance directives completion rates increased.

Citation: Cohen, M. G., Althouse, A. D., Arnold, A. M., Bulls, H. W., White, D. B., Chu, E., Rosenzweig, M. Q., Smith, K., & Schenker, Y. (2022). Hope and advance care planning in advanced cancer: Is there a relationship? *Cancer*, 128(6), 1339–1345. <https://doi.org/10.1002/cncr.34034>.

## NEONATAL & PERINATAL CONSIDERATIONS

### Supporting Evidence

**(325) Palliative care in the neonatal nursery: Guidelines for neonatal nurses in Australia**

Description: These guidelines discuss the care of newborn infants with life-limiting conditions and a short life expectancy. Included are goals, communication, support of the family, principles of neonatal palliative care, and additional resources. As it is derived mainly from World Health Organization guidelines, this document may provide best practices for clinicians globally.

Citation: Reid, S., Bredemeyer, S., Van den Berg, C., Cresp, T., Martin, T., & Miara, N. (2011). Palliative care in the neonatal nursery: Guidelines for neonatal nurses in Australia. *Neonatal, Paediatric, and Child Health Nursing*, 14(2), 2-8. <http://www.acnn.org.au/resources-and-research/clinical-guidelines/G3-Palliative-care-in-the-neonatal-nursery.pdf>

**(324) Palliative care for extremely premature infants and their families**

Description: This article highlights what is known about providing palliative care to infants and families in the neonatal intensive care unit (NICU). Topics include decision making, managing infant pain and symptoms, addressing families' social, emotional, and spiritual needs, and supporting clinicians.

Citation: Boss, R. D. (2011). Palliative care for extremely premature infants and their families. *Developmental Disabilities Research Reviews*, 16(4), 296-301. <https://doi.org/10.1002/ddrr.123>

**(298) Best practices for perinatal palliative care**

Description: This article provides tips and guidelines for providing perinatal palliative care to patients and families including families suffering perinatal loss.

Citation: Ryan, A., Bernhard, H., & Fahlberg, B. (2015). Best practices for perinatal palliative care. *Nursing*, 45(10), 14–15. <https://doi.org/10.1097/01.NURSE.0000471422.49754.9b>

**(299) The dying neonate: Family-centered end-of-life care**

Description: This article discusses the importance of family centered care of dying patients in the NICU and the role of the nurse as a partner with the family in caring for the infant. The guideline includes tools to ensure families have the opportunity to create memories and be involved in the care of their child.

Citation: De Lisle-Porter, M., & Podruchny, A. M. (2009). The dying neonate: family-centered end-of-life care. *Neonatal network*, 28(2), 75–83. <https://doi.org/10.1891/0730-0832.28.2.75>

**(297) *Compilation of the neonatal palliative care clinical guideline in neonatal intensive care unit***

**Description:** This article describes a study to develop and compile clinical practice guidelines for neonatal palliative care services to increase the quality of clinical practice.

**Citation:** Zargham-Boroujeni, A., Zoafa, A., Marofi, M., & Badiie, Z. (2015). Compilation of the neonatal palliative care clinical guideline in neonatal intensive care unit. *Iranian Journal of Nursing and Midwifery Research*, 20(3), 309–314.

**(75) *Clinical Training Recommendations for Pediatric Registered Nurses Caring for Patients with Serious Illness***

**Description:** This web page presents information essential for registered nurses to provide effective pediatric palliative care in both the primary and specialty palliative care roles across settings.

**Citation:** Center to Advance Palliative Care (n.d). *Clinical Training Recommendations for Pediatric Registered Nurses Caring for Patients with Serious Illness*. <https://www.capc.org/training-recommendations-pediatrics/registered-nurses/>

## PEDIATRIC SPECIALTY CONSIDERATIONS

### **Teaching/Learning Resources:**

**(6) *What is Pediatric Palliative Care?***

**Description:** This webpage describes pediatric palliative care and its differences from generalized palliative care. A podcast link on a family perspective is included as well and the family discusses how palliative care impacted their child's quality of life and supported their family.

**Citation:** Get Palliative Care. (2023). *What is Pediatric Palliative Care?* <https://getpalliative-care.org/whatis/pediatric/>

**(303) *Providing palliative and hospice care to children, adolescents and young adults with cancer.***

**Description:** This article describes pediatric palliative and hospice care in the United States with a clinical scenario, information on eligibility, implications of palliative care, and includes clinical practice guidelines.

**Citation:** Pyke-Grimm, K. A., Fisher, B., Haskamp, A., Bell, C. J., & Newman, A. R. (2021). Providing palliative and hospice care to children, adolescents and young adults with cancer. *Seminars in Oncology Nursing*, 37(3), 151166. <https://doi.org/10.1016/j.soncn.2021.151166>

### **Supporting Evidence**

**(174) *Ethics and palliative care in pediatrics***

**Description:** This article discusses ethical considerations for care of children with life-limiting illnesses and special needs.

**Citation:** Rushton, C. H. (2004). Ethics and palliative care in pediatrics. *The American Journal of Nursing*, 104(4), 54–64. <https://doi.org/10.1097/0000446-200404000-00019>

**(300) *Cultural and religious considerations in pediatric palliative care***

**Description:** This literature review reports on how culture and religion are part of pediatric palliative care. Recommendations for providing culturally sensitive end-of-life care are discussed.

**Citation:** Wiener, L., McConnell, D. G., Latella, L., & Ludi, E. (2013). Cultural and religious considerations in pediatric palliative care. *Palliative & Supportive Care*, 11(1), 47–67. <https://doi.org/10.1017/S1478951511001027>

**(302) *Identifying clinical practice guidelines for the supportive care of children with cancer: A report from the Children's Oncology Group***

**Description:** This article is a systematic review of clinical practice guidelines for supportive care for children with cancer or after hematopoietic stem cell transplant.

Citation: Seelisch, J., Sung, L., Kelly, M. J., Raybin, J. L., Beauchemin, M., Dvorak, C. C., Kelly, K. P., Nieder, M. L., Noll, R. B., Thackray, J., Ullrich, N. J., Cabral, S., Dupuis, L. L., & Robinson, P. D. (2019). Identifying clinical practice guidelines for the supportive care of children with cancer: A report from the Children's Oncology Group. *Pediatric Blood & Cancer*, 66(1), e27471. <https://doi.org/10.1002/pbc.27471>

**(304) Contributing towards improved end of life care for children.**

Description: This article provides nursing guidelines for end of life care in children, including ethical decision-making and consideration of treatment limitations.

Citation: Peate, I. (2015). Contributing towards improved end of life care for children. *British Journal of School Nursing*, 10(4), 191-193. <https://doi.org/10.12968/bjsn.2015.10.4.191>

## HEALTH EQUITY, DISPARITIES, AND PALLIATIVE CARE

### Teaching/Learning Resources:

**(315) Managing Implicit Bias and Its Effect on Health Care Disparities**

Description: An hour-long webinar and slide set in which Dr. Kimberly Curseen presents definitions of implicit bias and self-assessment, a framework for mitigating health care disparities using individuation and cultural humility, case scenarios, and suggestions for how clinicians can help resolve health inequities.

Citation: Center to Advance Palliative Care. (2020). *Managing Implicit Bias and Its Effect on Health Care Disparities*. <https://www.capc.org/events/recorded-webinars/managing-implicit-bias-and-its-effect-health-care-disparities/>

**(404) Bridging Inequity: Understanding Patients' Experiences**

Description: A tip sheet for clinicians to use in identifying and responding sensitively to signs of mistrust and experiences of racism, acknowledging past harms, and partnering with patients and their communities in providing tailored care. May be used with nursing students to practice communication skills.

Citation: Bridging Inequity: Understanding Patients' Experiences. (n.d.). <https://www.vital-talk.org/guides/bridging-inequity/>

**(403) Power, silence, and debriefing: Hidden harms when palliative teams encounter racism**

Description: A case-based scenario in which palliative care team members described an encounter in which a patient's family member made a racist comment and the only person who responded to it was the person at whom it had been directed. The authors discuss how the team processed this incident and suggested anti-racist phrases that colleagues could use to support one another.

Citation: McKillips, K. M., & Moss, F. (2021). Power, silence, and debriefing: Hidden harms when palliative teams encounter racism. *Journal of Pain and Symptom Management*, 61(6), 1311-1315.

**(150) Cultural Aspects of Care**

Description: This infographic presents information about cultural aspects of care for oncology nursing. Included is information on assessment considerations, suggestions for clinical practice, and questions for the patient and family.

Citation: End-of-Life Nursing Education Consortium (n.d.). *Primary Palliative Oncology Nursing. Domain 6: Cultural Aspects of Care*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-6.pdf>

#### **(405) *LGBT+ Resource Guide***

**Description:** A booklet to educate health care professionals about disparities experienced by persons who are LGBT+ and recommendations for making care accessible and just.

**Citation:** NHPCO. (n.d.). *LGBT+ Resource Guide*. <https://www.nhpc.org/new-hospice-and-palliative-care-resource-guide-for-lgbtq-communities/>

#### **(107) *Caring for the person: LGBTQIA+ palliative care***

**Description:** Slideshow addressing the unique needs of LGBTQIA+ patients in healthcare. It includes definitions of terms, advice on how to ask patients about their identity, tips on communication and relationship building, and the importance of building trust with the patient.

**Citation:** Schroeder, K. (n.d.). *Caring for the Person: LGBTQIA+ Palliative Care*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/LGBTQIA-Palliative-care.pdf>

#### **(102) *End of life issues for veterans***

**Description:** Slideshow presenting information on the impact of military service on care needs of dying veterans and specialty considerations of caring for this population.

**Citation:** Wholian, D. (n.d.). *End of Life Issues for Veterans*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/EOL-Veterans-Slides.pdf>

### **Supporting Evidence:**

#### **(321) *Disparities in access to palliative care***

**Description:** An overview of disparities that continue to impact access to and use of palliative care and factors that contribute to palliative care access.

**Citation:** American Cancer Society Cancer Action Network. (2021). *Disparities in palliative care*. [https://www.fightcancer.org/sites/default/files/Disparities%20in%20Access%20to%20Palliative%20Care%2020th%20Anniversary\\_.pdf](https://www.fightcancer.org/sites/default/files/Disparities%20in%20Access%20to%20Palliative%20Care%2020th%20Anniversary_.pdf)

#### **(318) *Healthcare equity at the end of life***

**Description:** This webpage serves as a landing point for resources and information on end-of-life Inequities. The page provides examples, impacted communities, causes of inequities, and what can be done to address these inequities. The page also includes links to additional tools and resources as well as related webinars and op eds.

**Citation:** Compassion & Choices. (n.d.). *Healthcare equity at the end of life*. <https://www.compassionandchoices.org/our-issues/healthcare-equity-end-of-life>

#### **(210) *Affirmative palliative care for transgender and gender nonconforming individuals***

**Description:** This article discusses the professional and ethical responsibility of nurses to provide inclusive, affirmative palliative care to transgender and gender nonconforming individuals with life-limiting illness. It offers eight recommendations to help nurses achieve affirmative clinical practice for transgender and gender nonconforming persons, including professional development, communication, medication reconciliation, mental health, dignity and meaning, social support and caregivers, spiritual beliefs and religion, and bereavement care.

**Citation:** Lippe, M. P., Eyer, J. C., Roberts, K. E., Ritter, E. R., DiMauro, P. K., McKinney, R. E., Jr, Williamson, C. L., & Rosa, W. E. (2023). Affirmative palliative care for transgender and gender nonconforming individuals. *The American Journal of Nursing*, 123(4), 48–53. <https://doi.org/10.1097/01.NAJ.0000925508.62666.99>

**(371) Palliative care clinician perspectives on person-centered end-of-life communication for racially and culturally minoritized persons with cancer**

**Description:** This research study used a case-based approach to assess how palliative care nurses, social workers, and chaplains addressed a severe pain management scenario for a woman who was African American and Native American and was hospitalized with end-stage ovarian cancer. The study participants were asked to discuss how they would address the patient's experiences of historical racism and mistrust in health care encounters.

**Citation:** Rosa, W. E., McDarby, M., Buller, H., & Ferrell, B. R. (2023). Palliative care clinician perspectives on person-centered end-of-life communication for racially and culturally minoritized persons with cancer. *Cancers*,15(16), 1-13. <https://doi.org/10.3390/cancers15164076>

**(319) Addressing inequities in end-of-life planning and care: Advancing equity at life's end research scan**

**Description:** This eBook identifies current research gaps related to end of life care and care planning. Key findings are presented as well as recommendations for filling the gaps in research.

**Citation:** Compassion & Choices. (2021). *Addressing inequities in end-of-life planning and care: Advancing equity at life's end research scan*. [https://www.compassionandchoices.org/docs/default-source/default-document-library/research-scan-addressing-inequities-in-end-of-life-planning-and-care-final-1.6.22.pdf?sfvrsn=4c1f4085\\_1](https://www.compassionandchoices.org/docs/default-source/default-document-library/research-scan-addressing-inequities-in-end-of-life-planning-and-care-final-1.6.22.pdf?sfvrsn=4c1f4085_1)

**(406) Cultural safety strategies for rural Indigenous palliative care: A scoping review**

**Description:** A review paper identifying culturally safe palliative care approaches, which include patient and family involvement in care planning, reflecting on racism at the individual and structural levels, promoting community ownership of services, and understanding the impact that world views have on shaping of care.

**Citation:** Schill, K., & Caxaj, S. (2019). Cultural safety strategies for rural Indigenous palliative care: A scoping review. *BMC Palliative Care*,18(21), 1-13. <https://doi.org/10.1186/s12904-019-0404-y>

**(316) Diversity**

**Description:** Webpage with links to multiple resource guides and toolkits such as palliative care outreach guides for different populations such as African American, Chinese, Latino, and LGBTQ+ guides. Additionally, webinars on diversity, equity, and inclusion are available from this page as well as palliative care brochures available in different languages for patients and their families.

**Citation:** National Hospice and Palliative Care Organization. (2023). *Diversity*. <https://www.nhpco.org/education/tools-and-resources/diversity#tool>

## PALLIATIVE CARE AND HEALTHCARE POLICY ISSUES

### **Teaching/Learning Resources:**

**(82) The Case for Hospital Palliative Care**

**Description:** This booklet discusses health policy and health care models, as well as the need for palliative care as a new paradigm for managing serious illness.

**Citation:** Center to Advance Palliative Care. (2018). *The Case for Hospital Palliative Care*. <https://www.capc.org/documents/download/246/>

**(409) Recommendations to Improve Care for Black Families Facing Serious Illness**

**Description:** A guide which provides information about the type of disparity, domains across which each disparity falls, and recommendations for institutions, payers, and states. Can be used to teach nursing students about how government agencies, insurance providers, and health care

organizations are key to meaningful change and reversal of equitable palliative care. Conversation and learning activity jumping-off points can be identified from this guide.

Citation: Center to Advance Palliative Care. (n.d.). *Recommendations to Improve Care for Black Families Facing Serious Illness*. <https://www.capc.org/project-equity-improving-health-equity-for-people-with-serious-illness/>

### **(322) For policymakers**

Description: This webpage describes palliative care, the need for increased palliative care services, cost reduction through palliative care, and policy changes to enable the United States to meet the needs of its patients with serious illnesses.

Citation: Get Palliative Care. (n.d.). *For policymakers*. <https://getpalliativecare.org/resources/policymakers/>

### **(323) Policy matters**

Description: This webpage describes the role of healthcare policy in ensuring widespread access to palliative care for all. The page also includes toolkits on state and federal palliative care policy as well as many additional resources to learn more.

Citation: Center to Advance Palliative Care. (n.d.). *Policy matters*. <https://www.capc.org/policy-matters/>

## **Supporting Evidence:**

### **(320) Education, implementation, and policy barriers to greater integration of palliative care: A literature review**

Description: This literature review reported on barriers to palliative care integration in the United States. Key policy and educational opportunities were described to potentially overcome barriers of widespread palliative care integration.

Citation: Aldridge, M. D., Hasselaar, J., Garralda, E., Van der Eerden, M., Stevenson, D., McKendrick, K., Centeno, C., & Meier,

D. E. (2015). Education, implementation, and policy barriers to greater integration of palliative care: A literature review. *Palliative Medicine*, 30(3), 224-239. <https://doi.org/10.1177/0269216315606645>

### **(51) America's Care of Serious Illness: A State-by-State Report Card on Access to Palliative Care in Our Nation's Hospitals**

Description: The 2019 State-by-State Report Card on Access to Palliative Care in Our Nation's Hospitals provides an analysis of whether patients living with a serious illness in the United States are receiving equitable access to palliative care services in hospitals. The report reveals that America's health care delivery system does not currently meet the needs of patients and families living with a serious illness, and sweeping changes in standards of care for the most seriously ill are required if appropriate and effective, value-driven care is to be provided.

Citation: Center to Advance Palliative Care and the National Palliative Care Research Center (2019). *America's care of serious illness: A state-by-state report card on access to palliative care in our nation's hospitals*. <https://www.capc.org/documents/download/2/>

# PSYCHOSOCIAL, PSYCHOLOGICAL AND PSYCHIATRIC PALLIATIVE CARE CONSIDERATIONS

## Teaching/Learning Resources:

### **(331) Guidelines for Psychosocial Screening in Palliative Care Setting**

Description: This eBook provides evidence-based clinical guidelines to assist healthcare professionals working with patients who have life-limiting illnesses. It includes many resources like psychosocial screening tools, bereavement risk assessment tools, and support strategies.

Citation: Gippsland Region Palliative Care Consortium. (2022). *Part 1: Guidelines for psychosocial screening in palliative care setting. Part 2: Guidelines for Bereavement support in the palliative care setting.* <https://app.box.com/s/x8qmp6jfsxb6u91jbosmdk1uuaz3m2b>

### **(148) Social Aspects of Care**

Description: This infographic presents information about social aspects of care including social determinants of health, social factors, environmental factors, and social functioning. Assessment considerations, suggestions for clinical practice, and questions for the patient and family are included.

Citation: End-of-Life Nursing Education Consortium (n.d.). *Primary Palliative Oncology Nursing. Domain 4: Social Aspects of Care.* <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-4-Infographic.pdf>

### **(332) Psychosocial Care**

Description: Booklet of guideline recommendations for assessing and addressing psychosocial issues of adult patients facing a progressive life limiting illness. This resource provides general information about psychosocial care, support, and interventions for healthcare professionals to enhance their care.

Citation: Fraser Health. (2009). *Psychosocial Care.* [https://www.fraserhealth.ca/-/media/Project/FraserHealth/FraserHealth/Health-Professionals/Professionals-Resources/Hospice-palliative-care/Sections-PDFs-for-FH-Aug31/9524-27-FH---Sym\\_Guide-PsychosocialCare.pdf](https://www.fraserhealth.ca/-/media/Project/FraserHealth/FraserHealth/Health-Professionals/Professionals-Resources/Hospice-palliative-care/Sections-PDFs-for-FH-Aug31/9524-27-FH---Sym_Guide-PsychosocialCare.pdf)

### **(147) Psychological and psychiatric aspects of care**

Description: This infographic presents information about psychological and psychiatric aspects of care including isolation, wellbeing, mental health, goals of care, and support mechanisms. Assessment considerations, suggestions for clinical practice, and questions for the patient and family are included.

Citation: End-of-Life Nursing Education Consortium (n.d.). *Primary Palliative Oncology Nursing. Domain 3: Psychological and Psychiatric Aspects of Care.* <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-3-Infographic.pdf>

### **(54) Center to Advance Palliative Care: Anxiety in Patients with Serious Illness. PHQ-4 Screening Tool.**

Description: A validated screening tool for anxiety in people with serious illness.

Citation: Center to Advance Palliative Care. (2023). *Anxiety in patients with serious illness. PHQ-4 screening tool.* <https://www.capc.org/documents/download/467/>

### **(62) Screening for Depression in Palliative Care**

Description: A fact sheet which discusses different screening methods and tools available for depression screening for palliative care.

Citation: Arnold, R. (2015). *Screening for Depression in Palliative Care. Palliative Care of Wisconsin.* <https://www.mypcnow.org/wp-content/uploads/2019/02/FF-146-Depression-screening.-3rd-Ed.pdf>



### **Supporting Evidence:**

#### ***(167) Managing psychological conditions in palliative care***

**Description:** This article focuses on the psychological challenges that patients face when they are dealing with life-threatening illnesses. Topics covered include the symptoms and causes of anxiety, depression, and delirium in patients and the importance of an interdisciplinary approach towards treatment.

**Citation:** Paice, J. A. (2002). Managing psychological conditions in palliative care. *American Journal of Nursing*, 102(11), 36–43. <https://doi.org/10.1097/0000446-200211000-00023>

#### ***(333) Key aspects of psychosocial needs in palliative care: A qualitative analysis within the setting of a palliative care unit in comparison with specialised palliative home care.***

**Description:** This qualitative study reported what palliative care patients, their relatives, and health-care professionals identified as key psychosocial issues contributing to the success of palliative care.

**Citation:** Michel, C., Seipp, H., Kuss, K., Hach, M., Kussin, A., Riera-Knorrenschild, J., & Bösner, S. (2023). Key aspects of psychosocial needs in palliative care - a qualitative analysis within the setting of a palliative care unit in comparison with specialised palliative home care. *BMC Palliative Care*, 22(1). <https://doi.org/10.1186/s12904-023-01227-z>

#### ***(334) Family members' experiences of psychosocial support in palliative care inpatient units: A descriptive qualitative study***

**Description:** This research study reported on family members' experiences of psychosocial support in palliative care units. Findings emphasized families' desire for additional family support, desire for family-centered care, and the need for routine psychosocial family support in the setting of palliative care.

**Citation:** Anu, S., Kaisa, M., Heli, V., Andreas, C., & Elina, H. (2022). Family members' experiences of psychosocial support in palliative care inpatient units: A descriptive qualitative study. *European Journal of Oncology Nursing*, 61, 102201. <https://doi.org/10.1016/j.ejon.2022.102201>

## **END OF LIFE & ACTIVE DYING**

### **Teaching/Learning Resources:**

#### ***(364) HPNA nursing resource guide: Care of the patient nearing the end of life***

**Description:** This resource guides nurses in care of the patient nearing the end of life. Included is an overview of the end of life, signs and symptoms, interventions, signs of death, postmortem care, family and team discussion considerations, a documentation example, and desired nursing outcomes.

**Citation:** Hospice & Palliative Nurses Association. (n.d.). *HPNA nursing resource guide: Care of the patient nearing the end of life*. [https://www.advancingexpertcare.org/wp-content/uploads/2023/08/6\\_NRG\\_End-Of-Life.pdf](https://www.advancingexpertcare.org/wp-content/uploads/2023/08/6_NRG_End-Of-Life.pdf)

#### ***(205) Withdrawal of life sustaining measures for a client in critical care: A simulation for nursing students***

**Description:** A simulation guide for nursing students to practice communication and assessment skills in the hospital setting. In Part A, students interact with the family to answer their questions. In Part B, students conduct a head-to-toe assessment, implement SBAR communication, and report to a physician. In Part C, students assist with the withdrawal of mechanical ventilation and assess the patient after his death while interacting with the family.

**Citation:** Lippe, M. (2017). *Withdrawal of life-sustaining measures for a client in critical care: A simulation for nursing students*. [https://drive.google.com/file/d/1UMGe6lxBd\\_xbiZUoSLZP4\\_a6PiID9fSw/view](https://drive.google.com/file/d/1UMGe6lxBd_xbiZUoSLZP4_a6PiID9fSw/view)

**(122) *Final Hours: Physical signs, symptoms, and interventions for the actively dying***

**Description:** The resource discusses symptoms, causes, and interventions related to end-of-life signs and symptoms. It highlights the importance of assessing and treating causes appropriately, implementing safety measures, and providing comfort and support to patients and families. The guide could serve as the basis for advanced assessment and care-planning learning activities including case scenarios, simulations, or written care plans.

**Citation:** End-of-Life Nursing Education Consortium. (2020). *Final Hours. Supplemental Materials. Physical Signs, Symptoms and Interventions of the Actively Dying*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Final-Hours-of-Life-Supplemental.pdf>

**(65) *Dyspnea at End-of-Life***

**Description:** This resource provides guidance on etiology, assessment, treatment, and communication about dyspnea at the end of life.

**Citation:** Weissman, D. E. (2015). *Dyspnea at End-of-Life. Palliative Care of Wisconsin*. <https://www.mypcnow.org/wp-content/uploads/2019/01/FF-27-Dyspnea.-3rd-ed.pdf>

**(370) *HPNA nursing resource guide: Terminal secretions***

**Description:** This guide to terminal secretions, sometimes referred to as the death rattle, provides an overview, nursing assessment, interventions, and considerations for family and team discussions.

**Citation:** Hospice & Palliative Nurses Association. (n.d.). *HPNA nursing resource guide terminal secretions*. <https://www.advancingexpertcare.org/wp-content/uploads/2023/08/NRG-Terminal-Secretions-Final-2023-1.pdf>

**Supporting Evidence**

**(411) *Important end-of-life topics among Latino patients and caregivers coping with advanced cancer***

**Description:** In this qualitative study, researchers analyzed interviews and topic lists with Latino patients and caregivers to determine which end-of-life topics should be prioritized in cancer care. This article is a report of the 15 topical themes that resulted.

**Citation:** Rosario-Ramos, L., Suarez, K., Peña-Vargas, C., Toro-Morales, Y., Costas-Muñiz, R., Castro, E., Torres, S., & Torres-Blasco, N. (2022). Important end-of-life topics among Latino patients and caregivers coping with advanced cancer. *International Journal of Environmental Research in Public Health*, 19, 8967. <https://doi.org/10.3390/ijerph19158967>

**(412) *Baccalaureate nursing students' engagement with end-of-life curriculum: A grounded theory study***

**Description:** This grounded theory study explored prelicensure nursing students' experiences of using the ELNEC undergraduate/new graduate modules and reported three main themes and how those were embodied: Novice-being afraid, Evolving-becoming aware, and Prepared-becoming accomplished.

**Citation:** Stokeman, A. I., Brown, S. L., & Seacrist, M. J. (2021). Baccalaureate nursing students' engagement with end-of-life curriculum: A grounded theory study. *Nurse Education Today*, 102, 104914. <https://doi.org/10.1016/j.nedt.2021.104914>

## SPIRITUAL & EXISTENTIAL

### Teaching/Learning Resources:

#### **(414) *The Pause***

Description: In this 3-minute video, we see how a code team implements The Pause, a moment of silence to honor the work of the team and the deceased patient, as a method for addressing spiritual and emotional aspects of the fast-paced hospital environment.

Citation: ProvidenceSpokane. (2014). *The Pause*. [Video]. Youtube. <https://www.youtube.com/watch?v=HVXM2YhZ2A&t=14s>

#### **(149) *Spiritual, Religious, and Existential Aspects of Care***

Description: This infographic presents information about spiritual, religious and existential aspects of care for nurses working with seriously ill patients and families. While created for use in the oncology setting during the COVID-19 pandemic, this guide is applicable across illnesses and settings, as it describes the role of spiritual care, considerations, and nursing assessment questions for the patient and family.

Citation: End-of-Life Nursing Education Consortium (n.d.). *Primary Palliative Oncology Nursing. Domain 5: Spiritual, Religious, and Existential Aspects of Care*. <https://www.aacn-nursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-5.pdf>

#### **(170) *Care at the time of death***

Description: This article addresses the need for nurses to prepare family for the process of dying, and utilizes a case study to exemplify appropriate end-of-life care, providing information about the process of dying by body system, as well as nursing interventions for spiritual care of the family and the dying patient.

Citation: Pitorak E. F. (2005). Care at the time of death. *Home Healthcare Nurse*, 23(5), 318–329. <https://doi.org/10.1097/00004045-200505000-00010>

### Supporting Evidence:

#### **(410) *Nursing spiritual assessment instruments in adult patients: A narrative literature review***

Description: This narrative review described 15 tools that nurses can use to assess spiritual needs of patients and families and in which contexts the tools can be used.

Citation: Cosentino, C., Harrad, R. A., Sulla, F., Bertuol, M., Sarli, L., & Artioli, G. (2020) Nursing spiritual assessment instruments in adult patients: A narrative literature review. *Acta Biomedica*, 91(12), e2020015. <https://doi.org/10.23750/abm.v91i12-S.10998>

#### **(301) *Addressing spirituality in pediatric hospice and palliative care***

Description: This article presents guidelines for addressing spiritual issues in children and families in pediatric palliative care and hospice.

Citation: Davies, B., Brenner, P., Orloff, S., Sumner, L., & Worden, W. (2002). Addressing spirituality in pediatric hospice and palliative care. *Journal of palliative care*, 18(1), 59–67.

# BEREAVEMENT

## Teaching/Learning Resources:

### **(132) *Loss, grief, and bereavement***

Description: This resource defines grief, bereavement, and loss and presents factors that affect the grief process, grief assessment, and how nurses can help patients to maintain hope.

Citation: End-of-Life Nursing Education Consortium (2020). *Loss, grief, and bereavement*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Loss-Grief-Bereavement-in-a-Pandemic-Supplemental.pdf>

## Supporting Evidence:

### **(181) *Strategies for teaching loss, grief, and bereavement***

Description: The article discusses strategies for teaching loss, grief, and bereavement to nursing students using the End of Life Nursing Education Consortium (ELNEC) curriculum. The article presents the key content areas and pedagogical techniques for including the development of coping and support skills for loss, grief, and bereavement in the undergraduate nursing curriculum.

Citation: Matzo, M. L., Sherman, D. W., Lo, K., Egan, K. A., Grant, M., & Rhome, A. (2003). Strategies for teaching loss, grief, and bereavement. *Nurse Educator*, 28(2), 71–76. <https://doi.org/10.1097/00006223-200303000-00009>

### **(329) *Bereavement support standards and bereavement care pathway for quality palliative care***

Description: This article discusses bereavement standards to provide targeted support for family caregivers before patient death and one year after death as a minimum level of support as well as the guiding principles for each standard.

Citation: Hudson, P., Hall, C., Boughey, A., & Roulston, A. (2017). Bereavement support standards and bereavement care pathway for quality palliative care. *Palliative and Supportive Care*, 16(4), 375-387. <https://doi.org/10.1017/s1478951517000451>

### **(330) *Palliative care bereavement support guidelines***

Description: eBook created to educate health professionals on bereavement support guidelines for palliative care including underlying principles, preparing for death, providing support post death, implementation of guidelines into practice, as well as development of the discussed guidelines.

Citation: MidCentral District Health Board, & Palliative Care District Group. (2015). Palliative care bereavement support guidelines. *MidCentral District Health Board*. <https://www.arohanui-hospice.org.nz/wp-content/uploads/2019/08/Bereavement-Support-Guidelines-2232-Links.pdf>

### **(328) *Guidelines for the psychosocial and bereavement support of family caregivers of palliative care patients***

Description: This document provides clinical practice guidelines for the psychosocial and bereavement support of family and caregivers of patients in palliative care. Included in this resource are evidence-based strategies to guide health professionals in providing support for caregivers while providing care and after the death of the patient.

Citation: Hudson, P., Remedios, C., Zordan, R., Thomas, K., Clifton, D., Crewdson, M., Hall, C., Trauer, T., Bolleter, A., Clarke, D. M., & Bauld, C. (2012). Guidelines for the psychosocial and bereavement support of family caregivers of palliative care patients. *Journal of Palliative Medicine*, 15(6), 696-702. <https://doi.org/10.1089/jpm.2011.0466>

### **(171) Grief and bereavement care**

**Description:** This article discusses grief and bereavement care for dying patients and their families and emphasizes that grief can be transformative with sufficient support. Also provided is an example of how a nurse can help patients and families through the bereavement period.

**Citation:** Egan, K. A., & Arnold, R. L. (2003). Grief and bereavement care. *The American Journal of Nursing*, 103(9), 42–53. <https://doi.org/10.1097/0000446-200309000-00015>

## **SELF-CARE FOR NURSES**

### **Teaching/Learning Resources:**

#### **(413) The Pause Introduction Video**

**Description:** In this brief video, Jonathan Bartels, a registered nurse describes why he created an intervention that healthcare teams could use to honor the work of unsuccessful CPR for the individual team members and the deceased patient. \*See also, The Pause video in the Spiritual and Existential chapter

**Citation:** Thepause.me. (n.d.). *The Pause Introduction* [Video]. <https://thepause.me/introduction-video/>

#### **(155) Exercise & Spiritual Practice for Stress Reduction, Health and Wellbeing**

**Description:** This resource discusses self-care, exercise, and spirituality practices such as meditation to reduce stress and anxiety and contribute to overall well-being.

**Citation:** End-of-Life Nursing Education Consortium (2020). *Exercise & Spiritual Practice for Stress Reduction, Health and Well Being*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Supplemental-Materials-for-Self-Care.pdf>

#### **(154) Self-care Strategies to Deal with Moral Distress & Compassion Fatigue Helping Nurses During the Coronavirus Crisis**

**Description:** ELNEC module addresses the need for self-care and support for nurses dealing with the emotional toll of COVID-19, including moral distress and compassion fatigue. The module discusses strategies for managing burnout, compassion fatigue, and moral distress.

**Citation:** End-of-Life Nursing Education Consortium (n.d.). Self-care Strategies to Deal with Moral Distress & Compassion Fatigue. *Helping Nurses During the Coronavirus Crisis*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Moral-Distress-Presentation.pdf>

#### **(234) Awareness of Self**

**Description:** This resource describes the Hoffman Quadrinity Process, a technique that helps people connect with different parts of themselves and make lasting changes. It involves focusing on the physical, intellectual, emotional, and spiritual aspects of oneself through exercises such as breathing and self-reflection.

**Citation:** Awareness of Self. (n.d.). <https://docs.google.com/document/d/1CRJZhs-vUsHPKTun7TscjpAi59xFzhcYm/edit>

#### **(108) The End-of-Life Nursing Education Consortium. Self-Care: When, Why, & How?**

**Description:** This slide presentation discusses the challenges of self-care for nurses who prioritize caring for others over themselves, especially in the face of COVID-19. It highlights the stress and anxiety associated with balancing work and personal life, describes the risks faced by nurses in hospice and palliative care settings, and emphasizes the importance of building nurse resilience through personal self-care plans. The presentation also covers manifestations of stress and suggests ways to differentiate compassion fatigue from burnout.

Citation: Fennimore, L. (n.d.). *The End-of-Life Nursing Education Consortium. Self-Care: When, Why, & How?* <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/EOA-Webinar-Self-Care.pdf>

## PAIN ASSESSMENT AND MANAGEMENT

### Teaching/Learning Resources:

#### **(362) *The City of Hope Knowledge and Attitudes Survey Regarding Pain.***

Description: This assessment tool may be used to assess nursing knowledge of pain assessment and management practices. It can serve as an educational guide to help nursing students learn guidelines-based best practice pain management, as well as for evaluating post-educational activities knowledge and attitudes.

Citation: Ferrell, B. (2014). *Knowledge and Attitudes Survey Regarding Pain.* <https://www.cityofhope.org/sites/www/files/2022-05/knowledge-attitude-survey-regarding-pain.pdf>

#### **(4) *Guidelines on the management of chronic pain in children.***

Description: This guidelines document provides definitions key to effective evidenced-based pain management and recommendations for the treatment of chronic pain experienced by children ages 0-19. The document focuses on physical, psychological, and pharmacological interventions to balance appropriate pain relief while mitigating potential adverse effects.

Citation: World Health Organization. (2020). *Guidelines on the management of chronic pain in children.* <https://www.who.int/publications/item/9789240017870>

#### **(382) *ASPMN 2019 Position statement: Pain assessment in the patient unable to self-report***

Description: Position statement making best practice recommendations for assessment of pain in adults unable to self-report.

Citation: Herr, K., Coyne, P. J., Gelin, C., & Manworren, R. C. B. (2019). ASPMN 2019 Position statement: Pain assessment in the patient unable to self-report. *Pain Management Nursing*, 20, 402-403. <https://doi.org/10.1016/j.pmn.2019.07.007>

#### **(363) *HPNA nursing resource guide: Opioid dosing and conversion calculations***

Description: This NRG reviews basic nursing knowledge for opioid medications for pain management. Included is information on opioid prescribing and dosing, equianalgesic conversion charts, and case calculations needed for effective nursing care.

Citation: Hospice & Palliative Nurses Association. (n.d.). *HPNA nursing resource guide opioid dosing and conversion calculations.* [https://www.advancexpertcare.org/wp-content/uploads/2023/08/NRG\\_Opioid-Dosing-3.pdf](https://www.advancexpertcare.org/wp-content/uploads/2023/08/NRG_Opioid-Dosing-3.pdf)

#### **(381) *Buprenorphine as an Essential Tool for Palliative Care Clinicians***

Description: This CAPC blog post presents a case study exemplifying appropriate use of the medication buprenorphine for a PC patient with cancer pain and a history of opioid use disorder. In addition to explaining the pharmacology of buprenorphine and why it has become a pain treatment of choice in recent years, the post includes information on identifying opioid use disorder. Information that nursing students need exposure to for addressing cancer pain and opioid use disorder in all clinical settings.

Citation: CAPC. (2022). *Buprenorphine as an Essential Tool for Palliative Care Clinicians.* <https://www.capc.org/blog/part-1-buprenorphine-as-an-essential-tool-for-palliative-care-clinicians/>

**(305) American Society of Hematology 2020 guidelines for sickle cell disease: Management of acute and chronic pain.**

Description: This article presents graded evidence-based clinical guidelines for management of acute and chronic pain related to sickle cell disease.

Citation: Brandow, A. M., Carroll, C. P., Creary, S., Edwards-Elliott, R., Glassberg, J., Hurley, R. W., Kutlar, A., Seisa, M., Stinson, J., Strouse, J. J., Yusuf, F., Zempsky, W., & Lang, E. (2020). American Society of Hematology 2020 guidelines for sickle cell disease: Management of acute and chronic pain. *Blood Advances*, 4(12), 2656–2701. <https://doi.org/10.1182/bloodadvances.2020001851>

**Supporting Evidence:**

**(380) American Society for Pain Management Nursing and Hospice and Palliative Nurses Association position statement: Pain management at the end of life**

Description: A position statement making best practice recommendations for end-of-life pain management including ethical considerations, barriers to care, and clinical considerations.

Citation: Coyne, P., Mulvenon, C., & Paice, J. A. (2018). American Society for Pain Management Nursing and Hospice and Palliative Nurses Association position statement: Pain management at the end of life. *Pain Management Nursing*, 19(1), 3-7.

**(310) Evidence-based Management of Cancer Pain**

Description: This article reviews palliative care practices and guidelines for the assessment and management of cancer pain.

Citation: Webb, J. A., & LeBlanc, T. W. (2018). Evidence-based management of cancer pain. *Seminars in Oncology Nursing*, 34(3), 215–226. <https://doi.org/10.1016/j.soncn.2018.06.003>

**(389) HPNA Position Statement: The Ethics of Use of Opioids in Palliative Nursing**

Description: Position statement outlining the ethical use of opioid medications in the delivery of palliative nursing care.

Citation: HPNA. (2017). *HPNA Position Statement: The Ethics of Use of Opioids in Palliative Nursing*. <https://www.advancingexpert-care.org/practice-research/statements-hpna/>

**Teaching/Learning Resources:**

**(93) Palliative care concerns in the older adult**

Description: Slide deck presentation addresses palliative care concerns in the older adult including functional status, quality of life, and symptoms such as functional decline, cachexia, and delirium.

Citation: Chien, L. (n.d). *Palliative care concerns in the older adult*. <https://www.aacnursing.org/Portals/42/ELNEC/PDF/Palliative-Care-Concerns-in-the-Older-Adult.pdf>

**(365) HPNA nursing resource guide: Anxiety**

Description: This NRG presents information on anxiety including signs and symptoms, interventions, family and team discussion considerations, a symptom documentation example, and desired nursing outcomes.

Citation: Hospice & Palliative Nurses Association. (n.d.). *HPNA nursing resource guide: Anxiety*. <https://www.advancingexpertcare.org/education-events/nursing-resource-guides/>

**(367) HPNA nursing resource guide: Fatigue**

Description: This guide for fatigue includes information on signs and symptoms, interventions, family and team discussion considerations, a symptom documentation example, and desired nursing outcomes.

Citation: Hospice & Palliative Nurses Association. (n.d.). *HPNA nursing resource guide fatigue*. [https://www.advancingexpertcare.org/wp-content/uploads/2023/08/3\\_NRG\\_Fatigue-1.pdf](https://www.advancingexpertcare.org/wp-content/uploads/2023/08/3_NRG_Fatigue-1.pdf)

**(49) How to Identify and Treat Fatigue in Our Patients with Serious Illness**

Description: A web page which explains fatigue etiology, lists tools to use for assessing fatigue, and interventions to help reduce fatigue.

Citation: Esch, A. E., & Newman, S. (2023). *How to Identify and Treat Fatigue in Our Patients with Serious Illness*. <https://www.capc.org/blog/how-to-identify-and-treat-fatigue-in-our-patients-with-serious-illness/>

**(368) HPNA nursing resource guide: Delirium**

Description: This guide on delirium explains possible causes, signs and symptoms, interventions, family and team discussion considerations, a symptom documentation example, and desired nursing outcomes.

Citation: Hospice & Palliative Nurses Association. (n.d.). *HPNA nursing resource guide delirium*. [https://www.advancingexpertcare.org/wp-content/uploads/2023/08/8\\_NRG\\_Delirium.pdf](https://www.advancingexpertcare.org/wp-content/uploads/2023/08/8_NRG_Delirium.pdf)

**(359) HPNA nursing resource guide: Nausea & vomiting**

Description: This NRG describes signs and symptoms, interventions, as well as patient and family education and support.

Citation: Hospice & Palliative Nurses Association. (n.d.). *HPNA nursing resource guide nausea & vomiting*. [https://www.advancingexpertcare.org/wp-content/uploads/2023/08/2\\_NRG\\_NauseaVomiting-1-1.pdf](https://www.advancingexpertcare.org/wp-content/uploads/2023/08/2_NRG_NauseaVomiting-1-1.pdf)

**(69) Nausea and Vomiting in Patients with Serious Illness Drug Classes and Medications for Treatment of Nausea and Vomiting**

Description: A one-page guide on drug classes and medications used for treatment of nausea and vomiting. Drug class, mechanism of action, indications, side effects, medication names, and cost are included in this resource.

Citation: Center to Advance Palliative Care (2023, March). *Drug classes and medications for treatment of nausea and vomiting*. <https://www.capc.org/documents/download/50/>

**(366) HPNA nursing resource guide: Seizures**

Description: This NRG provides an overview of seizures, signs and symptoms, interventions, family and team discussion considerations, symptom documentation, and desired nursing outcomes.

Citation: Hospice & Palliative Nurses Association. (n.d.). *HPNA nursing resource guide seizures*. [https://www.advancingexpertcare.org/wp-content/uploads/2023/08/4\\_NRG\\_Seizures.pdf](https://www.advancingexpertcare.org/wp-content/uploads/2023/08/4_NRG_Seizures.pdf)

**Supporting Evidence:**

**(309) Evidence-based palliative care approaches to non-pain physical symptom management in cancer patients**

Description: This article reviews palliative approaches for non-pain cancer symptom management, such as treatment of nausea and vomiting, constipation, diarrhea, anorexia/cachexia, fatigue, and dyspnea.

Citation: Hagmann, C., Cramer, A., Kestenbaum, A., Durazo, C., Downey, A., Russell, M., Geluz, J., Ma, J. D., & Roeland, E. J. (2018). Evidence-based palliative care approaches to non-pain physical symptom management in cancer patients. *Seminars in Oncology Nursing*, 34(3), 227–240. <https://doi.org/10.1016/j.soncn.2018.06.004>



**(186) Teaching symptom management in end-of-life care: The didactic content and teaching strategies based on the end-of-life nursing education curriculum.**

Description: This article discusses didactic content and teaching strategies based on the end-of-life nursing education curriculum in end-of-life symptom management.

Citation: Sherman, D. W., Matzo, M. L., Coyne, P., Ferrell, B. R., & Penn, B. K. (2004). Teaching symptom management in end-of-life care: The didactic content and teaching strategies based on the end-of-life nursing education curriculum. *Journal for Nurses in Staff Development*, 20(3), 103–117. <https://doi.org/10.1097/00124645-200405000-00001>

**(50) Fertility and Serious Illness: How to Support Patients with Reproductive Concerns**

Description: This webpage highlights the importance of discussing fertility and reproduction with patients diagnosed with serious illnesses, particularly for reproductive-aged adults, and how palliative care clinicians can provide support. It discusses the inadequacy of current fertility counseling, the types of distress that can arise, including logistical, ethical, psychosocial, and existential concerns, and suggests an approach to initiate conversations with patients.

Citation: Sharpless, J. & Sumser, B. (2022, September). Fertility and serious illness: How to support patients with reproductive concerns. *Center to Advance Palliative Care*. <https://www.capc.org/blog/fertility-and-serious-illness-how-to-support-patients-with-reproductive-concerns/>

## CANCER

### Teaching/Learning Resources:

**(11) Cancer and Palliative Care**

Description: Webpage providing an overview of cancer etiology and how palliative care can help, created for patients and families and a good basic resource for nursing students.

Citation: Get Palliative Care. (2023). *Cancer and palliative care*. <https://getpalliativecare.org/whatis/disease-types/cancer-palliative-care/>

**(96) Palliative Care and Cancer Survivorship: They Work Together**

Description: Slide set reviewing cancer survivorship and palliative care. Included is information on physiologic and long-term effects of chemotherapy and radiation, goals of care, quality of life, prevention and detection, surveillance, symptom management, and care needs of survivors.

Citation: Economou, D. (n.d). *Palliative care and cancer survivorship: They work together*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Palliative-Care-Cancer-Survivorship.pdf>

### Supporting Evidence

**(394) Integration of palliative care into standard oncology care: American Society of Clinical Oncology clinical practice guideline update**

Description: Updated guidelines for provision of palliative care in cancer treatment.

Citation: Ferrell, B. R., Temel, J. S., Temin, S., Alesi, E. R., Balboni, T. A., Basch, E. M., Finn, J. I., Paice, J. A., Peppercorn, J. M., Phillips, T., Stovall, E. L., Zimmerman, C., & Smith, T. J. (2017). Integration of palliative care into standard oncology care: American Society of Clinical Oncology clinical practice guideline update. *Journal of Clinical Oncology*, 35(1), 96–112. <https://doi.org/10.1200/JCO.2016.70.1474>

# Lung Cancer

## Teaching/Learning Resources:

### **(24) Lung Cancer and Palliative Care**

Description: A basic informational webpage describing lung cancer and how palliative care can benefit patients and families.

Citation: Get Palliative Care. (2023). *Lung cancer and palliative care*. <https://getpalliativecare.org/whatis/disease-types/lung-cancer-palliative-care/>

## Supporting Evidence

### **(393) Earlier multidisciplinary palliative care intervention for people with lung cancer: A systematic review and meta-analysis**

Description: A meta and narrative analysis of early palliative care interventions for lung cancer. Results indicated that need-based palliative care can be as effective as early, depending on the circumstances.

Citation: Kochovska, S., Ferreira, D. H., Luckett, T., Phillips, J. L., & Currow, D. C. (2020). Earlier multidisciplinary palliative care intervention for people with lung cancer: A systematic review and meta-analysis. *Translational Lung Cancer Research*, 9(4),1699-1709. <https://doi.org/10.21037/tlcr.2019.12.18>

# Breast Cancer

## Teaching/Learning Resources:

### **(9) Breast Cancer and Palliative Care**

Description: A basic informational webpage describing breast cancer and how palliative care can benefit patients and families. Includes a 20-minute audio podcast of a patient's story with palliative care.

Citation: Get Palliative Care. (2023). *Breast cancer and palliative care*. <https://getpalliativecare.org/whatis/disease-types/breast-cancer-palliative-care/>

### **(352) Palliative care for metastatic breast cancer**

Description: White paper provides key information on palliative care for metastatic breast cancer. Included are points for policymakers, management of site-specific metastases, and supportive care resources. Focus is on evaluation and planning to increase capacity to deliver high quality palliative care for breast cancer globally. Can be used to teach about breast cancer best practices as well as access and policy implications.

Citation: Anderson, B. O., Dvaladze, A., Ilbawi, A., Luciani, S., Torode, J., & Zujewski, J. A. (2013). Palliative care for metastatic breast cancer. *Breast Cancer Initiative 2.5*. <https://www.fredhutch.org/content/dam/www/research/divisions/public-health-sciences/epidemiology/bci-25/KSPDF/KS%20Palliative%20Care%20Metastatic%20030617.pdf>

### **(398) Patient goals in hospice cancer pain management: A total pain case scenario**

Description: This article uses a hospice case scenario for a woman with end-stage breast cancer and her family to demonstrate theory and guidelines-based total pain assessment and management.

Citation: Ehrlich, O. & Vallerand, A. H. (2022). Patient goals in hospice cancer pain management: A total pain case scenario. *Journal of Hospice & Palliative Nursing*, 25(2) 75-81. <https://doi.org/10.1097/NJH.0000000000000929>

### **Supporting Evidence**

**(353) *Quality of life of women living with metastatic breast cancer and receiving palliative care: A systematic review***

**Description:** A systematic review of quality of life in women with metastatic breast cancer receiving palliative care. Themes were identified including medical treatment and pain relief, support and psychosocial needs, the interdisciplinary approach as integral, and challenges based on the ambiguity of the term ‘palliative care’.

**Citation:** Drageset, S., Austrheim, G., & Ellingsen, S. (2021). Quality of life of women living with metastatic breast cancer and receiving palliative care: A systematic review. *Health Care for Women International*, 42(7-9), 1044-1065. <https://doi.org/10.1080/07399332.2021.1876063>

## **Prostate Cancer**

### **Teaching/Learning Resources:**

**(346) *Prostate cancer and palliative care***

**Description:** A basic informational webpage describing colon cancer and how palliative care can benefit patients and families.

**Citation:** Get Palliative Care. (n.d.). *Palliative care and prostate cancer*. <https://getpalliativecare.org/whatis/disease-types/prostate-cancer-palliative-care/>

### **Supporting Evidence**

**(396) *Supportive care needs of men with prostate cancer: A systematic review update***

**Description:** Systematic review of needs and interventions to support persons with prostate cancer.

**Citation:** Prashar, J., Schartau, P., & Murray, E. (2022). Supportive care needs of men with prostate cancer: A systematic review update. *European Journal of Cancer Care*, 31, e13541., 1-15. <https://doi.org/10.1111/ecc.13541>

**(347) *Considerations for palliative care in urologic oncology***

**Description:** Article describes the significant unmet need for palliative care in urologic oncology and the benefits of and barriers to palliative care for persons with bladder, kidney, and prostate cancers.

**Citation:** Launer, B., & Scarpato, K. R. (2021). Considerations for palliative care in urologic oncology. *Urology Times Urologists in Cancer Care*, 10(04). <https://www.urologytimes.com/view/considerations-for-palliative-care-in-urologic-oncology>

## **Colon Cancer**

### **Teaching/Learning Resources:**

**(13) *Colon Cancer and Palliative Care***

**Description:** A basic informational webpage describing colon cancer and how palliative care can benefit patients and families. Includes a 20-minute audio podcast of a patient’s story with palliative care.

**Citation:** Get Palliative Care. (2023). *Colon cancer and palliative care*. <https://getpalliativecare.org/whatis/disease-types/colon-cancer-palliative-care/>

### **Supporting Evidence**

**(341) *The impact of palliative care and nursing intervention on the psychology and quality of life of elderly patients with colorectal cancer***

**Description:** This research study assessed the effectiveness of an individually customized nursing intervention for lowering symptom distress in patients with colorectal cancer using a palliative care approach. Quality of life was found to be significantly improved for those in palliative care and this improvement persisted after intervention.

Citation: Zhang, A., & Fu, H. (2022). The impact of palliative care and nursing intervention on the psychology and quality of life of elderly patients with colorectal cancer. *Journal of Oncology*, 2022, 1-9. <https://doi.org/10.1155/2022/7777446>

**(343) *Integrating an early palliative approach into advanced colorectal cancer care***

Description: Guidelines document describes an early palliative approach for patients with advanced colorectal cancer with disease specific management to improve patient quality of life. Included are triggers for palliative care referral, information on advanced care planning, screening, symptom management, discussion of end of life topics, as well as grief and bereavement.

Citation: Alberta Health Services Guideline Resource Unit. (2020). *Integrating an early palliative approach into advanced colorectal cancer care*. <https://www.albertahealthservices.ca/assets/info/hp/cancer/if-hp-cancer-guide-meta-static-colorectal-early-palliative-cancer-care.pdf>

**(342) *Treatment of patients with late-stage colorectal cancer: ASCO resources-stratified guideline***

Description: Clinical practice guidelines based on a systematic review of treatment and follow-up of patients with late-stage colorectal cancer, including recommendations for symptom management, diagnosis, staging, treatment, communication and cost implications, and surveillance.

Citation: Chiorean, E. G., Nandakumar, G., Fadelu, T., Temin, S., Alarcon-Rozas, A. E., Bejarano, S., Croitoru, A., Grover, S., Lohar, P. V., Odhiambo, A., Park, S. H., Garcia, E. R., Teh, C., Rose, A., Zaki, B., & Chamberlin, M. D. (2020). Treatment of patients with late-stage colorectal cancer: ASCO resource-stratified guideline. *JCO Global Oncology*, (6), 414-438. <https://doi.org/10.1200/jgo.19.00367>

**(349) *Patient and caregiver experiences: Qualitative study comparison before and after implementation of early palliative care for advanced colorectal cancer***

Description: Qualitative study conducted with semi-structured interviews and thematic analysis. Results suggested early palliative care for patients with advanced colorectal cancer may lead to improvements in care, and a better understanding of what palliative care offers. Themes identified as important to patients and families included care coordination, coping with the illness, and engagement of the patient and family.

Citation: Ahmed, S., Naqvi, S. F., Sinnarajah, A., McGhan, G., Simon, J., & Santana, M. J. (2022). Patient and caregiver experiences: Qualitative study comparison before and after implementation of early palliative care for advanced colorectal cancer. *Canadian Journal of Nursing Research*, 55(1), 110-125. <https://doi.org/10.1177/08445621221079534>

## Ovarian Cancer

### Teaching/Learning Resources:

**(27) *Ovarian cancer and palliative care***

Description: A basic informational webpage describing ovarian cancer and how palliative care can benefit patients and families. Includes a 7-minute audio podcast of a patient's story with palliative care.

Citation: Get Palliative Care. (2023). *Ovarian cancer and palliative care*. <https://getpalliative-care.org/whatis/disease-types/ovariancancer/>

**(356) *Managing pain from advanced cancer in the palliative care setting***

Description: This article reviews best practices for assessing and managing cancer pain holistically, using a case exemplar of a patient with end-stage ovarian cancer to illustrate how nurses and interdisciplinary colleagues can jointly address the complexity of pain.

Citation: Ferrell, B., Levy, M. H., & Paice, J. (2008). Managing pain from advanced cancer in the palliative care setting. *Clinical Journal of Oncology Nursing*, 12(4), 575-581. <https://doi.org/10.1188/08.cjon.575-581>

### **Supporting Evidence**

#### ***(397) Palliative care and symptom management for women with advanced ovarian cancer***

Description: An article describing barriers and facilitators to palliative care, symptom management modalities, and physician assisted death in the ovarian cancer context.

Citation: Miller, D., & Nevadunsky, N. (2018). Palliative care and symptom management for women with advanced ovarian cancer. *Hematology Oncology Clinics of North America*, 32, 1087-1102. <https://doi.org/10.1016/j.hoc.2018.07.012>

## **Blood Cancers**

### **Teaching/Learning Resources:**

#### ***(25) Multiple Myeloma and Palliative Care***

Description: A basic informational webpage describing blood cancers and how palliative care can benefit patients and families. Includes a 6-minute audio podcast of a patient's story with palliative care.

Citation: Get Palliative Care. (2023). *Multiple myeloma and palliative care*. <https://getpalliativecare.org/whatis/disease-types/multiple-myeloma-palliative-care/>

#### ***(22) Leukemia, Lymphoma and Palliative Care***

Description: A basic informational webpage describing leukemia and lymphoma and how palliative care can benefit patients and families. Includes a 6-minute audio podcast of a patient's story with palliative care.

Citation: Get Palliative Care. (2023). *Leukemia, lymphoma and palliative care*. <https://getpalliativecare.org/whatis/disease-types/leukemia-lymphoma-palliative-care/>

## **Head and Neck Cancers**

### **Teaching/Learning Resources:**

#### ***(18) Head and Neck Cancer and Palliative Care***

Description: A basic informational webpage describing head and neck cancers and how palliative care can benefit patients and families.

Citation: Get Palliative Care. (2023). *Head and neck cancer and palliative care*. <https://getpalliativecare.org/whatis/disease-types/head-neck-cancer-palliative-care/>

### **Supporting Evidence**

#### ***(395) Palliative care in metastatic head and neck cancer***

Description: A correlational retrospective student of hospital data to identify patterns of palliative care use in head and neck cancers. Results included that use was associated with clinical and demographic factors and more research is necessary to understand the outcomes of palliative care.

Citation: Civantos, A. M., Prasad, A., Carey, R. M., Bur, A. M., Mady, L. J., Brody, R. M., Rajasekaran, K., Cannady, S. B., Hartner, L., Ibrahim, S. A., Newman, J. G., & Brant, J. A. (2021). Palliative care in metastatic head and neck cancer. *Head and Neck*, 43(9), 2764-2777. <https://doi.org/10.1002/hed.26761>

# HEART DISEASE/HEART FAILURE

## Teaching/Learning Resources:

### **(14) Congestive Heart Failure and Palliative Care**

Description: Webpage describing congestive heart failure and how palliative care can benefit patients with this condition.

Citation: Get Palliative Care. (2023). *Congestive heart failure and palliative care*. <https://getpalliativecare.org/whatis/disease-types/congestive-heart-failure-palliative-care/>

## Supporting Evidence:

### **(268) Palliative care for people living with heart failure: European Association for Palliative Care task force expert position statement**

Description: This position statement discusses the importance of palliative care in advanced heart failure treatment, including assessment, triggers for palliative care referral, symptom management, and advanced care planning.

Citation: Sobanski, P. Z., Alt-Epping, B., Currow, D. C., Goodlin, S. J., Grodzicki, T., Hogg, K., Janssen, D. J., Johnson, M. J., Krajnik, M., Leget, C., Martínez-Sellés, M., Moroni, M., Mueller, P. S., Ryder, M., Simon, S. T., Stowe, E., & Larkin, P. J. (2019). Palliative care for people living with heart failure: European Association for Palliative Care task force expert position statement. *Cardiovascular Research*, 116(1), 12-27. <https://doi.org/10.1093/cvr/cvz200>

### **(263) Nursing concerns with palliative care and at the end-of-life in patients with heart failure**

Description: This article focuses on the nurse's role in management of chronic heart failure and understanding when palliative and hospice care are appropriate. Additionally, information about palliative and hospice care management of symptoms and the communication needs of patients and their families regarding hospice referral, emergencies, and end of life support for patients with heart failure is included.

Citation: Westlake, C., & Smith, V. J. (2015). Nursing concerns with palliative care and at the end-of-life in patients with heart failure. *Nursing: Research and Reviews*, 5, 33-47. <https://doi.org/10.2147/nrr.s45298>

### **(261) Chronic heart failure part 2: Treatment and management**

Description: This article discusses the management of chronic heart failure, including palliation of symptoms such as fatigue, pain, peripheral edema, and breathlessness with pharmacological strategies, devices, lifestyle modifications, cardiac rehabilitation and palliative care.

Citation: Brake, R., & Jones, I. D. (2017). Chronic heart failure Part 2: Treatment and management. *Nursing Standard*, 31(20), 53-63. <https://doi.org/10.7748/ns.2017.e10762>

### **(262) Heart failure in post-acute and long-term care: Evidence and strategies to improve transitions, clinical care, and quality of life.**

Description: This article focuses on best practices for symptom management and palliative care for patients with heart failure who reside in skilled nursing facilities.

Citation: Nazir, A., & Smucker, W. D. (2015). Heart failure in post-acute and long-term care: Evidence and strategies to improve transitions, clinical care, and quality of life. *Journal of the American Medical Directors Association*, 16(10), 825-831. <https://doi.org/10.1016/j.jamda.2015.05.006>

**(273) Consideration of symptom management in advanced heart failure**

Description: This article focuses on palliative care management of key symptoms of advanced heart failure, including breathlessness, fatigue, anxiety, and constipation through interprofessional collaboration.

Citation: Connolly, M., & Ryder, M. (2022). Consideration of symptom management in advanced heart failure. *International Journal of Environmental Research and Public Health*, 19(22), 15160. <https://doi.org/10.3390/ijerph192215160>

**(258) Chronic heart failure nursing: Integrated multidisciplinary care**

Description: This article presents evidence and guidelines supporting an integrated multidisciplinary approach to chronic heart failure nursing care, including early diagnosis care planning, medication optimization, self-care and symptom recognition, cardiac rehabilitation, and palliative care.

Citation: Brennan, E. J. (2018). Chronic heart failure nursing: Integrated multidisciplinary care. *British Journal of Nursing*, 27(12), 681-688. <https://doi.org/10.12968/bjon.2018.27.12.681>

**(274) Planning for deactivation of Implantable Cardioverter defibrillators at the end of life in patients with heart failure**

Description: This literature review provides recommendations for discussing and implementing ICD deactivation to increase comfort in patients with advanced heart failure at the end of life.

Citation: Brady, D. R. (2016). Planning for deactivation of Implantable Cardioverter Defibrillators at the end of life in patients with heart failure. *Critical Care Nurse*, 36(6), 24-31. <https://doi.org/10.4037/ccn2016362>

**(272) Let us talk about it: Heart failure patient's preferences toward discussions about prognosis, advance care planning, and spiritual support**

Description: The authors of this cross-sectional cohort study reported on preferences of patients with heart failure regarding advance care planning discussions with their clinicians. The study findings indicated that most patients had discussed what to expect, prognosis, and advanced care planning, and most who did not indicated they would have liked to have these discussions.

Citation: Gordon, N. A., O'Riordan, D. L., Dracup, K. A., De Marco, T., & Pantilat, S. Z. (2017). Let us talk about it: Heart failure patients' preferences toward discussions about prognosis, advance care planning, and spiritual support. *Journal of Palliative Medicine*, 20(1), 79-83. <https://doi.org/10.1089/jpm.2016.0097>

## ALZHEIMER'S DISEASE AND OTHER DEMENTIAS

### Teaching/Learning Resources:

**(360) HPNA nursing resource guide: Dementia**

Description: This NRG provides an overview of types of dementia, signs and symptoms, assessment, interventions, patient and family education and support, goals of care, and desired nursing outcomes.

Citation: Hospice & Palliative Nurses Association. (n.d.). *HPNA nursing resource guide dementia*. [https://www.advancingexpertcare.org/wp-content/uploads/2023/08/7\\_NRG\\_Dementia-1.pdf](https://www.advancingexpertcare.org/wp-content/uploads/2023/08/7_NRG_Dementia-1.pdf)

**(88) Assessing Needs of People Living with Dementia.**

Description: This two-page reference sheet presents validated assessment tools to use for managing symptoms and co-morbid conditions of persons living with Alzheimer's disease and other types of dementia.

Citation: Center to Advance Palliative Care (2019). *Assessing needs of people living with Dementia*. <https://www.capc.org/documents/download/550/>

### **(80) Pain Assessment in Advanced Dementia (PAINAD)**

Description: This article discusses the PAINAD tool and its use for assessment of pain in patients with advanced dementia.

Citation: University of Iowa. (2023). *Pain Assessment IN Advanced Dementia (PAINAD)*. GeriatricPain.org. <https://geriatricpain.org/painad>

### **(289) Advance care planning in dementia: Recommendations for healthcare professionals.**

Description: This article provides evidence-based clinical recommendations on when and how to perform the process of advanced care planning for individuals with dementia.

Citation: Mitchell, G., Agnelli, J., McGreevy, J., Diamond, M., Roble, H., McShane, E., & Strain, J. (2016). Palliative and end-of-life care for people living with dementia in care homes: Part 2. *Nursing standard*, 30(44), 54–63. <https://doi.org/10.7748/ns.2016.e10582>

## **Supporting Evidence**

### **(292) Assessing palliative care content in dementia care guidelines: A systematic review**

Description: This systematic review assessed palliative care content in current clinical practice guidelines for persons with dementia, identifying limitations as well as recommendations to improve quality of care and enhance quality of life with an integrative palliative approach.

Citation: Durepos, P., Wickson-Griffiths, A., Hazzan, A. A., Kaasalainen, S., Vastis, V., Battistella, L., & Papaioannou, A. (2017). Assessing palliative care content in dementia care guidelines: A systematic review. *Journal of Pain and Symptom Management*, 53(4), 804–813. <https://doi.org/10.1016/j.jpainsymman.2016.10.368>

### **(285) Nursing staff needs in providing palliative care for people with dementia at home or in long-term care facilities: A scoping review.**

Description: This review article described what is known regarding the needs of providing palliative care for people living with dementia from the perspective of nursing staff working in home care or long-term care facilities and established a conceptualization of palliative care needs for persons living with dementia.

Citation: Bolt, S. R., Van der Steen, J. T., Schols, J. M., Zwakhalen, S. M., Pieters, S., & Meijers, J. M. (2019). Nursing staff needs in providing palliative care for people with dementia at home or in long-term care facilities: A scoping review. *International Journal of Nursing Studies*, 96, 143-152. <https://doi.org/10.1016/j.ijnurstu.2018.12.011>

### **(290) The management of dementia worldwide: A review on policy practices, clinical guidelines, end-of-life care, and challenge along with aging population**

Description: These clinical guidelines discuss care of patients with dementia including the provision of palliative care.

Citation: Wang, C., Song, P., & Niu, Y. (2022). The management of dementia worldwide: A review on policy practices, clinical guidelines, end-of-life care, and challenges along with the aging population. *BioScience Trends*, 16(2), 119-129. <https://doi.org/10.5582/bst.2022.01042>

### **(87) Stages of Alzheimer's & Dementia: Durations & Scales Used to Measure Progression (GDS, FAST & CDR).**

Description: This web page presents information on the stages of dementia, scales for the rating of dementia, care requirements and living options based upon staging.

Citation: Dementia Care Central (2023). *Stages of Alzheimer's & Dementia: Durations & Scales Used to Measure Progression (GDS, FAST & CDR)*. <https://www.dementiacarecentral.com/aboutdementia/facts/stages/#scales>



## CHRONIC OBSTRUCTIVE PULMONARY DISEASE

### **Teaching/Learning Resources:**

#### **(12) *Chronic obstructive pulmonary disease (COPD) and palliative care***

**Description:** A basic informational webpage describing COPD and how palliative care can benefit patients and families.

**Citation:** Get Palliative Care. (2023). *Chronic obstructive pulmonary disease (COPD) and palliative care*. <https://getpalliativecare.org/whatis/disease-types/chronic-obstructive-pulmonary-disease-copd-palliative-care/>

#### **(277) *The role of palliative care in COPD***

**Description:** This guidelines article discusses the role of palliative care for patients with COPD on domains from the Clinical Practice Guidelines for Quality Palliative Care, 4th edition (NCHPC, 2018) and makes recommendations for how to implement palliative care with case-based examples.

**Citation:** Iyer, A. S., Sullivan, D. R., Lindell, K. O., & Reinke, L. F. (2022). The role of palliative care in COPD. *CHEST*, 161(5), 1250-1262. <https://doi.org/10.1016/j.chest.2021.10.032>

### **Supporting Evidence**

#### **(399) *Palliative care referral in the chronic obstructive pulmonary disease population***

**Description:** A letter to the editor drafted by expert nurses to promote palliative care referral for persons with COPD.

**Citation:** Bradley, C., Martin, R., Porter, C., Richardson, K., Stress, A., & Tobin, J. L. (2021). Palliative care referral in the chronic obstructive pulmonary disease population. *Chronic Obstructive Pulmonary Disease*, 8(1), 4-6. <https://doi.org/10.15326/jcopdf.2020.0195>

#### **(284) *A new way of organizing palliative care for patients with severe chronic obstructive pulmonary disease***

**Description:** This article described a new outpatient palliative care program for patients with severe COPD which was based on an assigned nurse to address patient needs on an ad-hoc basis unless a patient was in crisis, when they would be seen by the pulmonologist.

**Citation:** Lavesen, M. (2018). A new way of organizing palliative care for patients with severe chronic obstructive pulmonary disease. *International Journal of Palliative Nursing*, 24(2), 64-68. <https://doi.org/10.12968/ijpn.2018.24.2.64>

#### **(281) *Effectiveness and implementation of palliative care interventions for patients with chronic obstructive pulmonary disease: A systematic review***

**Description:** This literature review described the characteristics of palliative care interventions for patients with COPD and the available evidence on effectiveness and implementation outcomes.

**Citation:** Broese, J. M., De Heij, A. H., Janssen, D. J., Skora, J. A., Kerstjens, H. A., Chavannes, N. H., Engels, Y., & Van der Kleij, R. M. (2020). Effectiveness and implementation of palliative care interventions for patients with chronic obstructive pulmonary disease: A systematic review. *Palliative Medicine*, 35(3), 486-502. <https://doi.org/10.1177/0269216320981294>

# STROKE

## Teaching/Learning Resources:

### **(33) *Stroke and Palliative Care***

Description: This webpage gives a brief overview of stroke and how palliative care can help alleviate symptoms. This resource is useful for those with a new diagnosis to understand what palliative care can do for them.

Citation: Get Palliative Care. (2023). *Stroke and Palliative Care*. <https://getpalliativecare.org/whatis/disease-types/strokeandpalliativecare/>

### **(207) *Simulation Scenario***

Description: Storyboard and simulation guide for a patient having experienced a severe stroke and who is near the end of life. Includes nursing assessments and communication about treatment choices and prognosis with a family member.

Citation: Gauthier, K. (2022). Simulation scenario. *University of Utah College of Nursing*. <https://drive.google.com/file/d/1FzVOO-cOkWYAig267UE6ZSEx1NA9TOV3y/view>

### **(339) *Palliative and end-of-life care in stroke: A statement for healthcare professionals from the American Heart Association/American Stroke Association***

Description: This article outlined palliative care competencies and skills for healthcare professionals caring for patients who experienced stroke across clinical settings. The resource included recommendations for primary palliative care, patient and family centered care, information related to estimating prognosis, establishing goals in care, communication techniques, decision making, symptom assessment and management, social and existential needs, spiritual needs, end-of-life treatment options, and the role of hospice.

Citation: Holloway, R. G., Arnold, R. M., Creutzfeldt, C. J., Lewis, E. F., Lutz, B. J., McCann, R. M., Rabinstein, A. A., Saposnik, G., Sheth, K. N., Zahuranec, D. B., Zipfel, G. J., & Zorowitz, R. D. (2014). Palliative and end-of-life care in stroke: A statement for healthcare professionals from the American Heart Association/American Stroke Association. *Stroke*, 45(6), 1887-1916. <https://doi.org/10.1161/STR.0000000000000015>

## Supporting Evidence

### **(256) *Palliative care interventions and end of life care as reported by patients post stroke and their families: A systematic review***

Description: This systematic review evaluated the limited evidence on palliative care interventions and end-of-life care for stroke patients, with a focus on symptom burden, loss of autonomy, and acknowledging uncertainty. The review highlighted the need for guidelines to support the integration of palliative care into post-stroke clinical care, especially for patients with an uncertain prognosis.

Citation: Govind, N., Ferguson, C., Phillips, J. L., & Hickman, L. (2022). Palliative care interventions and end of life care as reported by patients' post-stroke and their families: A systematic review. *European Journal of Cardiovascular Nursing*, 22(5), 445-453. <https://doi.org/10.1093/eurjcn/zvac112>

### **(340) *Palliative care for stroke patients and their families: Barriers for implementation.***

Description: This article identified key aspects of palliative care in stroke care and current barriers to implementation. Topics included timing for palliative care involvement, therapeutic goals and communication, identification of palliative care needs, place of death, and caregiver burden.

Citation: Steigleder, T., Kollmar, R., & Ostgathe, C. (2019). Palliative care for stroke patients and their families: Barriers for implementation. *Frontiers in Neurology*, 10. <https://doi.org/10.3389/fneur.2019.00164>

## HIV/AIDS

### Teaching/Learning Resources:

#### **(19) HIV/AIDS and palliative care**

Description: This webpage gives a brief overview of HIV/AIDS and how palliative care can help alleviate symptoms.

Citation: Get Palliative Care. (2023). *HIV/AIDS and palliative care*. <https://getpalliativecare.org/whatis/disease-types/hivaids-palliative-care/>

#### **(327) Palliative care in HIV/AIDS**

Description: An open access peer reviewed chapter from the book, *Palliative Care*, free to download with registration. This chapter discusses principles of palliative care for those with HIV, ranges of treatment, symptom management, psychological and spiritual support, caregiver support, preparation for death, and medications for use in palliative care.

Citation: Areri, H. A. (2019). *Palliative care in HIV/AIDS*. In M. Mollaoglu, ed. *Intechopen. Palliative Care*. <https://www.intechopen.com/chapters/66789>

### Supporting Evidence:

#### **(400) Palliative care as an essential component of the HIV care continuum**

Description: A systematic review of current palliative care practices and best practice recommendations to provide appropriate palliative care to persons living with HIV/AIDS across the illness trajectory.

Citation: Harding, R. (2018). Palliative care as an essential component of the HIV care continuum. *The Lancet HIV*, 5(9), e524-e530. [https://doi.org/10.1016/S2352-3018\(18\)30110-3](https://doi.org/10.1016/S2352-3018(18)30110-3)

## RENAL FAILURE/KIDNEY DISEASE

### Teaching/Learning Resources:

#### **(21) Kidney Disease, Kidney Failure and Palliative Care**

Description: This webpage provides an overview of kidney disease, including information on symptoms and treatment as well as how palliative care can help patients with this condition.

Citation: Get Palliative Care. (2023). *Kidney Disease, Kidney Failure and Palliative Care*. <https://getpalliativecare.org/whatis/disease-types/kidney-disease-kidney-failure-palliative-care/>

#### **(336) Caring for someone with kidney failure towards the end of life**

Description: Webpage providing an overview of kidney failure, symptoms, symptom management, signs of end of life in kidney failure, information for patients and families about end of life, and ways to support patients with kidney failure at their end of life and their families.

Citation: Marie Curie Foundation. (n.d.). *Caring for someone with kidney failure towards the end of life*. <https://www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone/condition-specific-short-guides/kidney-failure#kidney-failure>

### **Supporting Evidence:**

#### **(335) *Palliative care for patients with kidney disease***

**Description:** This review discussed palliative care for patients with various types of kidney disease, benefits of palliative care, as well as the need for additional research about palliative care for those with chronic kidney disease.

**Citation:** Lanini, I., Samoni, S., Husain-Syed, F., Fabbri, S., Canzani, F., Messeri, A., Domenico Mediati, R., Ricci, Z., Romagnoli, S., & Villa, G. (2022). Palliative care for patients with kidney disease. *Journal of Clinical Medicine*, 11(13), 3923. <https://doi.org/10.3390/jcm11133923>

## **PARKINSON'S DISEASE**

### **Teaching/Learning Resources:**

#### **(29) *Get Palliative Care: Parkinson's Disease and Palliative Care***

**Description:** This webpage provides an overview of Parkinson's disease and how palliative care can alleviate symptoms and assist in decision making. The page also provides additional resources for how to get palliative care and links for more information.

**Citation:** Get Palliative Care. (2023). *Parkinson's Disease and Palliative Care*. <https://getpalliativecare.org/whatis/disease-types/parkinsons-disease-palliative-care/>

### **Supporting Evidence:**

#### **(401) *Why palliative care applies to Parkinson's Disease***

**Description:** An expert editorial about the value of palliative care for persons living with PD and recommendations on how to provide care.

**Citation:** Bouça-Machado, R., Lennaerts-Kats, H., Bloem, B., & Ferreira, J. J. Why palliative care applies to Parkinson's Disease. *Movement Disorders*, 33(5), 750-753. <https://doi.org/10.1002/mds.27309>

#### **(402) *Palliative care for persons with Parkinson's disease: A qualitative study on the experiences of health care professionals***

**Description:** A qualitative research study examining health professionals' experiences in providing care to persons with PD, including perception of palliative care. The authors reported that participants were in support of palliative care and needed more education and guidance to adopt it successfully.

**Citation:** Lennaerts, H., Steppe, M., Munneke, M., Meinders, M. J., van der Steen, J. T., Van den Brand, M., van Amelsvoort, D., Vissers, K., Bloem, B. R., & Groot, M. (2019) Palliative care for persons with Parkinson's disease: A qualitative study on the experiences of health care professionals. *BMC Palliative Care*, 18(1), 1-9. <https://doi.org/10.1186/s12904-019-0441-6>

#### **(306) *A guideline for Parkinson's Disease nurse specialists, with recommendations for clinical practice***

**Description:** This clinical guideline for nursing includes interventions for Parkinson's Disease nurses to utilize within their care of patients with Parkinson's disease.

**Citation:** Lennaerts, H., Groot, M., Rood, B., Gilissen, K., Tulp, H., van Wensen, E., Munneke, M., van Laar, T., & Bloem, B. R. (2017). A guideline for Parkinson's disease nurse specialists, with recommendations for clinical practice. *Journal of Parkinson's Disease*, 7(4), 749-754. <https://doi.org/10.3233/JPD-171195>

## COVID-19

### Teaching/Learning Resources:

#### **(15) *Get Palliative Care: COVID-19***

Description: This webpage is an overview of important facts and considerations for those with COVID-19 and how palliative care can support patients with this condition. This page also includes patient and caregiver resources including frequently asked questions, tips, and care planning resources.

Citation: Get Palliative Care. (2023). *COVID-19*. <https://getpalliativecare.org/whatis/disease-types/covid-19-and-palliative-care/>

#### **(159) *Nursing Management of Dyspnea in People with COVID-19***

Description: This infographic presents information about nursing management of dyspnea in people with COVID-19.

Citation: End-of-Life Nursing Education Consortium (2020). *Nursing management of dyspnea in people with COVID-19*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nursing-Management-of-Dyspnea-in-People-with-COVID-19.pdf>

#### **(160) *Nursing Management of Cough in People with COVID-19***

Description: This infographic presents information about nursing management of cough in people with COVID-19.

Citation: End-of-Life Nursing Education Consortium (2020). *Nursing management of cough in people with COVID-19*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nursing-Management-of-Cough-in-People-with-COVID-19.pdf>

#### **(101) *ELNEC COVID-19 Communication Resource Guide: Role of the Palliative Nurse in Cultural Issues Around COVID-19 Vaccination***

Description: A resource guide to support nurses in having conversations with culturally diverse patients regarding COVID-19 vaccination.

Citation: End-of-Life Nursing Education Consortium. (2021). *ELNEC COVID-19 Communication Resource Guide. Role of the Palliative Nurse in Cultural Issues around COVID-19 Vaccination*. *Vaccination*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Cultural-Issues-around-Vaccination.pdf>

#### **(110) *Communication Guide for Nurses and Others During COVID-19***

Description: A communication resource for nurses during the COVID-19 pandemic including recommendations for conducting family meetings, discussing goals, communicating hope, and language to use in goals of care discussions.

Citation: End-of-Life Nursing Education Consortium. *Advancing Palliative Care* (n.d.). *Communication Guide for Nurses and Others During COVID-19*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Communication-Guide-During-COVID-19.pdf>

#### **(111) *Racial and Ethnic Disparities Associated with COVID-19: A Crisis Within a Crisis***

Description: This resource discusses the racial and ethnic disparities related to COVID-19 including access to palliative and hospice care, disparities in treatment and screening, and disparities within long term care as well as what can be done to address these gaps.

Citation: End-of-Life Nursing Education Consortium. *Advancing Palliative Care* (2020). *Racial & Ethnic Disparities Associated with COVID-19: A Crisis Within a Crisis*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Racial-Ethnic-Disparities-Associated-with-COVID-19.pdf>

**(141) Goals of care discussions for caregivers of COVID-19 patients: Support for pediatric patients**

Description: Slideshow presentation of goals of care discussions for caregivers of pediatric patients with COVID-19. Presented is information on communication, the SPIKES protocol for delivering bad news, discussing expectations, as well as tips for communicating with children.

Citation: End-of-Life Nursing Education Consortium (n.d.). *Goals of Care Discussions for Caregivers of COVID-19 Patients – Support for Pediatric Patients*. <https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Goals-of-Care-for-Pediatric-Patients.pdf>

Supporting Evidence:

**(241) The urgency of spiritual care: COVID-19 and the critical need for whole-person palliation.**

**Description:** *The COVID-19 pandemic highlighted the importance of spiritual care in palliative care, as patients and healthcare workers face isolation, loneliness, and vulnerability.*

Description: Palliative care teams were valuable in providing symptom management and communication support, but there is a need to improve spiritual care integration. This article reflected on the importance of spiritual care in whole-person palliative care and lessons learned from the pandemic.

Citation: Ferrell, B.R., Handzo, G., Picchi, T., Puchalski, C.P., & Rosa, W.E. (2020). The urgency of spiritual care: COVID-19 and the critical need for whole-person palliation. *Journal of Pain and Symptom Management*, 60(3), e7-e11. <https://doi.org/10.1016/j.jpainsymman.2020.06.034>

**(245) Opportunities for nursing science to improve patient care in the time of COVID-19: A palliative care perspective.**

Description: This article discussed the history of nurses using science and research to improve patient care and outcomes during public health emergencies and what can be done to be better prepared to provide care in the future.

Citation: Rosa, W. E., Meghani, S. H., Stone, P. W., & Ferrell, B. R. (2020). Opportunities for nursing science to improve patient care in the time of COVID-19: A palliative care perspective. *Journal of Nursing Scholarship*, 52(4), 341- 343. <https://doi.org/10.1111/jnu.12570>

## APPENDIX

**Table 2. AACN and Cares Alignment**

<i>CARES Statement</i>	<i>Domains</i>	<i>Competencies</i>	<i>Sub-competencies</i>
1. Advocate for and promote integration of palliative care for patients with serious illness or injury and their families across the disease trajectory as essential to quality care.	1 2 3 4 5 6 9 10	1.1, 1.2 2.5, 2.7, 2.9 3.1, 3.2, 3.4, 3.5 4.1, 4.2 5.1 6.1 9.1, 9.3, 9.4 10.3	1.1a-d, 1.2a, 1.2c 2.5a, 2.7c, 2.7d, 2.9b 3.1h, 3.2b, 3.4d, 3.5a-e 4.1c, 4.2c, 4.2d 5.1a, 5.1f 6.1f 9.1a, 9.1g 10.3d, 10.3i
2. Consider the complex and evolving socio-economic factors that influence equitable palliative care delivery within health care systems.	1 3 5 7	1.2 3.1, 3.3, 3.4, 3.6 5.1, 5.3 7.1, 7.2	1.2c 3.1a-f, 3.3a, 3.3b, 3.4b, 3.6a, 3.6c, 3.6d 5.1a-c, 5.3a 7.1c, 7.1d, 7.2a-f
3. Reflect on one's ethical, cultural, and spiritual values and their influence on relationships in palliative care.	1 6 9 10	1.2 6.4 9.1, 9.3, 9.6 10.2, 10.3	1.2d 6.4a 9.1a-d, 9.3b-d, 9.6b, 9.6c 10.2a, 10.3g
4. Demonstrate respect for diversity, equity, and inclusion as essential for the delivery of culturally sensitive, quality palliative care.	1 2 3 6 9 10	1.2 2.1, 2.2, 2.3, 2.5, 2.6, 2.8, 2.9 3.1, 3.2, 3.3, 3.4 6.1, 6.4 9.2, 9.3, 9.5, 9.6 10.2	1.2c 2.1c, 2.2a-f, 2.3f, 2.5g, 2.6b, 2.8d, 2.9a 3.1g, 3.2c, 3.3a, 3.3b, 3.4b 6.1d, 6.4a, 6.4b 9.2d, 9.2e, 9.3g, 9.5c, 9.6a, 9.6c 10.2f
5. Communicate effectively, respectfully, and compassionately with patients, families, interprofessional team members, and the public about palliative care.	2 3 4 5 6 8 9	2.2, 2.6, 2.8, 2.9 3.2, 3.5 4.1 5.3 6.1 8.1, 8.2, 8.3 9.1, 9.2	3.2c, 3.5d 4.1g 5.3d 6.1a-f 8.1a, 8.1c, 8.1e, 8.2d, 8.3a, 8.3c 9.1c, 9.1g

<i>CARES Statement</i>	<i>Domains</i>	<i>Competencies</i>	<i>Sub-competencies</i>
6. Collaborate effectively within the interprofessional team to coordinate the delivery of high-quality palliative care across healthcare settings.	1 2 3 5 6 7 8 9 10	1.1 2.2, 2.3, 2.4, 2.5, 2.6, 2.9 3.2 5.1, 5.2, 5.3 6.1, 6.2, 6.3, 6.4 7.2 8.3, 8.4 9.2, 9.3, 9.4, 9.5 10.1, 10.3	1.1d 2.2d, 2.3f, 2.3g, 2.4e, 2.5a, 2.5b, 2.6c, 2.9c-e 3.2a, 3.2b 5.1a, 5.1b, 5.2b, 5.3d 6.1a, 6.1c, 6.1f, 6.2a-f, 6.3a-c, 6.4a-d 7.2e 8.3c, 8.4b 9.2f, 9.2g, 9.3f, 9.3h, 9.4b, 9.5a-c, 9.5e 10.1b, 10.3c, 10.3h
7. Demonstrate respect for person-centered care by aligning the plan of care with patient and family values, beliefs, preferences, and goals of care.	1 2 8 9	1.1 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.8, 2.9 8.5 9.1, 9.2, 9.5	1.1a 2.1a, 2.1c, 2.2a, 2.2b, 2.2d-f, 2.3a, 2.3f, 2.4a, 2.4c, 2.5b, 2.5f, 2.5g, 2.6d, 2.8d, 2.9c, 2.9e 8.5d 9.1g, 9.2a., 9.2c, 9.2e, 9.2f, 9.5c, 9.5e
8. Apply ethical principles, social justice, and moral courage in the care of patients with serious illness, their families, and communities.	1 3 4 7 8 9	1.2, 1.3 3.1, 3.3, 3.4 4.1 7.2, 7.3 8.5 9.1, 9.2, 9.3, 9.4, 9.5, 9.6	1.2a, 1.2d, 1.2e, 1.3c 3.1i, 3.3a, 3.4b 4.1c 7.2b, 7.3d 8.5b 9.1a-g, 9.2b, 9.2d, 9.3b-d, 9.3g, 9.4a, 9.5d, 9.6a-c
9. Comply with state and federal laws and institutional policies relevant to the care of patients with serious illness and their families.	5 6 7 8 9 10	5.1, 5.2 6.1 7.2, 7.3 8.5 9.1, 9.4 10.3	5.1b, 5.2f 6.1f 7.2a, 7.2d, 7.3d 8.5a, 8.5c 9.1f, 9.4b, 9.4c 10.3i
10. Utilize evidence-based tools to perform a holistic health assessment of pain and other symptoms, considering physical, psychological, social, and spiritual needs.	2 8	2.3 8.2	2.3a-g 8.2a



<b>CARES Statement</b>	<b>Domains</b>	<b>Competencies</b>	<b>Sub-competencies</b>
11. Synthesize assessment data to develop and implement plans of care that address physical, psychological, social, and spiritual needs, utilizing holistic, evidence-based approaches.	1 2 3 4 5 7 8 9	1.1, 1.2, 1.3 2.1, 2.2, 2.4, 2.5, 2.6, 2.8, 2.9 3.3 4.2 5.1, 5.2 7.2, 7.3 8.1, 8.2, 8.3, 8.5 9.1, 9.2 10.2	2.1a-c, 2.2a, 2.2b, 2.2d-f, 2.4a-e, 2.5a-g, 2.6a, 2.8a-e, 2.9.a, 2.9d, 2.9e 3.3a, 3.3b 4.2c 5.1a-c, 5.2f 7.2e, 7.3a, 7.3d 8.1c, 8.2a, 8.2c, 8.3b, 8.5f 9.1c, 9.2c 10.2d
12. Conduct ongoing reassessment and evaluation of patient outcomes, modifying the plan of care as needed to be consistent with goals of care.	2 4 6 7 9 10	2.5, 2.6, 2.7 4.2 6.2 7.2, 7.3 9.1 10.2	2.5e, 2.6d, 2.7a-c 4.2a, 4.2e 6.2f 7.2b, 7.3b 9.1c 10.2d
13. Provide culturally sensitive care that is responsive to rapidly changing physical, psychological, social, and spiritual needs during the dying process and after death.	1 2 4 6 7 8 9 10	1.1, 1.2, 1.3 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 2.8, 2.9 4.2 6.1, 6.2, 6.3 7.1, 7.2 8.1, 8.2, 8.5 9.1, 9.2, 9.3, 9.4, 9.5, 9.6 10.1, 10.3	1.1a-d, 1.2a, 1.2e, 1.3a-c 2.1a-c, 2.2a-f, 2.3a-c, 2.3e-g, 2.4a-e, 2.5a-g, 2.6a-d, 2.7a-c, 2.8d, 2.9a-e 4.2c 6.1a-c, 6.1e, 6.1f, 6.2a-e, 6.3a-c 7.1d, 7.2b, 7.2c 8.1c, 8.2a, 8.2c, 8.5c, 8.5f 9.1a-d, 9.1f, 9.1g, 9.2a-g, 9.3c, 9.3d, 9.4b, 9.4c, 9.5a-e, 9.6a-c 10.1b, 10.3e, 10.3g
14. Support patients, families, and team members to cope with suffering, grief, loss, and bereavement.	2 8 9	2.2, 2.6, 2.8, 2.9 8.1, 8.5 9.3, 9.5	2.2c, 2.2f, 2.6c, 2.8a-c, 2.8e, 2.9d 8.1e, 8.5b 9.3a, 9.5e
15. Implement self-care behaviors to cope with the experience of caring for seriously ill and dying patients and their families.	9 10	9.2, 9.3, 9.5, 9.6 10.1, 10.2, 10.3	9.2f, 9.3e, 9.5d, 9.6b 10.1a, 10.2a, 10.2c, 10.2e, 10.3e

Adapted from Lippe, M., & Davis, A. (2023). *Primary Palliative Care Competencies for Undergraduate and Graduate Nursing Students (CARES/G-CARES, 2nd ed): Alignment with the 2021 AACN Essentials* (with permission).



# MATRIX

**Table 3. Resources**

<b>FULL RESOURCE NAME</b>		<b>BRIEF DESCRIPTION</b>	<b>FULL APA 7TH ED. REFERENCE</b>
2	<b><i>Get Palliative Care: for Clinicians</i></b>	This is the landing page describing the many resources that clinicians can access from Get Palliative Care to learn and apply it.	Get Palliative Care. (2023). <i>For Clinicians</i> . <a href="https://getpalliativecare.org/resources/clinicians/">https://getpalliativecare.org/resources/clinicians/</a>
3	<b><i>Evolving ethical and legal implications for feeding at the end of life</i></b>	This article presents information about benefits and harms of feeding people who actively dying from both ethical and legal perspectives.	Henry, B. (2016). Evolving ethical and legal implications for feeding at the end of life. <i>Annals of Palliative Medicine</i> , 1, 87-90. <a href="http://dx.doi.org/10.21037/apm.2017.01.01">http://dx.doi.org/10.21037/apm.2017.01.01</a>
4	<b><i>Guidelines on the management of chronic pain in children.</i></b>	This guidelines document provides definitions key to effective evidenced-based pain management and recommendations for the treatment of chronic pain experienced by children ages 0-19. The document focuses on physical, psychological, and pharmacological interventions to balance appropriate pain relief while mitigating potential adverse effects.	World Health Organization. (2020). <i>Guidelines on the management of chronic pain in children</i> . <a href="https://www.who.int/publications/i/item/9789240017870">https://www.who.int/publications/i/item/9789240017870</a>
5	<b><i>What is palliative Care?</i></b>	Web page presenting a generalized overview of palliative care. A good overview for those who are new to the realm of palliative care.	Get Palliative Care. (2023). What is palliative care? <i>Definition of palliative care</i> . <a href="https://getpalliativecare.org/whatis/">https://getpalliativecare.org/whatis/</a>
6	<b><i>What is Pediatric Palliative Care?</i></b>	This web page is an introduction to pediatric palliative care that overviews its benefits to the child and the family. The page defines pediatric palliative care and emphasizes the differences between pediatric and non-pediatric palliative care. A podcast is included which gives the perspective of a family of a child with a serious illness and discusses the role palliative care played in supporting both the child and their family.	Get Palliative Care. (2023). <i>What is Pediatric Palliative Care?</i> <a href="https://getpalliativecare.org/whatis/pediatric/">https://getpalliativecare.org/whatis/pediatric/</a>
7	<b><i>ALS and Palliative Care</i></b>	Webpage describing Amyotrophic Lateral Sclerosis (ALS) and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.	Get Palliative Care. (2023). <i>ALS and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/als-palliative-care/">https://getpalliativecare.org/whatis/disease-types/als-palliative-care/</a>
8	<b><i>Alzheimer's Disease and Palliative Care</i></b>	Webpage describing Alzheimer's disease and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.	Get Palliative Care. (2023). <i>Alzheimer's disease and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/alzheimers-disease-palliative-care/">https://getpalliativecare.org/whatis/disease-types/alzheimers-disease-palliative-care/</a>
9	<b><i>Breast Cancer and Palliative Care</i></b>	A basic informational webpage describing breast cancer and how palliative care can benefit patients and families. Includes a 20-minute audio podcast of a patient's story with palliative care.	Get Palliative Care. (2023). <i>Breast cancer and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/breast-cancer-palliative-care/">https://getpalliativecare.org/whatis/disease-types/breast-cancer-palliative-care/</a>
10	<b><i>Bone Marrow Transplant and Palliative Care</i></b>	Webpage describing bone marrow transplant and how palliative care can benefit patients after transplant. This resource is useful for educating patients and their families.	Get Palliative Care. (2023). <i>Bone marrow transplant and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/bone-marrow-transplant-and-palliative-care/">https://getpalliativecare.org/whatis/disease-types/bone-marrow-transplant-and-palliative-care/</a>
11	<b><i>Cancer and Palliative Care</i></b>	Webpage providing an overview of cancer etiology and how palliative care can help, created for patients and families and a good basic resource for nursing students.	Get Palliative Care. (2023). <i>Cancer and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/cancer-palliative-care/">https://getpalliativecare.org/whatis/disease-types/cancer-palliative-care/</a>
12	<b><i>Chronic Obstructive Pulmonary Disease (COPD) and Palliative Care</i></b>	A basic informational webpage describing COPD and how palliative care can benefit patients and families.	Get Palliative Care. (2023). <i>Chronic Obstructive Pulmonary Disease (COPD) and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/chronic-obstructive-pulmonary-disease-copd-palliative-care/">https://getpalliativecare.org/whatis/disease-types/chronic-obstructive-pulmonary-disease-copd-palliative-care/</a>
13	<b><i>Colon Cancer and Palliative Care</i></b>	Webpage describing colon cancer and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.	Get Palliative Care. (2023). <i>Colon cancer and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/colon-cancer-palliative-care/">https://getpalliativecare.org/whatis/disease-types/colon-cancer-palliative-care/</a>
14	<b><i>Congestive Heart Failure and Palliative Care</i></b>	Webpage describing congestive heart failure and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.	Get Palliative Care. (2023). <i>Congestive heart failure and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/congestive-heart-failure-palliative-care/">https://getpalliativecare.org/whatis/disease-types/congestive-heart-failure-palliative-care/</a>
15	<b><i>Get Palliative Care: COVID-19</i></b>	This webpage is an overview of important facts and considerations for those with COVID-19 and how palliative care can support patients with this condition. This page also includes patient and caregiver resources including frequently asked questions, tips, and care planning resources.	Get Palliative Care. (2023). <i>COVID-19</i> . <a href="https://getpalliativecare.org/whatis/disease-types/covid-19-and-palliative-care/">https://getpalliativecare.org/whatis/disease-types/covid-19-and-palliative-care/</a>
16	<b><i>Dementia and Palliative Care</i></b>	Webpage describing dementia and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.	Get Palliative Care. (2023). <i>Dementia and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/dementia-palliative-care/">https://getpalliativecare.org/whatis/disease-types/dementia-palliative-care/</a>
17	<b><i>Eosinophil-Associated Disease and Palliative Care.</i></b>	Webpage describing Eosinophil-associated diseases and how palliative care can benefit patients with these conditions. This resource is useful for educating patients and their families.	Get Palliative Care. (2023). <i>Eosinophil-associated disease and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/eosinophil-associated-disease-palliative-care/">https://getpalliativecare.org/whatis/disease-types/eosinophil-associated-disease-palliative-care/</a>
18	<b><i>Head and Neck Cancer and Palliative Care.</i></b>	Webpage describing head and neck cancer and how palliative care can benefit patients with these conditions. This resource is useful for educating patients and their families.	Get Palliative Care. (2023). <i>Head and neck cancer and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/head-neck-cancer-palliative-care/">https://getpalliativecare.org/whatis/disease-types/head-neck-cancer-palliative-care/</a>
19	<b><i>HIV/AIDS and Palliative Care.</i></b>	This webpage gives a brief overview of HIV/AIDS and how palliative care can help alleviate symptoms.	Get Palliative Care. (2023). <i>HIV/AIDS and palliative care</i> . <a href="https://getpalliativecare.org/whatis/disease-types/hiv-aids-palliative-care/">https://getpalliativecare.org/whatis/disease-types/hiv-aids-palliative-care/</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
20	<b>Huntington's Disease and Palliative Care</b>	Webpage describing Huntington's disease and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.
21	<b>Kidney Disease, Kidney Failure and Palliative Care.</b>	This webpage provides an overview of kidney disease, including information on symptoms and treatment as well as how palliative care can help patients with this condition.
22	<b>Leukemia, Lymphoma and Palliative Care</b>	Webpage describing leukemia and lymphoma and how palliative care can benefit patients with these conditions. This resource is useful for educating patients and their families.
23	<b>Liver Disease and Palliative Care</b>	Webpage describing liver disease and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.
24	<b>Lung Cancer and Palliative Care</b>	Webpage describing lung cancer and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.
25	<b>Multiple Myeloma and Palliative Care</b>	A basic informational webpage describing blood cancers and how palliative care can benefit patients and families. Includes a 6-minute audio podcast of a patient's story with palliative care.
26	<b>Multiple Sclerosis and Palliative Care</b>	Webpage describing multiple sclerosis and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.
27	<b>Ovarian Cancer and Palliative Care</b>	A basic informational webpage describing ovarian cancer and how palliative care can benefit patients and families. Includes a 7-minute audio podcast of a patient's story with palliative care.
28	<b>Pancreatic Cancer and Palliative Care</b>	A basic informational webpage describing pancreatic cancer and how palliative care can benefit patients and families.
29	<b>Parkinson's Disease and Palliative Care</b>	This webpage provides an overview of Parkinson's disease and how palliative care can alleviate symptoms and assist in decision making. The page also provides additional resources for how to get palliative care and links for more information.
30	<b>Prostate Cancer and Palliative Care</b>	Webpage describing prostate cancer and how palliative care can benefit patients with this condition. This resource is useful for educating patients and their families.
31	<b>Pulmonary Fibrosis and Palliative Care</b>	This webpage gives a brief pulmonary fibrosis and how palliative care can help alleviate symptoms. This resource is useful for those with a new diagnosis to understand what palliative care can do for them.
32	<b>Sickle Cell Anemia and Palliative Care</b>	This webpage gives a brief overview of sickle cell anemia and how palliative care can help alleviate symptoms. This resource is useful for those with a new diagnosis to understand what palliative care can do for them.
33	<b>Stroke and Palliative Care</b>	This webpage gives a brief overview of stroke and how palliative care can help alleviate symptoms. This resource is useful for those with a new diagnosis to understand what palliative care can do for them.
34	<b>About palliative care</b>	Palliative care is based on the needs of the patient and can be provided at any stage of a serious illness, and studies have shown that it significantly improves patient quality of life and reduces symptom burden.
35	<b>Growth of palliative care in U.S. hospitals</b>	Resource describing the growth of palliative care in U.S. hospitals.
36	<b>Pain Management Glossary</b>	Definitions of different medical terminology regarding pain management for patients with serious conditions.
37	<b>Analgesics Fact Sheet</b>	Useful Analgesics pocket guide for acetaminophen, NSAIDs, opioids, antiepileptics, antidepressants, and corticosteroids. Guide includes when to use, when to avoid, and important notes or key information for each drug type.
38	<b>Wong-Baker FACES Foundation: Instruction for use</b>	Webpage describing the Wong-Baker FACES tool as well as instructions for use in pain assessment.
39	<b>Adapted Opioid Risk Tool</b>	Resource describing the Adapted Opioid Risk tool for screening patients for future opioid use disorder prior to initializing opioid therapy.
40	<b>Palliative Care Per Rectum</b>	This article discusses the use of rectal medications for palliative care patients who cannot take oral medication.

FULL RESOURCE NAME		BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
41	<b>Opioids Commonly Used Terms.</b>	Commonly used medical terms regarding opioids.	Centers for Disease Control and Prevention. (2021, January). <i>Opioids commonly used terms</i> . <a href="https://www.cdc.gov/opioids/basics/terms.html">https://www.cdc.gov/opioids/basics/terms.html</a>
42	<b>HHS Guide for Clinicians on the Appropriate Dosage Reduction or Discontinuation of Long-Term Opioid Analgesic.</b>	Guide for clinicians on dose reduction and discontinuation of long term opioid analgesics.	U.S Department of Health and Human Services (2019, October). <i>HHS guide for clinicians on the appropriate dosage reduction or discontinuation of long-term opioid analgesic</i> . <a href="https://www.hhs.gov/system/files/Dosage_Reduction_Discontinuation.pdf">https://www.hhs.gov/system/files/Dosage_Reduction_Discontinuation.pdf</a>
43	<b>What is Buprenorphine?</b>	Informative webpage on buprenorphine including its uses, how it works, safety, and treatment.	University of Arkansas for Medical Science Psychiatric Research Institute (2023) <i>What is buprenorphine?</i> <a href="https://psychiatry.uams.edu/clinical-care/cast/buprenorphine/">https://psychiatry.uams.edu/clinical-care/cast/buprenorphine/</a>
44	<b>Part 1: Buprenorphine as an Essential Tool for Palliative Care Clinicians</b>	Part 1 of a two part blog post discussing the pharmacology and advantages of buprenorphine as an analgesic with fewer adverse effects than traditional opioid agonists. A case study is presented, and the post explains how buprenorphine works and why it should be considered as an option in palliative care.	Jones, K. F., & Merlin, J. (2022, March) <i>Part 1: Buprenorphine as an essential tool for palliative care clinicians</i> . Center to Advance Palliative Care. <a href="https://www.capc.org/blog/part-1-buprenorphine-as-an-essential-tool-for-palliative-care-clinicians/">https://www.capc.org/blog/part-1-buprenorphine-as-an-essential-tool-for-palliative-care-clinicians/</a>
45	<b>The Ins and Outs of Prescribing Buprenorphine</b>	Final post of a two-part blog series discussing how to prescribe buprenorphine, considerations, and barriers for use.	Jones, K. F., & Merlin, J. (2022, March) <i>Part 2: The ins and outs of prescribing buprenorphine</i> . Center to Advance Palliative Care. <a href="https://www.capc.org/blog/part-2-the-ins-and-outs-of-prescribing-buprenorphine/">https://www.capc.org/blog/part-2-the-ins-and-outs-of-prescribing-buprenorphine/</a>
46	<b>An Honest Look at Marijuana and Its Place in Palliative Care</b>	A webpage describing the place of marijuana in palliative care.	Miller, BJ. (2022, August) <i>An honest look at marijuana and its place in palliative care</i> . Center to Advance Palliative Care. <a href="https://www.capc.org/blog/an-honest-look-at-marijuana-and-its-place-in-palliative-care/">https://www.capc.org/blog/an-honest-look-at-marijuana-and-its-place-in-palliative-care/</a>
47	<b>Anxiety in Patients With Serious Illness. GAD-7 Anxiety Scale</b>	This document provides a validated screening tool for anxiety in people with serious illness.	Center to Advance Palliative Care (2023, March) <i>Anxiety in patients with serious illness</i> . GAD-7 anxiety scale. <a href="https://www.capc.org/documents/download/465/">https://www.capc.org/documents/download/465/</a>
48	<b>Center to Advance Palliative Care: Symptom Management. Glossary</b>	This resource includes common terms and definitions regarding symptom management in palliative care.	Center to Advance Palliative Care (2023, March). <i>Symptom management glossary</i> . <a href="https://www.capc.org/documents/download/51/">https://www.capc.org/documents/download/51/</a>
49	<b>How to Identify and Treat Fatigue in Our Patients with Serious Illness</b>	A web page which explains fatigue etiology, lists tools to use for assessing fatigue, and interventions to help reduce fatigue.	Esch, A. E., & Newman, S. (2023). <i>How to Identify and Treat Fatigue in Our Patients with Serious Illness</i> . <a href="https://www.capc.org/blog/how-to-identify-and-treat-fatigue-in-our-patients-with-serious-illness/">https://www.capc.org/blog/how-to-identify-and-treat-fatigue-in-our-patients-with-serious-illness/</a>
50	<b>Center to Advance Palliative Care: Fertility and Serious Illness: How to Support Patients with Reproductive Concerns</b>	This webpage highlights the importance of discussing fertility and reproduction with patients diagnosed with serious illnesses, particularly for reproductive-aged adults, and how palliative care clinicians can provide support. It discusses the inadequacy of current fertility counseling, the types of distress that can arise, including logistical, ethical, psychosocial, and existential concerns, and suggests an approach to initiate conversations with patients.	Sharpless, J., & Sumser, B. (2022, September). <i>Fertility and serious illness: How to support patients with reproductive concerns</i> . Center to Advance Palliative Care. <a href="https://www.capc.org/blog/fertility-and-serious-illness-how-to-support-patients-with-reproductive-concerns/">https://www.capc.org/blog/fertility-and-serious-illness-how-to-support-patients-with-reproductive-concerns/</a>
51	<b>America's Care of Serious Illness: A State-by-State Report Card on Access to Palliative Care in Our Nation's Hospitals</b>	The 2019 State-by-State Report Card on Access to Palliative Care in Our Nation's Hospitals provides an analysis of whether patients living with a serious illness in the United States are receiving equitable access to palliative care services in hospitals. The report reveals that America's health care delivery system does not currently meet the needs of patients and families living with a serious illness, and sweeping changes in standards of care for the most seriously ill are required if appropriate and effective, value-driven care is to be provided.	Center to Advance Palliative Care and the National Palliative Care Research Center (2019, September). <i>America's care of serious illness: A state-by-state report card on access to palliative care in our nation's hospitals</i> . <a href="https://www.capc.org/documents/download/2/">https://www.capc.org/documents/download/2/</a>
52	<b>Center to Advance Palliative Care: Prescribing Opioids: A reference guide.</b>	The document addresses common opioid doses strengths and availabilities.	Center to Advance Palliative Care (n.d). <i>Prescribing opioids: A reference guide</i> . <a href="https://www.capc.org/documents/download/324/">https://www.capc.org/documents/download/324/</a>
53	<b>Center to Advance Palliative Care: Prescribing Opioids: A Pocket Reference. Equianalgesic Conversion Table</b>	The document provides a pocket reference regarding prescribing opioids and its equianalgesic dose from oral to parenteral.	Center to Advance Palliative Care (n.d). <i>Prescribing opioids: A pocket reference</i> . Equianalgesic conversion table. <a href="https://www.capc.org/documents/download/20/">https://www.capc.org/documents/download/20/</a>
54	<b>Center to Advance Palliative Care: Anxiety in Patients With Serious Illness. PHQ-4 Screening Tool.</b>	A validated screening tool for anxiety in people with serious illness.	Center to Advance Palliative Care. (2023). <i>Anxiety in patients with serious illness</i> . PHQ-4 screening tool. <a href="https://www.capc.org/documents/download/467/">https://www.capc.org/documents/download/467/</a>
55	<b>Anxiety in Palliative Care – Causes and Diagnosis</b>	Webpage provides an overview of anxiety in palliative care, including its prevalence, causes, and diagnosis.	Stoklosa, J., Patterson, K., Rosielle, D. A., & Arnold, M. R. (2015, July) <i>Anxiety in palliative care – causes and diagnosis</i> . Palliative Care Network of Wisconsin. <a href="https://www.mypcnw.org/fast-fact/anxiety-in-palliative-care-causes-and-diagnosis/">https://www.mypcnw.org/fast-fact/anxiety-in-palliative-care-causes-and-diagnosis/</a>
56	<b>Constipation in Patients With Serious Illness Commonly Prescribed Laxatives</b>	Medications and dosing guidance for stimulant and osmotic laxatives.	Center to Advance Palliative Care (2023, March). <i>Constipation in patients with serious illness commonly prescribed laxatives</i> . <a href="https://www.capc.org/documents/download/54/">https://www.capc.org/documents/download/54/</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
57	<b>Fast Facts and Concepts Constipation</b>	Fast fact sheet on the common causes of constipation. Hallenback, J. (2015, May) <i>Constipation. Palliative Care Network of Wisconsin</i> . <a href="https://www.mypcnw.org/wp-content/uploads/2019/01/FF-15-Constipation-3rd-ed.pdf">https://www.mypcnw.org/wp-content/uploads/2019/01/FF-15-Constipation-3rd-ed.pdf</a>
58	<b>Moderating an End-of-Life Family Conference</b>	This one-page document guides healthcare professionals in holding family meetings during which goals can be determined, information about the patient's condition and prognosis can be clarified, treatment options can be discussed, and decisions can be summarized. This approach includes participation in the discussion by all present. Ambuel, B., & Weissman, D. E. (2015, May). <i>Moderating an end-of-life family conference</i> . Palliative Network of Wisconsin. <a href="https://www.mypcnw.org/wp-content/uploads/2019/01/FF-16-Family-Conf.-3rd-ed.pdf">https://www.mypcnw.org/wp-content/uploads/2019/01/FF-16-Family-Conf.-3rd-ed.pdf</a>
59	<b>Palliative Chemotherapy</b>	Fast fact sheet on palliative chemotherapy including an overview and information needed to help patients decide its value for them. Weissman, D. E. (2015, May). <i>Palliative chemotherapy</i> . Palliative Care of Wisconsin. <a href="https://www.mypcnw.org/wp-content/uploads/2019/01/FF-14-Pall-Chemo-3rd-ED.pdf">https://www.mypcnw.org/wp-content/uploads/2019/01/FF-14-Pall-Chemo-3rd-ED.pdf</a>
60	<b>Opioid Induced Constipation Part 1: Established Management</b>	Fast fact sheet on opioid induced constipation, discussing established management strategies. Badke, A. & Rosielle, D. A. (2015). <i>Opioid induced constipation part 1: Established management</i> . Palliative Care of Wisconsin. <a href="https://www.mypcnw.org/wp-content/uploads/2019/03/FF-294-opioid-constipation-.pdf">https://www.mypcnw.org/wp-content/uploads/2019/03/FF-294-opioid-constipation-.pdf</a>
61	<b>Opioid Induced Constipation Part 2: Newer Therapies.</b>	Fast fact sheet on opioid induced constipation, discussing established treatments. Badke, A. & Rosielle, D. A. (2015). <i>Opioid induced constipation part 2: Newer therapies</i> . Palliative Care of Wisconsin. <a href="https://www.mypcnw.org/wp-content/uploads/2019/03/FF-295-opioid-constipation.pdf">https://www.mypcnw.org/wp-content/uploads/2019/03/FF-295-opioid-constipation.pdf</a>
62	<b>Screening for Depression in Palliative Care</b>	A fact sheet which discusses different screening methods and tools available for depression screening for palliative care. Arnold, R. (2015). <i>Screening for Depression in Palliative Care</i> . Palliative Care of Wisconsin. <a href="https://www.mypcnw.org/wp-content/uploads/2019/02/FF-146-Depression-screening-.3rd-Ed.pdf">https://www.mypcnw.org/wp-content/uploads/2019/02/FF-146-Depression-screening-.3rd-Ed.pdf</a>
63	<b>Assessing Depression in Advanced Cancer</b>	This page describes assessment of depression in advanced cancer patients including psychological, physical, and somatic symptoms. Also included are validated screening tools and other etiologies to consider. Warm, E., & Weissman, D. E. (2015, May). <i>Assessing depression in advanced cancer</i> . Palliative Care of Wisconsin. <a href="https://www.mypcnw.org/fast-fact/assessing-depression-in-advanced-cancer/">https://www.mypcnw.org/fast-fact/assessing-depression-in-advanced-cancer/</a>
64	<b>Dignity in Care: Dignity Therapy at End-of-Life</b>	Webpage describing Dignity Therapy, a brief intervention that can help dying patients maintain their sense of dignity by addressing sources of psychosocial and existential distress. Dignity in Care (2022). <i>Dignity therapy at end-of-life</i> . <a href="https://dignityincare.ca/en/dignity-therapy-at-end-of-life.html">https://dignityincare.ca/en/dignity-therapy-at-end-of-life.html</a>
65	<b>Palliative Care Network of Wisconsin: Dyspnea at End-of-Life</b>	This resource provides guidance on etiology, assessment, treatment, and communication about dyspnea at the end of life. Weissman, D. E. (2015, April). <i>Dyspnea at end-of-life</i> . Palliative Care of Wisconsin. <a href="https://www.mypcnw.org/wp-content/uploads/2019/01/FF-27-Dyspnea.-3rd-ed.pdf">https://www.mypcnw.org/wp-content/uploads/2019/01/FF-27-Dyspnea.-3rd-ed.pdf</a>
66	<b>Palliative Care Network of Wisconsin: Nausea and Vomiting: Common Etiologies and Management</b>	This article provides a framework for identifying common causes of nausea and vomiting and management including targeted anti-emetics. Common etiologies of nausea and vomiting are described as well as a recommended approach if no obvious cause of symptoms. Kamell, A., Marks, S., & Hallenbeck, J. (2015). <i>Nausea and Vomiting: Common Etiologies and Management</i> . <a href="https://www.mypcnw.org/wp-content/uploads/2019/01/FF-5-Nausea-and-vomiting-4th-Ed.pdf">https://www.mypcnw.org/wp-content/uploads/2019/01/FF-5-Nausea-and-vomiting-4th-Ed.pdf</a>
67	<b>Palliative Care Network of Wisconsin: Opioids and Nausea</b>	Fast fact sheet on opioid-induced nausea/vomiting. Weissman, D. E. (2015, May). <i>Opioids and nausea</i> . Palliative Care of Wisconsin. <a href="https://www.mypcnw.org/wp-content/uploads/2019/01/FF-25-opioidnausea-3rd-ed.pdf">https://www.mypcnw.org/wp-content/uploads/2019/01/FF-25-opioidnausea-3rd-ed.pdf</a>
68	<b>Palliative Care Network of Wisconsin: Chemotherapy-Induced Nausea and Vomiting</b>	Fast fact sheet on chemotherapy-induced nausea and vomiting (CINV). Information is presented on pathophysiology, guidelines, key points, anticipatory nausea, and breakthrough nausea. Tajeja, N., & Groninger, H. (2015, December). <i>Chemotherapy-induced nausea and vomiting</i> . Palliative Care of Wisconsin. <a href="https://www.mypcnw.org/wp-content/uploads/2019/03/FF-285-chemo-nausea-vomiting-cinv.-3rd-Ed.pdf">https://www.mypcnw.org/wp-content/uploads/2019/03/FF-285-chemo-nausea-vomiting-cinv.-3rd-Ed.pdf</a>
69	<b>Nausea and Vomiting in Patients With Serious Illness Drug Classes and Medications for Treatment of Nausea and Vomiting</b>	A one-page guide on drug classes and medications used for treatment of nausea and vomiting. Drug class, mechanism of action, indications, side effects, medication names, and cost are included in this resource. Center to Advance Palliative Care (2023, March). <i>Drug classes and medications for treatment of nausea and vomiting</i> . <a href="https://www.capc.org/documents/download/50/">https://www.capc.org/documents/download/50/</a>
70	<b>Responding to Emotion-Respecting</b>	A one-page guide for empathetically responding to emotions which arise during serious illness conversations and family meetings. Includes different patient emotions with matched clinician responses based on the NURSE acronym. VITALtalk (n.d). <i>Responding to emotion-respecting</i> . <a href="https://www.vitaltalk.org/guides/responding-to-emotion-respecting/">https://www.vitaltalk.org/guides/responding-to-emotion-respecting/</a>
71	<b>VITALtalk</b>	Webpage compilation of One-page guide resources for conversations with patients with serious illness including guides for serious news, discussing prognosis, goals of care, responding to emotion, family conferences, talking about dying, and defusing conflicts. VITALtalk (n.d). <i>Resources</i> . <a href="https://www.vitaltalk.org/resources/quick-guides/">https://www.vitaltalk.org/resources/quick-guides/</a>
72	<b>Center to Advance Palliative Care: Talking with Patients About Hospice</b>	This resource provides step-wise tips for healthcare professionals to have comfortable and productive conversations with patients and families about transitioning to hospice care, emphasizing the importance of understanding the patient's needs and goals. It also acknowledges the impact of race and culture on patient and family attitudes towards hospice and recommends using language that connects back to what is important to the patient. Center to Advance Palliative Care (2021, February). <i>Talking with patients about hospice</i> . <a href="https://www.capc.org/talking-with-patients-about-hospice/">https://www.capc.org/talking-with-patients-about-hospice/</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
73	<b>Center to Advance Palliative Care: Conversation Script: Talking to Patients About Hospice</b>	Center to Advance Palliative Care (2022, October). <i>Conversation Script: Talking to patients about hospice</i> . <a href="https://www.ccapc.org/conversation-script-talking-to-patients-about-hospice/">https://www.ccapc.org/conversation-script-talking-to-patients-about-hospice/</a>
74	<b>Center to Advance Palliative Care: Conversation Script: Goals of Care</b>	Center to Advance Palliative Care (2022, October). <i>Conversation script: Goals of care</i> . <a href="https://www.ccapc.org/conversation-script-goals-of-care/">https://www.ccapc.org/conversation-script-goals-of-care/</a>
75	<b>Clinical Training Recommendations for Pediatric Registered Nurses Caring for Patients with Serious Illness</b>	Center to Advance Palliative Care (n.d). <i>Clinical Training Recommendations for Pediatric Registered Nurses Caring for Patients with Serious Illness</i> . <a href="https://www.ccapc.org/training-recommendations-pediatrics/registered-nurses/">https://www.ccapc.org/training-recommendations-pediatrics/registered-nurses/</a>
76	<b>Center to Advance Palliative Care: Clinical Training Recommendations for Registered Nurses Caring for Patients with Serious Illness</b>	Center to Advance Palliative Care. (n.d.). <i>Clinical training recommendations for registered nurses caring for patients with serious illness</i> . <a href="https://www.ccapc.org/clinical-training-recommendations-for-all-clinicians-caring-for-patients-with-serious-illness/clinical-training-recommendations-for-registered-nurses-caring-for-patients-with-serious-illness/">https://www.ccapc.org/clinical-training-recommendations-for-all-clinicians-caring-for-patients-with-serious-illness/clinical-training-recommendations-for-registered-nurses-caring-for-patients-with-serious-illness/</a>
77	<b>The Value of Palliative Care</b>	Mittelberger, J. (n.d). <i>The value of palliative care</i> . Center to Advance Palliative Care. <a href="https://www.ccapc.org/the-case-for-palliative-care/">https://www.ccapc.org/the-case-for-palliative-care/</a>
78	<b>Palliative Care Network of Wisconsin: Swallow Studies, Tube Feeding, and the Death Spiral</b>	Weissman, D. E. (2015). <i>Swallow studies, tube feeding, and the death spiral</i> . Palliative Care of Wisconsin. <a href="https://www.mypcnw.org/wp-content/uploads/2019/01/FF84-Swallow-Studies-Tube-Feeding-and-the-Death-Spiral.pdf">https://www.mypcnw.org/wp-content/uploads/2019/01/FF84-Swallow-Studies-Tube-Feeding-and-the-Death-Spiral.pdf</a>
79	<b>Care planning for people with cognitive impairment</b>	Alzheimer's Association (2017, February). <i>Factsheet: Care planning for people with cognitive impairment</i> . Center to Advance Palliative Care. <a href="https://www.ccapc.org/documents/download/66/">https://www.ccapc.org/documents/download/66/</a>
80	<b>The University of Iowa: Pain Assessment in Advanced Dementia (PAINAD)</b>	Pain Assessment IN Advanced Dementia (PAINAD) (2023). <i>The University of Iowa</i> . GeriatricPain.org. <a href="https://geriatricpain.org/painad">https://geriatricpain.org/painad</a>
81	<b>The Global Deterioration Scale for Assessment of Primary Degenerative Dementia</b>	Reisberg, B. (1983). <i>The Global Deterioration Scale for Assessment of Primary Degenerative Dementia</i> . <a href="https://www.fhca.org/members/qi/clinadmin/global.pdf">https://www.fhca.org/members/qi/clinadmin/global.pdf</a>
82	<b>The Case for Hospital Palliative Care</b>	Center to Advance Palliative Care. (2018). <i>The Case for Hospital Palliative Care</i> . <a href="https://www.ccapc.org/documents/download/246/">https://www.ccapc.org/documents/download/246/</a>
83	<b>Lung Foundation Australia: BODE Index for COPD</b>	Lung Foundation Australia. (2023) <i>BODE Index for COPD</i> . <a href="https://pulmonaryrehab.com.au/wp-content/uploads/2022/06/BodeIndexForCOPD.pdf">https://pulmonaryrehab.com.au/wp-content/uploads/2022/06/BodeIndexForCOPD.pdf</a>
84	<b>Center to Advance Palliative Care: The Positive Financial Impact of Hospital Palliative Care</b>	Center to Advance Palliative Care. (n.d). <i>The positive financial impact of hospital palliative care</i> . <a href="https://www.ccapc.org/positive-financial-impact-hospital-palliative-care/">https://www.ccapc.org/positive-financial-impact-hospital-palliative-care/</a>
85	<b>Palliative treatment of chronic breathlessness syndrome: the need for P5 medicine</b>	Janssen, D. J. A. , Johnson, M. J. Palliative treatment of chronic breathlessness syndrome: the need for P5 medicine. <i>Thorax</i> 2020; 75:2-3. <a href="http://dx.doi.org/10.1136/thoraxjnl-2019-214008">http://dx.doi.org/10.1136/thoraxjnl-2019-214008</a>
86	<b>Global Initiative for Chronic Obstructive Lung Disease: Modified MRC (mMRC) Questionnaire.</b>	Global Initiative for Chronic Obstructive Lung Disease (2014). <i>Modified MRC (mMRC) questionnaire</i> . <a href="https://image.slidesharecdn.com/copdupdate2015-150618035823-1va1-app6892/95/copdupdate-2015-26-638.jpg?cb=1434600043">https://image.slidesharecdn.com/copdupdate2015-150618035823-1va1-app6892/95/copdupdate-2015-26-638.jpg?cb=1434600043</a>
87	<b>Stages of Alzheimer's &amp; Dementia: Durations &amp; Scales Used to Measure Progression (GDS, FAST &amp; CDR).</b>	Dementia Care Central (2023, January). <i>Stages of alzheimer's &amp; dementia: Durations &amp; scales used to measure progression (GDS, FAST &amp; CDR)</i> . <a href="https://www.dementiacarecentral.com/aboutdementia/facts/stages/#scales">https://www.dementiacarecentral.com/aboutdementia/facts/stages/#scales</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
88	<b>Center to Advance Palliative Care: Assessing Needs of People Living with Dementia.</b>	Center to Advance Palliative Care (2019). <i>Assessing needs of people living with dementia</i> . <a href="https://www.capc.org/documents/download/550/">https://www.capc.org/documents/download/550/</a>
89	<b>The Changing Nature of the Palliative Nursing in Oncology.</b>	Rosa, B. (2021). <i>The changing nature of the palliative nurse in oncology</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Changing-Nature-of-Palliative-Nursing-in-Oncology-ELNEC.pdf?ver=DoZYGX1jsx8mm6D13QL1zQ%3d%3d">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Changing-Nature-of-Palliative-Nursing-in-Oncology-ELNEC.pdf?ver=DoZYGX1jsx8mm6D13QL1zQ%3d%3d</a>
90	<b>Changing Nature of Palliative Nursing in Oncology.</b>	Rosa, B. (2021) <i>Changing Nature of Palliative Nursing in Oncology</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=GqfMHq1JIXU">https://www.youtube.com/watch?v=GqfMHq1JIXU</a>
91	<b>Clinical Practice Guidelines for Quality Palliative Care – (4th Edition) Why They Are Important to Oncology Primary Palliative Care APRNs.</b>	Ferrell, B. (n.d). <i>Clinical practice guidelines for quality palliative care (4th ed.)</i> . Why they are important to oncology primary palliative care APRNs. <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/NCPGuidelines-BFerrell.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/NCPGuidelines-BFerrell.pdf</a>
92	<b>ELNEC Communication During COVID 19: Supporting a New Graduate</b>	ELNEC (June 18, 2020). <i>ELNEC communication during COVID 19: Supporting a new graduate</i> . [Video]. Youtube. <a href="https://youtube.com/watch?v=u9WdW-TxxxQ">https://youtube.com/watch?v=u9WdW-TxxxQ</a>
93	<b>Palliative care concerns in the older adult</b>	Chien, L. (n.d). <i>Palliative care concerns in the older adult</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Palliative-Care-Concerns-in-the-Older-Adult.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Palliative-Care-Concerns-in-the-Older-Adult.pdf</a>
94	<b>ELNEC COVID-19 Communication Resource Guide Supporting a New Graduate Nurse Colleague.</b>	End-of-Life Nursing Education Consortium. <i>Advancing Palliative Care (2020). ELNEC COVID-19 Communication Resource Guide</i> . Supporting a new graduate nurse colleague. <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-SUPPORTING-A-NEW-GRADUATE.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-SUPPORTING-A-NEW-GRADUATE.pdf</a>
95	<b>ELNEC-Oncology APRN Webinar: Self-Care.</b>	End-of-Life Nursing Education Consortium. <i>Advancing Palliative Care (September 2018). ELNEC-Oncology APRN webinar: Self-Care</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/self-care-webinar-additional-info.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/self-care-webinar-additional-info.pdf</a>
96	<b>Palliative Care and Cancer Survivorship: They Work Together</b>	Economou, D. (n.d). <i>Palliative care and cancer survivorship: They work together</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Palliative-Care-Cancer-Survivorship.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Palliative-Care-Cancer-Survivorship.pdf</a>
97	<b>Cancer Pain Control During an Opioid Epidemic.</b>	Paice, J. A. (2019). <i>Cancer Pain Control During an Opioid Epidemic</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Cancer-Pain-Opioid-Epidemic.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Cancer-Pain-Opioid-Epidemic.pdf</a>
98	<b>MUSC Palliative Care: Legacy Work.</b>	Bullington, J (n.d). <i>MUSC Palliative Care: Legacy Work</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Transforming-grief-at-the-bedside.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Transforming-grief-at-the-bedside.pdf</a>



FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
<b>99</b> <b>ELNEC COVID-19 Communication Resource Guide</b> <i>Helping Families Saying Goodbye Virtually to Loved Ones in the Nursing Home and Hospital</i>	A communication resource guide created by the AACN to support nurses in their role of helping families to say goodbye with available resources when family is not able to visit in person.	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>ELNEC COVID-19 Communication Resource Guide</i> . Helping Families Saying Goodbye Virtually to Loved Ones in the Nursing Home and Hospital. <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/saying-goodbye-virtually-guide.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/saying-goodbye-virtually-guide.pdf</a>
<b>100</b> <b>Final Hours. Adapted for COVID-19 Crisis.</b>	This PowerPoint presentation discusses care of the dying during the COVID-19 pandemic and special considerations for caring for patients in a time of limited interdisciplinary team support and resources.	End-of-Life Nursing Education Consortium. Advancing Palliative Care (n.d.). <i>Final Hours. Adapted for COVID-19 Crisis</i> . <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/Final-Hours-Adapted-Coronavirus.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/Final-Hours-Adapted-Coronavirus.pdf</a>
<b>101</b> <b>ELNEC COVID-19 Communication Resource Guide.</b> <b>Role of the Palliative Nurse in Cultural Issues around COVID-19</b>	Resource that highlights the inequities in health care that have been magnified during the COVID-19 pandemic, particularly for marginalized and at-risk populations. Furthermore, suggestions for preparing and having conversations about COVID-19 vaccinations with palliative patients and their families are offered.	End-of-Life Nursing Education Consortium. Advancing Palliative Care (February 10, 2021). <i>ELNEC COVID-19 Communication Resource Guide</i> . Role of the Palliative Nurse in Cultural Issues around COVID-19 Vaccination. <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/Cultural-Issues-around-Vaccination.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/Cultural-Issues-around-Vaccination.pdf</a>
<b>102</b> <b>End of Life Issues for Veterans</b>	Slideshow presenting information on the impact of military service on care needs of dying veterans and specialty considerations of caring for this population.	Wholian, D. (n.d.). <i>End of Life Issues for Veterans</i> . <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/EOL-Veterans-Slides.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/EOL-Veterans-Slides.pdf</a>
<b>103</b> <b>Reflections of Advanced Practice Palliative Nursing Across the US.</b>	Presentation reflecting upon the successes and struggles of advanced practice palliative nursing across the United States.	Dahlin, C. (n.d.). <i>Reflections of Advanced Practice Palliative Nursing Across the US</i> . <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/APP-Across-US-Dahlin.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/APP-Across-US-Dahlin.pdf</a>
<b>104</b> <b>Dealing with the grief created by the coronavirus pandemic.</b>	The COVID-19 pandemic has created new challenges for healthcare systems, with strict guidelines for family visitation due to the risk of viral spread, leaving patients to die alone and families having to say goodbye virtually. The pandemic has also created a traumatic experience for many, with different phases of impact, rescue, and recovery, and unique cultural needs must be considered, such as those of Native Americans and those with disabilities, with specific resources available to support children and adolescents suffering from anxiety.	Mazanec, P (2020). <i>Dealing with the grief created by the coronavirus pandemic</i> . Relias. <a href="https://www.relias.com/blog/dealing-with-grief-created-by-coronavirus">https://www.relias.com/blog/dealing-with-grief-created-by-coronavirus</a>
<b>105</b> <b>Assisting Children Whose Family Member is Dying of Cancer: Opportunities for Primary Palliative Nurses.</b>	This text discusses the role of a Palliative Care APRN in caring for children of dying patients, including communication strategies and legacy building activities appropriate for different developmental stages. A case study is presented, along with key questions to consider, the 3 C's children may ask, and strategies to maximize coping at different developmental stages. The importance of utilizing a developmental approach and partnering with Child Life Specialists and Clinical Social Workers is emphasized.	Thaxton, C., A., Knefley, C. (n.d). <i>Assisting Children Whose Family Member is Dying of Cancer: Opportunities for Primary Palliative Nurses</i> . <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/Assisting-Children-Whose-Family-Member-is-Dying-of-Cancer.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/Assisting-Children-Whose-Family-Member-is-Dying-of-Cancer.pdf</a>
<b>106</b> <b>How to Change a Culture to Make It Easier to Promote and Provide Palliative Care.</b>	Slideshow of information related to the benefits of palliative care and how to change culture to promote palliative care.	Coyne, P. J. (n.d.). <i>How to Change a Culture to Make It Easier to Promote and Provide Palliative Care</i> . <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/Coyne-Culture-Change.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/Coyne-Culture-Change.pdf</a>
<b>107</b> <b>Caring for the Person: LGBTQIA+ Palliative Care.</b>	Slideshow addressing the unique needs of LGBTQIA+ patients in healthcare. It includes definitions of terms, advice on how to ask patients about their identity, tips on communication and relationship building, and the importance of building trust with the patient.	Schroeder, K (n.d.). <i>Caring for the Person: LGBTQIA+ Palliative Care</i> . <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/LGBTQIA-Palliative-care.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/LGBTQIA-Palliative-care.pdf</a>
<b>108</b> <b>Self-Care: When, Why, &amp; How?</b>	This PowerPoint presentation discusses the challenges of self-care for nurses who prioritize caring for others over themselves, especially in the face of COVID-19. It highlights the stress and anxiety associated with balancing work and personal life, describes the risks faced by nurses in hospice and palliative care settings, and emphasizes the importance of building nurse resilience through personal self-care plans. The presentation also covers manifestations of stress and suggests ways to differentiate compassion fatigue from burnout.	Fennimore, L. (n.d.). <i>The End-of-Life Nursing Education Consortium. Self-Care: When, Why, &amp; How?</i> <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/EOA-Webinar-Self-Care.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/EOA-Webinar-Self-Care.pdf</a>
<b>109</b> <b>Communication with Diverse Populations</b>	This ELNEC PDF 20-slide set presents best practices for communicating with patients of diverse populations including an overview of cultural humility in clinical encounters. The slides can be integrated with lecture content or serve as the basis for developing learning activities.	Dahlin, C. (n.d). <i>Communication with Diverse Populations</i> . <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/Communication-with-Diverse-Populations.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/Communication-with-Diverse-Populations.pdf</a>
<b>110</b> <b>Communication Guide for Nurses and Others During COVID-19</b>	A communication resource for nurses during the COVID-19 pandemic including recommendations for conducting family meetings, discussing goals, communicating hope, and language to use in goals of care discussions.	End-of-Life Nursing Education Consortium. Advancing Palliative Care (n.d.). <i>Communication Guide for Nurses and Others During COVID-19</i> . <a href="https://www.aacnursing.org/Portals/42/ELNEC/PDF/ELNEC-Communication-Guide-During-COVID-19.pdf">https://www.aacnursing.org/Portals/42/ELNEC/PDF/ELNEC-Communication-Guide-During-COVID-19.pdf</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
111	<b>Racial &amp; Ethnic Disparities Associated with COVID-19: A Crisis Within a Crisis</b>	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>Racial &amp; Ethnic Disparities Associated with COVID-19: A Crisis Within a Crisis</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Racial-Ethnic-Disparities-Associated-with-COVID-19.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Racial-Ethnic-Disparities-Associated-with-COVID-19.pdf</a>
112	<b>Creating Joy and Resilience in Times of Uncertainty</b>	Long, C. O. (May 12, 2020). <i>Creating Joy and Resilience in Times of Uncertainty</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Creating-Joy-Resilience-in-Times-of-Uncertainty.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Creating-Joy-Resilience-in-Times-of-Uncertainty.pdf</a>
113	<b>ELNEC COVID-19 Communication Resource Guide. Advance Care Planning – In the Acute Setting and the Community.</b>	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>ELNEC COVID-19 Communication Resource Guide. Advance Care Planning – In the Acute Setting and the Community</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Advanced-Care-Planning-Resource-Guide.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Advanced-Care-Planning-Resource-Guide.pdf</a>
114	<b>ELNEC COVID-19 Communication Resource Guide. Goals of Care – in the Acute Care Setting.</b>	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>ELNEC COVID-19 Communication Resource Guide. Goals of Care – in the Acute Care Setting</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Goals-of-Care-Resource-Guide.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Goals-of-Care-Resource-Guide.pdf</a>
115	<b>Nurses Change Lives</b>	Johnson and Johnson (September 17, 2018). <i>Nurses Change Lives: Two Minute Version</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=DuyBqnl5BBk">https://www.youtube.com/watch?v=DuyBqnl5BBk</a>
116	<b>A Celebration of Nurses.</b>	American Nurse Project (April 23, 2020). <i>A Celebration of Nurses</i> . [Video]. Vimeo. <a href="https://vimeo.com/411150034">https://vimeo.com/411150034</a>
117	<b>Celebrating Nurses During the COVID-19 Pandemic</b>	End-of-Life Nursing Education Consortium (2020, July 12). <i>Celebrating Nurses During the COVID-19 Pandemic</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=FsQaUU67tU">https://www.youtube.com/watch?v=FsQaUU67tU</a>
118	<b>ELNEC COVID-19 Communication Resource Guide. Using the Video Vignettes for Teaching.</b>	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>ELNEC COVID-19 Communication Resource Guide. Using the Video Vignettes for Teaching</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Using-Video-Vignettes-Resource-Guide.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Using-Video-Vignettes-Resource-Guide.pdf</a>
119	<b>ELNEC COVID-19 Communication Resource Guide. An APRN Telephone Death Notification to Family Tool.</b>	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>ELNEC COVID-19 Communication Resource Guide. An APRN Telephone Death Notification to Family Tool</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/APRN-Death-Notification-Resource-Guide.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/APRN-Death-Notification-Resource-Guide.pdf</a>
120	<b>ELNEC Final Hours COVID-19</b>	End-of-Life Nursing Education Consortium (2020, July 12). <i>ELNEC Final Hours COVID-19</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=HkH-354rTck">https://www.youtube.com/watch?v=HkH-354rTck</a>
121	<b>ELNEC Final Hours- Adapted for COVID-19 Crisis</b>	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>ELNEC Final Hours- Adapted for COVID-19 Crisis</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Final-Hours-COVID-19-Outline-and-References.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Final-Hours-COVID-19-Outline-and-References.pdf</a>
122	<b>Final Hours. Supplemental Materials: Physical Signs, Symptoms and Interventions of the Actively Dying</b>	End-of-Life Nursing Education Consortium. (2020). <i>Final Hours. Supplemental Materials. Physical Signs, Symptoms and Interventions of the Actively Dying</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Final-Hours-of-Life-Supplemental.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Final-Hours-of-Life-Supplemental.pdf</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
123 <i>Licensed Nursing Staff: Caring for Older Adults in Long-term Care During the Pandemic</i>	This article discusses the current COVID-19 pandemic, its impact on older adults and those in long-term care settings, the importance of palliative care, communication, and interventions to address physical, psychosocial, and spiritual well-being, goals of care and advance care planning, key strategies to support families and nursing staff, and nursing care interventions during final days and at the time of death. It emphasizes the need for compassionate care, effective communication, and person-centered care to maximize quality of life.	Long, C. O. (n.d.). <i>Licensed Nursing Staff: Caring for Older Adults in Long-term Care During the Pandemic</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/licensed-staff-older-adults.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/licensed-staff-older-adults.pdf</a>
124 <i>Unlicensed Staff: Caring for Older Adults in Long Term Care during the Pandemic</i>	The presentation is about unlicensed staff caring for older adults during the COVID-19 pandemic. The presenter discusses the risk of COVID-19 for older adults, the importance of communication in care practices, and the need for palliative care and goals of care for those approaching death.	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>Unlicensed Staff: Caring for Older Adults in Long Term Care during the Pandemic</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=l8_oqwWz_W0">https://www.youtube.com/watch?v=l8_oqwWz_W0</a>
125 <i>Licensed Nursing Staff: Caring for Older Adults in Long Term Care during the Pandemic</i>	The presentation discusses the role of nursing staff in providing palliative care for older adults living in long-term care settings during the COVID-19 pandemic. The presentation covers various topics, including the risk of COVID-19 for older adults, palliative care needs, components of palliative care, communication and interventions, goals of care, advance care planning, strategies to support families and nursing staff, and nursing care interventions during the final days and at the time of death.	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>Licensed Nursing Staff: Caring for Older Adults in Long Term Care during the Pandemic</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=qYLRtw7uVMo">https://www.youtube.com/watch?v=qYLRtw7uVMo</a>
126 <i>ELNEC Communication During COVID 19: Introduction to Resources</i>	The ELNEC Covid-19 resources on communication aim to provide nursing-specific support and education to nurses on the front line through short video vignettes and how-to guides, vetted by nurses, focusing on six common areas requiring communication support. Nurses are encouraged to visit the ELNEC website and provide feedback on how the resources were used.	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>ELNEC Communication During COVID 19: Introduction to Resources</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=kW96xJGAmi8">https://www.youtube.com/watch?v=kW96xJGAmi8</a>
127 <i>ELNEC Communication During COVID 19: APRN Death Notification.</i>	The video vignette discusses a death notification call, where a nurse practitioner informs Maria Smith of her grandfather's death and offers support. The nurse practitioner emphasizes the importance of delivering news empathetically and considering the complexities of grief and loss, especially during the pandemic.	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020). <i>ELNEC Communication During COVID 19: APRN Death Notification</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=Kzqb7xq3W7A">https://www.youtube.com/watch?v=Kzqb7xq3W7A</a>
128 <i>ELNEC Communication During COVID 19: ACP and Information</i>	The video vignette features a nurse, Marion, confirming the surrogate decision-maker and providing updates on the condition of Elizabeth, a 46-year-old woman who tested positive for COVID-19 and is on a ventilator. Caroline, Elizabeth's niece and surrogate decision-maker, receives the information and is prompted to think about the goals of care.	End-of-Life Nursing Education Consortium. Advancing Palliative Care (2020, June 18). <i>ELNEC Communication During COVID 19: ACP and Information</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=6VhPuwr-zMA">https://www.youtube.com/watch?v=6VhPuwr-zMA</a>
129 <i>ELNEC Communication During COVID 19: Helping Families Say Goodbye</i>	Nurses are helping families find ways to have closure virtually due to visitor restrictions during the COVID-19 pandemic. Sandy, a nurse, is calling Terry, whose mother is not showing any improvement after being on a ventilator for over four weeks, to discuss planning a virtual goodbye that will offer the family some peace and comfort in losing their mother.	End-of-Life Nursing Education Consortium (2020, July 12). <i>ELNEC Communication During COVID 19: Helping Families Say Goodbye</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=U2fevRbFBLk">https://www.youtube.com/watch?v=U2fevRbFBLk</a>
130 <i>ELNEC Communication During COVID-19: Goals of Care</i>	The video vignette is about a conversation between a palliative care nurse and a patient's mother about the patient's advancing colon cancer and the need for further treatment and care under the palliative care team. The nurse discusses the challenges of managing the patient's pain and breathing, and the need for a serious conversation about the patient's illness and where they are going.	End-of-Life Nursing Education Consortium (2020, July 13). <i>ELNEC Communication During COVID-19: Goals of Care</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=K4bNID9SvoU">https://www.youtube.com/watch?v=K4bNID9SvoU</a>
131 <i>ELNEC Communication During COVID 19 RN Follow Up of Goals of Care</i>	The video vignette features a nurse, Laura, who follows up with Sam, the granddaughter of Dane Smith, who is a patient in the hospital. Two days prior, a physician had a goals of care conversation with Sam, during which she stated that her grandfather wanted everything done if something were to happen to him. Dane's condition has worsened, and he is still on a ventilator. Laura will ask Sam about her conversation with the physician and provide her with information to help her and her family make decisions about her grandfather's care.	End-of-Life Nursing Education Consortium (2021, April 23). <i>ELNEC Communication During COVID 19 RN Follow Up of Goals of Care</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=3osoo-528Bk">https://www.youtube.com/watch?v=3osoo-528Bk</a>
132 <i>Loss, grief, and bereavement</i>	This article addresses the need for nurses to prepare family for the process of dying, and utilizes a case study to exemplify this idea, providing useful information about the process of dying by body system, as well as nursing interventions for spiritual care of the family and the dying patient..	End-of-Life Nursing Education Consortium (2020). <i>Loss, grief, and bereavement</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Loss-Grief-Bereavement-in-a-Pandemic-Supplemental.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Loss-Grief-Bereavement-in-a-Pandemic-Supplemental.pdf</a>
133 <i>Loss, Grief, &amp; Bereavement adapted for COVID-19</i>	This video discusses how grief and bereavement have been affected by the COVID-19 pandemic. The speaker notes that COVID-19 has complicated what is considered normal grief and loss experiences, making it difficult to ensure good follow-up for family members after they lose their loved ones. The pandemic has also increased the risk of complicated grief due to sudden unexpected deaths, multiple losses, and the inability to hold normal funeral services.	End-of-Life Nursing Education Consortium (2020, April 25). <i>Loss, Grief, &amp; Bereavement adapted for COVID-19</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=eQndn1lcm3s">https://www.youtube.com/watch?v=eQndn1lcm3s</a>

	<b>FULL RESOURCE NAME</b>	<b>BRIEF DESCRIPTION</b>	<b>FULL APA 7TH ED. REFERENCE</b>
134	<b><i>Dealing with Loss, Grief, and Bereavement in a Pandemic</i></b>	The article discusses the impact of the pandemic on loss, grief, and bereavement, and how it complicates the normal grieving process. It also suggests ways to support patients, families, and caregivers during this time, including referrals to grief support programs and connecting with loved ones through technology.	End-of-Life Nursing Education Consortium (n.d.). <i>Dealing with Loss, Grief, and Bereavement in a Pandemic</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Loss-Grief-Bereavement-in-a-Pandemic-Module.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Loss-Grief-Bereavement-in-a-Pandemic-Module.pdf</a>
135	<b><i>WEBINAR: Complicated Grief and Loss: Uncharted Territory With COVID-19.</i></b>	This webinar discusses the impact of the COVID-19 pandemic on the grieving process for patients, families, and healthcare professionals. The webinar concludes with recommendations for respecting CDC guidelines, advocating for hospice referral, and using technology to facilitate communication and provide reassurance.	Mazanec, P (n.d.). <i>WEBINAR: Complicated Grief and Loss: Uncharted Territory With COVID-19</i> . RELIAS. <a href="https://www.relias.com/resource/complicated-grief-and-loss-with-covid-19?aliId=1">https://www.relias.com/resource/complicated-grief-and-loss-with-covid-19?aliId=1</a>
136	<b><i>Nurse Coaching Process to Support Bereaved Staff.</i></b>	The infographic provides tips for leaders to support staff during difficult times, such as COVID-19. It suggests starting with the staff's agenda and tracking emotional and cognitive data. The infographic also provides resources for managing grief during COVID-19.	End-of-Life Nursing Education Consortium (n.d.). <i>Nurse Coaching Process to Support Bereaved Staff</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nurse-Coaching-Process-Infographic.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nurse-Coaching-Process-Infographic.pdf</a>
137	<b><i>A Clinical Leader's Guide to Support Bereaved Staff During COVID-19.</i></b>	Slideshow presentation of the information from the webinar, <i>A Clinical Leader's Guide to Support Bereaved Staff During COVID-19</i> . Presentation discusses the impact of COVID-19 on mental health and introduces coaching tools for staff debriefing.	End-of-Life Nursing Education Consortium (n.d.). <i>A Clinical Leader's Guide to Support Bereaved Staff During COVID-19</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/support-bereaved-staff-slides.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/support-bereaved-staff-slides.pdf</a>
138	<b><i>A Clinical Leader's Guide to Support Bereaved Staff During COVID-19</i></b>	This webinar is focused on providing a guide for clinical leaders to support their bereaved staff during the COVID-19 pandemic. The presenter, Billy Rosa, discusses the impact of COVID-19 on the health and well-being of nurses, introduces the nurse coaching process as a tool for leading staff debriefing, and applies certain concepts from the nurse coaching approach to support staff during and after the pandemic.	End-of-Life Nursing Education Consortium (2020, August). <i>A Clinical Leader's Guide to Support Bereaved Staff During COVID-19</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=GA0q94Jlxn4">https://www.youtube.com/watch?v=GA0q94Jlxn4</a>
139	<b><i>Assisting Children Whose Family Member is Sick or Dying of COVID-19</i></b>	Slideshow presentation discusses the role of bedside nurses in caring for children of dying patients during the COVID-19 crisis. It covers the developmental stages of children, communication strategies, legacy building activities, and key questions to consider. Specific strategies to maximize coping for children in different age groups, including infants, toddlers and preschoolers, school-aged children, and adolescents is also included.	End-of-Life Nursing Education Consortium (n.d.). <i>Assisting Children Whose Family Member is Sick or Dying of COVID-19</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Adult-Patients-with-Children-who-Need-Support.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Adult-Patients-with-Children-who-Need-Support.pdf</a>
140	<b><i>Assisting Children Whose Family Member is Sick or Dying of COVID 19</i></b>	Video presentation by Dr. Cheryl Thaxton on how nurses can support children whose family member is sick or dying of COVID-19. The presentation covers the role of the nurse in caring for children, communication strategies to provide emotional support, developmental stages of children, and identifying legacy building activities.	End-of-Life Nursing Education Consortium (2020, August). <i>Assisting Children Whose Family Member is Sick or Dying of COVID 19</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=wCp2jNU5wY">https://www.youtube.com/watch?v=wCp2jNU5wY</a>
141	<b><i>Goals of Care Discussions for Caregivers of COVID- 19 Patients – Support for Pediatric Patients</i></b>	Slideshow presentation of goals of care discussions for caregivers of pediatric patients with COVID-19. Presented is information on communication, the SPIKES protocol for delivering bad news, discussing expectations, as well as tips for communicating with children.	End-of-Life Nursing Education Consortium (n.d.). <i>Goals of Care Discussions for Caregivers of COVID- 19 Patients – Support for Pediatric Patients</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Goals-of-Care-for-Pediatric-Patients.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Goals-of-Care-for-Pediatric-Patients.pdf</a>
142	<b><i>Goals of Care for COVID-19 Pediatric Patients</i></b>	This is a recorded video presentation about goals of care discussions for caregivers of pediatric COVID-19 patients, discussing current findings related to pediatric patients impacted by COVID-19, the role of the bedside nurse in goals of care discussions, and communication strategies to provide emotional support for families. The presentation also includes a case study and key questions to consider before a meeting with the family.	End-of-Life Nursing Education Consortium (2020, October). <i>Goals of Care for COVID-19 Pediatric Patients</i> . [Video]. YouTube. <a href="https://www.youtube.com/watch?v=kS8hnb5Val">https://www.youtube.com/watch?v=kS8hnb5Val</a>
143	<b><i>Nurses Providing Palliative Care Amidst a Disaster</i></b>	The article discusses how nurses have historically played a leading role during disasters, including infectious disease pandemics, and emphasizes the importance of palliative care during disaster response. The article highlights best practices for prevention, mitigation, response, and recovery, and stresses the need for palliative care to manage physical, psychological, social, and spiritual suffering to optimize the quality of life for patients, families, and caregivers.	End-of-Life Nursing Education Consortium (n.d.). <i>Nurses Providing Palliative Care Amidst a Disaster</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nurses-Providing-Palliative-Care-Amidst-a-Disaster.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nurses-Providing-Palliative-Care-Amidst-a-Disaster.pdf</a>
144	<b><i>Primary Palliative Oncology Nursing Overview</i></b>	This guide aims to provide oncology nurses with primary palliative care skills to ensure patient-centered care for COVID-19 positive adult patients with cancer, who are vulnerable to serious COVID-19 symptoms and physical decline.	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Overview.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Overview.pdf</a>
145	<b><i>Primary Palliative Oncology Nursing. Domain 1: Structure and Processes of Care.</i></b>	The infographic discusses primary palliative oncology nursing and how palliative care is integrated into any setting and supported by an interdisciplinary team. The infographic also provides assessment considerations, questions for patients/families, and additional suggestions for clinical practice.	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing. Domain 1: Structure and Processes of Care</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-1.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-1.pdf</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
146 <i>Primary Palliative Oncology Nursing. Domain 2: Physical Aspects Care.</i>	The infographic emphasizes the importance of a holistic approach to physical care, collaboration among teams, and patient-centered symptom management. It also highlights the challenges posed by the COVID-19 pandemic, such as the need for re-evaluation of symptom management and the potential for undertreatment due to COVID-19 concerns.	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing. Domain 2: Physical Aspects of Care.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-2.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-2.pdf</a>
147 <i>Primary Palliative Oncology Nursing. Domain 3: Psychological and Psychiatric Aspects of Care.</i>	This infographic presents information about psychological and psychiatric aspects of care including isolation, wellbeing, mental health, goals of care, and support mechanisms. Assessment considerations, suggestions for clinical practice, and questions for the patient and family are included.	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing. Domain 3: Psychological and Psychiatric Aspects of Care.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-3-Infographic.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-3-Infographic.pdf</a>
148 <i>Primary Palliative Oncology Nursing. Domain 4: Social Aspects of Care.</i>	This infographic presents information about social aspects of care including social determinants for health, social factors, environmental factors, and social functioning. Assessment considerations, suggestions for clinical practice, and questions for the patient and family are included.	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing. Domain 4: Social Aspects of Care.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-4-Infographic.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-4-Infographic.pdf</a>
149 <i>Primary Palliative Oncology Nursing. Domain 5: Spiritual, Religious, and Existential Aspects of Care.</i>	This infographic presents information about spiritual, religious and existential aspects of care for nurses working with seriously ill patients and families. While created for use in the oncology setting during the COVID-19 pandemic, this guide is applicable across illnesses and settings, as it describes the role of spiritual care, considerations, and nursing assessment questions for the patient and family.	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing. Domain 5: Spiritual, Religious, and Existential Aspects of Care.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-5.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-5.pdf</a>
150 <i>Primary Palliative Oncology Nursing. Domain 6: Cultural aspects of care</i>	This infographic presents information about cultural aspects of care for oncology nursing. Included is information on assessment considerations, suggestions for clinical practice, and questions for the patient and family.	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing. Domain 6: Cultural Aspects of Care.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-6.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-6.pdf</a>
151 <i>Primary Palliative Oncology Nursing. Domain 7: Care for the patient nearing the end of life.</i>	This infographic presents information about care for the patient nearing the end of life for oncology nursing	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing. Domain 7: Care for the patient nearing the end of life.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-7.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-7.pdf</a>
152 <i>Primary Palliative Oncology Nursing. Domain 8: Ethical and legal aspects of care</i>	This infographic presents information about ethical and legal aspects of care for oncology nursing	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing. Domain 8: Ethical and Legal Aspects of Care.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-8.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Domain-8.pdf</a>
153 <i>Primary Palliative Oncology Nursing. Considering Suffering</i>	This infographic presents information about suffering for oncology nursing including special considerations and nursing interventions to alleviate suffering.	End-of-Life Nursing Education Consortium (n.d.). <i>Primary Palliative Oncology Nursing. Considering Suffering.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Suffering.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Primary-Palliative-Care-Suffering.pdf</a>
154 <i>Self-care Strategies to Deal with Moral Distress &amp; Compassion Fatigue Helping Nurses During the Coronavirus Crisis</i>	The ELNEC module addresses the need for self-care and support for nurses dealing with the emotional toll of COVID-19, including moral distress and compassion fatigue. The hazards in the “helping professions” are compounded by the pandemic and can cause burnout, compassion fatigue, and moral distress.	End-of-Life Nursing Education Consortium (n.d.). <i>Self-care Strategies to Deal with Moral Distress &amp; Compassion Fatigue. Helping Nurses During the Coronavirus Crisis.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Moral-Distress-Presentation.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Moral-Distress-Presentation.pdf</a>
155 <i>Exercise &amp; Spiritual Practice for Stress Reduction, Health and Well Being.</i>	This resource discusses self care, exercise, and spirituality practices such as meditation to reduce stress and anxiety and contribute to overall well-being.	End-of-Life Nursing Education Consortium (2020). <i>Exercise &amp; Spiritual Practice for Stress Reduction, Health and Well Being.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Supplemental-Materials-for-Self-Care.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/ELNEC-Supplemental-Materials-for-Self-Care.pdf</a>
156 <i>Nonpharmacologic management: meditation / mindfulness apps.</i>	This resource discusses several mindfulness and meditation apps that are available including Calm, Headspace, and Stop Breathe & Think, which can help users reduce stress and increase overall well-being.	End-of-Life Nursing Education Consortium (2020, June). <i>Nonpharmacologic management: Meditation/mindfulness apps.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Meditation-and-Mindfulness-Apps.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Meditation-and-Mindfulness-Apps.pdf</a>
157 <i>Palliative Nursing: The core of COVID-19.</i>	This infographic presents information about the role of the nurse in providing palliative nursing during COVID-19 in a range of settings.	End-of-Life Nursing Education Consortium (n.d.). <i>Palliative Nursing: The core of COVID-19.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Palliative-Nursing-The-Core-of-COVID-Care.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Palliative-Nursing-The-Core-of-COVID-Care.pdf</a>
158 <i>Nursing management of pain in people with COVID-19</i>	This infographic presents information about nursing management of pain in people with COVID-19 including pharmacologic and non-pharmacologic interventions.	End-of-Life Nursing Education Consortium (2020, May). <i>Nursing management of pain in people with COVID-19.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nursing-Care-of-Pain-in-People-with-COVID.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nursing-Care-of-Pain-in-People-with-COVID.pdf</a>
159 <i>Nursing management of dyspnea in people with COVID-19.</i>	This infographic presents information about nursing management of dyspnea in people with COVID-19.	End-of-Life Nursing Education Consortium (2020). <i>Nursing management of dyspnea in people with COVID-19.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nursing-Management-of-Dyspnea-in-People-with-COVID-19.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nursing-Management-of-Dyspnea-in-People-with-COVID-19.pdf</a>
160 <i>Nursing management of cough in people with COVID-19</i>	This infographic presents information about nursing management of cough in people with COVID-19.	End-of-Life Nursing Education Consortium (2020). <i>Nursing management of cough in people with COVID-19.</i> <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nursing-Management-of-Cough-in-People-with-COVID-19.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Nursing-Management-of-Cough-in-People-with-COVID-19.pdf</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
161	<b>Nursing management of anxiety in people with COVID-19 (or those worried about becoming infected)</b>	End-of-Life Nursing Education Consortium (2020). <i>Nursing management of anxiety in people with COVID-19 (or those worried about becoming infected)</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/symp-tom-management-anxiety.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/symp-tom-management-anxiety.pdf</a>
162	<b>Nursing management of delirium in people with COVID-19.</b>	End-of-Life Nursing Education Consortium (2020). <i>Nursing management of delirium in people with COVID-19</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Management-of-Delirium-People-with-COVID-19.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Management-of-Delirium-People-with-COVID-19.pdf</a>
163	<b>Nursing management of people with long haul COVID</b>	End-of-Life Nursing Education Consortium (n.d.). <i>Nursing management of people with long haul COVID</i> . <a href="https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Management-of-Long-Haul-COVID.pdf">https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Management-of-Long-Haul-COVID.pdf</a>
164	<b>An overview of palliative nursing care</b>	Ferrell, B. R., & Coyle, N. (2002). An overview of palliative nursing care. <i>The American Journal of Nursing</i> , 102(5), 26–32. <a href="https://doi.org/10.1097/00000446-200205000-00030">https://doi.org/10.1097/00000446-200205000-00030</a>
165	<b>Difficulties in managing pain at the end of life.</b>	Panke J. T. (2002). <i>Difficulties in managing pain at the end of life</i> . <i>The American Journal of Nursing</i> , 102(7), 26–34. <a href="https://doi.org/10.1097/00000446-200207000-00033">https://doi.org/10.1097/00000446-200207000-00033</a>
166	<b>Symptom management in people with AIDS</b>	Coyne, P. J., Lyne, M. E., & Watson, A. C. (2002). Symptom management in people with AIDS. <i>The American Journal of Nursing</i> , 102(9), 48–57. <a href="https://doi.org/10.1097/00000446-200209000-00035">https://doi.org/10.1097/00000446-200209000-00035</a>
167	<b>Managing psychological conditions in palliative care.</b>	Paice, J. A. (2002). Managing psychological conditions in palliative care. <i>American Journal of Nursing</i> , 102(11), 36–43. <a href="https://doi.org/10.1097/00000446-200211000-00023">https://doi.org/10.1097/00000446-200211000-00023</a>
168	<b>Cultural considerations in end-of-life care: how ethnicity, age, and spirituality affect decisions when death is imminent.</b>	Mazanec, P., & Tyler, M. K. (2003). Cultural considerations in end-of-life care: How ethnicity, age, and spirituality affect decisions when death is imminent. <i>The American Journal of Nursing</i> , 103(3), 50–59. <a href="https://doi.org/10.1097/00000446-200303000-00019">https://doi.org/10.1097/00000446-200303000-00019</a>
169	<b>Improving the quality of end-of-life care.</b>	Virani, R., & Sofer, D. (2003). Improving the quality of end-of-life care. <i>The American Journal of Nursing</i> , 103(5), 52–61. <a href="https://doi.org/10.1097/00000446-200305000-00020">https://doi.org/10.1097/00000446-200305000-00020</a>
170	<b>Care at the time of death</b>	Pitorak E. F. (2005). Care at the time of death. <i>Home Healthcare Nurse</i> , 23(5), 318–329. <a href="https://doi.org/10.1097/00004045-200505000-00010">https://doi.org/10.1097/00004045-200505000-00010</a>
171	<b>Grief and bereavement care</b>	Egan, K. A., & Arnold, R. L. (2003). Grief and bereavement care. <i>The American Journal of Nursing</i> , 103(9), 42–53. <a href="https://doi.org/10.1097/00000446-200309000-00015">https://doi.org/10.1097/00000446-200309000-00015</a>
172	<b>End-of-life care of older adults.</b>	Sheehan, D. K., & Schirm, V. (2003, November). End-of-life care of older adults. <i>The American Journal of Nursing</i> , 103(11), 48–59. <a href="https://doi.org/10.1097/00000446-200311000-00027">https://doi.org/10.1097/00000446-200311000-00027</a>
173	<b>Acknowledging the 'elephant': communication in palliative care.</b>	Griffie, J., Nelson-Marten, P., & Muchka, S. (2004). Acknowledging the 'elephant': communication in palliative care. <i>The American Journal of Nursing</i> , 104(1), 48–58. <a href="https://doi.org/10.1097/00000446-200401000-00019">https://doi.org/10.1097/00000446-200401000-00019</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
174	<b>Ethics and palliative care in pediatrics</b>	Rushton, C. H. (2004). Ethics and palliative care in pediatrics. <i>The American Journal of Nursing</i> , 104(4), 54–64. <a href="https://doi.org/10.1097/0000446-200404000-00019">https://doi.org/10.1097/0000446-200404000-00019</a>
175	<b>Nurses' stress &amp; burnout. How to care for yourself when caring for patients and their families experiencing life-threatening illness</b>	Sherman D. W. (2004). Nurses' stress & burnout- How to care for yourself when caring for patients and their families experiencing life-threatening illness. <i>The American Journal of Nursing</i> , 104(5), 48–57. <a href="https://doi.org/10.1097/0000446-200405000-00020">https://doi.org/10.1097/0000446-200405000-00020</a>
176	<b>Oral complications at the end of life.</b>	Dahlin C. (2004, July). Oral complications at the end of life. <i>The American Journal of Nursing</i> , 104(7), 40–48. <a href="https://doi.org/10.1097/0000446-200407000-00028">https://doi.org/10.1097/0000446-200407000-00028</a>
177	<b>Palliative Care: prognostication and the chronically ill: methods you need to know as chronic disease progresses in older adults.</b>	Matzo M. L. (2004). Palliative Care: prognostication and the chronically ill: Methods you need to know as chronic disease progresses in older adults. <i>The American Journal of Nursing</i> , 104(9), 40–50. <a href="https://doi.org/10.1097/0000446-200409000-00022">https://doi.org/10.1097/0000446-200409000-00022</a>
178	<b>Why isn't all care 'palliative care'?</b>	Mason, D., Coyle, N., & Ferrell, B. R. (2004). Why isn't all care 'palliative care'?. <i>The American Journal of Nursing</i> , 104(11), 11. <a href="https://doi.org/10.1097/0000446-200411000-00001">https://doi.org/10.1097/0000446-200411000-00001</a>
179	<b>Nausea &amp; vomiting in end-stage cancer.</b>	Haughney A. (2004, November). Nausea & vomiting in end-stage cancer. <i>The American Journal of Nursing</i> , 104(11), 40–49. <a href="https://doi.org/10.1097/0000446-200411000-00024">https://doi.org/10.1097/0000446-200411000-00024</a>
180	<b>Achieving quality care at the end of life: a focus of the End-of-Life Nursing Education Consortium (ELNEC) curriculum</b>	Sherman, D. W., Matzo, M. L., Rogers, S., McLaughlin, M., & Virani, R. (2002). Achieving quality care at the end of life: A focus of the End-of-Life Nursing Education Consortium (ELNEC) curriculum. <i>Journal of Professional Nursing</i> , 18(5), 255–262. <a href="https://doi.org/10.1053/jpnu.2002.129229">https://doi.org/10.1053/jpnu.2002.129229</a>
181	<b>Strategies for teaching loss, grief, and bereavement.</b>	Matzo, M. L., Sherman, D. W., Lo, K., Egan, K. A., Grant, M., & Rhome, A. (2003). Strategies for teaching loss, grief, and bereavement. <i>Nurse Educator</i> , 28(2), 71–76. <a href="https://doi.org/10.1097/00006223-200303000-00009">https://doi.org/10.1097/00006223-200303000-00009</a>
182	<b>End-of-life nursing education consortium curriculum: an introduction to palliative care.</b>	Sherman, D. W., Matzo, M. L., Panke, J., Grant, M., & Rhome, A. (2003). End-of-life nursing education consortium curriculum: An introduction to palliative care. <i>Nurse Educator</i> , 28(3), 111–120. <a href="https://doi.org/10.1097/00006223-200305000-00004">https://doi.org/10.1097/00006223-200305000-00004</a>
183	<b>Communication skills for end-of-life nursing care. Teaching strategies from the ELNEC curriculum</b>	Matzo, M. L., Sherman, D. W., Sheehan, D. C., Ferrell, B. R., & Penn, B. (2003). Communication skills for end-of-life nursing care. <i>Teaching strategies from the ELNEC curriculum. Nursing Education Perspectives</i> , 24(4), 176–183. <a href="https://journals.lww.com/neonline/Fulltext/2003/07000/COMMUNICATION_SKILLS_FOR_END_OF_LIFE_NURSING.6.aspx">https://journals.lww.com/neonline/Fulltext/2003/07000/COMMUNICATION_SKILLS_FOR_END_OF_LIFE_NURSING.6.aspx</a>
184	<b>The end-of-life nursing education consortium (ELNEC) experience.</b>	Matzo, M. L., Sherman, D. W., Penn, B., & Ferrell, B. R. (2003). The End-of-Life Nursing Education Consortium (ELNEC) experience. <i>Nurse Educator</i> , 28(6), 266–270. <a href="https://doi.org/10.1097/00006223-200311000-00008">https://doi.org/10.1097/00006223-200311000-00008</a>
185	<b>Ethical and legal issues in end-of-life care: content of the End-of-Life Nursing Education Consortium curriculum and teaching strategies.</b>	Matzo, M. L., Sherman, D. W., Nelson-Marten, P., Rhome, A., & Grant, M. (2004). Ethical and legal issues in end-of-life care: content of the End-of-Life Nursing Education Consortium curriculum and teaching strategies. <i>Journal for Nurses in Staff Development</i> , 20(2), 59–68. <a href="https://doi.org/10.1097/00124645-200403000-00001">https://doi.org/10.1097/00124645-200403000-00001</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
186	<b>Teaching symptom management in end-of-life care: The didactic content and teaching strategies based on the end-of-life nursing education curriculum</b>	Sherman, D. W., Matzo, M. L., Coyne, P., Ferrell, B. R., & Penn, B. K. (2004). Teaching symptom management in end-of-life care: The didactic content and teaching strategies based on the end-of-life nursing education curriculum. <i>Journal for Nurses in Staff Development</i> , 20(3), 103–117. <a href="https://doi.org/10.1097/00124645-200405000-00001">https://doi.org/10.1097/00124645-200405000-00001</a>
187	<b>Preparation and care at the time of death: content of the ELNEC curriculum and teaching strategies.</b>	Sherman, D. W., Matzo, M. L., Pitorak, E., Ferrell, B. R., & Malloy, P. (2005, May). Preparation and care at the time of death: Content of the ELNEC curriculum and teaching strategies. <i>Journal For Nurses in Staff Development</i> , 21(3), 93–102. <a href="https://doi.org/10.1097/00124645-200505000-00003">https://doi.org/10.1097/00124645-200505000-00003</a>
188	<b>Evaluation of end-of-life nursing education for continuing education and clinical staff development educators.</b>	Malloy, P., Ferrell, B. R., Virani, R., Uman, G., Rhome, A. M., Whitlatch, B., & Bednash, G. (2006, January). Evaluation of end-of-life nursing education for continuing education and clinical staff development educators. <i>Journal for Nurses in Staff Development</i> , 22(1), 31–36. <a href="https://doi.org/10.1097/00124645-200601000-00008">https://doi.org/10.1097/00124645-200601000-00008</a>
189	<b>Graduate nursing education regarding end-of-life care</b>	Paice, J. A., Ferrell, B. R., Virani, R., Grant, M., Malloy, P., & Rhome, A. (2006). Graduate nursing education regarding end-of-life care. <i>Nursing Outlook</i> , 54(1), 46–52. <a href="https://doi.org/10.1016/j.outlook.2005.04.003">https://doi.org/10.1016/j.outlook.2005.04.003</a>
190	<b>End-of-life Nursing Education Consortium (ELNEC) Training Program: improving palliative care in critical care</b>	Ferrell, B. R., Dahlin, C., Campbell, M. L., Paice, J. A., Malloy, P., & Virani, R. (2007, July). End-of-life Nursing Education Consortium (ELNEC) training program: Improving palliative care in critical care. <i>Critical Care Nursing Quarterly</i> , 30(3), 206–212. <a href="https://doi.org/10.1097/01.CNQ.0000278920.37068.e9">https://doi.org/10.1097/01.CNQ.0000278920.37068.e9</a>
191	<b>Oncology End-of-Life Nursing Education Consortium training program: improving palliative care in cancer.</b>	Coyne, P., Paice, J. A., Ferrell, B. R., Malloy, P., Virani, R., & Fennimore, L. A. (2007). Oncology End-of-Life Nursing Education Consortium training program: Improving palliative care in cancer. <i>Oncology Nursing Forum</i> , 34(4), 801–807. <a href="https://doi.org/10.1188/07.ONF.801-807">https://doi.org/10.1188/07.ONF.801-807</a>
192	<b>End-of-life nursing education consortium for pediatric palliative care (ELNEC-PPC).</b>	Malloy, P., Sumner, E., Virani, R., & Ferrell, B. (September 2007). End-of-life nursing education consortium for pediatric palliative care (ELNEC-PPC). <i>MCN. The American Journal of Maternal Child Nursing</i> , 32(5), 298–304. <a href="https://doi.org/10.1097/01.NMC.0000288000.87629.de">https://doi.org/10.1097/01.NMC.0000288000.87629.de</a>
193	<b>End-of-life nursing education consortium: 5 years of educating graduate nursing faculty in excellent palliative care</b>	Malloy, P., Paice, J., Virani, R., Ferrell, B. R., & Bednash, G. P. (2008). End-of-life nursing education consortium: 5 years of educating graduate nursing faculty in excellent palliative care. <i>Journal of Professional Nursing</i> , 24(6), 352–357. <a href="https://doi.org/10.1016/j.profnurs.2008.06.001">https://doi.org/10.1016/j.profnurs.2008.06.001</a>
194	<b>Appraisal of The Pediatric End-of-Life Nursing Education Consortium training program.</b>	Jacobs, H. H., Ferrell, B., Virani, R., & Malloy, P. (2009). Appraisal of the pediatric End-of-Life Nursing Education Consortium training program. <i>Journal of Pediatric Nursing</i> , 24(3), 216–221. <a href="https://doi.org/10.1016/j.pedn.2008.03.001">https://doi.org/10.1016/j.pedn.2008.03.001</a>



FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
195 <i>Evaluation of palliative care nursing education seminars.</i>	A partnership between the Open Society Institute, the Open Medical Institute, and the End-of-Life Nursing Education Consortium resulted in the development of an international nursing palliative care curriculum to improve palliative care education among nurses. Participants who attended the two training courses in Salzburg, Austria, rated the courses positively, but challenges were encountered when implementing the palliative care information in their respective countries. Ongoing support is necessary to improve palliative care education globally.	Ferrell, B., Virani, R., Paice, J. A., Coyle, N., & Coyne, P. (2010). Evaluation of palliative care nursing education seminars. <i>European journal of oncology nursing : the official journal of European Oncology Nursing Society</i> , 14(1), 74–79. <a href="https://doi.org/10.1016/j.ejon.2009.08.004">https://doi.org/10.1016/j.ejon.2009.08.004</a>
196 <i>Statewide efforts to improve palliative care in critical care settings.</i>	The Archstone Foundation funded four End-of-Life Nursing Education Consortium-Critical Care (ELNEC-CC) training programs specifically for critical care resident nurses in California to improve end-of-life care education for nurses. The curriculum, developed by critical care nurses, includes teaching materials to integrate end-of-life content into continuing education courses and classroom resources for nursing students.	Ferrell, B. R., Virani, R., Paice, J. A., Malloy, P., & Dahlin, C. (2010). Statewide efforts to improve palliative care in critical care settings. <i>Critical Care Nurse</i> , 30(6), 40–45. <a href="https://doi.org/10.4037/ccn2010248">https://doi.org/10.4037/ccn2010248</a>
197 <i>Transforming end-of-life care.</i>	ELNEC has educated thousands of nurses in end-of-life care through its training courses, which have expanded to cover various specialties. The program's success has also led to international training opportunities in 42 countries on six continents, with a push to translate the program into multiple languages.	Nelson R. (2008). ELNEC: going strong after 10 years-Transforming end-of-life care. <i>The American Journal of Nursing</i> , 108(6), 86–87. <a href="https://doi.org/10.1097/01.NAJ.0000324389.03813.23">https://doi.org/10.1097/01.NAJ.0000324389.03813.23</a>
198 <i>Arts and humanities in palliative nursing education</i>	The article discusses how nursing is an art and how the inclusion of arts and humanities in the End-of-Life Nursing Education Consortium (ELNEC) can enhance nursing education. The article provides examples of the illustrations used in the ELNEC curriculum, which capture key issues in palliative nursing.	Ferrell, B., Virani, R., Jacobs, H. H., Malloy, P., & Kelly, K. (2010). Arts and humanities in palliative nursing education. <i>Journal of pain and Symptom Management</i> , 39(5), 941–945. <a href="https://doi.org/10.1016/j.jpainsymman.2009.11.314">https://doi.org/10.1016/j.jpainsymman.2009.11.314</a>
199 <i>The preparation of oncology nurses in palliative care</i>	This article discusses the need for oncology nurses to receive education and training in palliative care. It highlights the serious physical and psychosocial symptoms and spiritual concerns that cancer patients and their families experience and the role of oncology nurses in providing quality care. The article emphasizes the importance of preparing the nursing workforce for effective and compassionate palliative care.	Ferrell, B., Virani, R., Malloy, P., & Kelly, K. (2010). The preparation of oncology nurses in palliative care. <i>Seminars in Oncology Nursing</i> , 26(4), 259–265. <a href="https://doi.org/10.1016/j.soncn.2010.08.001">https://doi.org/10.1016/j.soncn.2010.08.001</a>
200 <i>Preparing Nurses for Palliative Care in the NICU.</i>	The End-of-Life Nursing Education Consortium (ELNEC) Pediatric Palliative Care project provides evidence-based training to nurses to improve the quality of care for seriously ill infants and their families, including in the NICU setting. The curriculum includes modules on symptom management, care at the time of death, and bereavement support.	Ferrell, B., Thaxton, C. A., & Murphy, H. (2020, April). Preparing nurses for palliative care in the NICU. <i>Advances in Neonatal Care</i> , 20(2), 142–150. <a href="https://doi.org/10.1097/ANC.0000000000000705">https://doi.org/10.1097/ANC.0000000000000705</a>
201 <i>Communication Skills: Use of the Interprofessional Communication Curriculum to Address Physical Aspects of Care.</i>	The article discusses a training program for communication skills in palliative care that prepares participants to serve as competent communication trainers and clinical resources to address common patient concerns, prioritize patient teaching based on the patient's priorities, and enlist interprofessional colleagues to support physical care. The training program also highlights specific communication skills needed to provide exceptional physical care, and offers various teaching strategies including lectures with evidence-based information, discussion sessions, and small-group exercises.	Ferrell, B., Buller, H., & Paice, J. A. (2020, October). Communication skills: Use of the Interprofessional Communication Curriculum to address physical aspects of Care. <i>Clinical Journal of Oncology Nursing</i> , 24(5), 547–553. <a href="https://doi.org/10.1188/20.CJON.547-553">https://doi.org/10.1188/20.CJON.547-553</a>
202 <i>Updated palliative care competencies for entry-to-practice and advanced-level nursing students: New resources for nursing faculty.</i>	The 2021 AACN Essentials identified hospice/palliative/supportive care as one of four spheres of care, prompting nursing programs to revise their curricula. A team of palliative nursing leaders and nurse educators revised palliative care competency statements to align with the new Essentials more accurately. The revised statements can help faculty integrate palliative care education into their programs and assess alignment of programmatic outcomes with AACN's Essentials hospice/palliative/supportive care sphere of care.	Lippe, M., Davis, A., Stock, N., Mazanec, P., & Ferrell, B. (2022). Updated palliative care competencies for entry-to-practice and advanced-level nursing students: New resources for nursing faculty. <i>Journal of Professional Nursing</i> , 42, 250–261. <a href="https://doi.org/10.1016/j.profnurs.2022.07.012">https://doi.org/10.1016/j.profnurs.2022.07.012</a>
203 <i>Withdrawal Of Life-sustaining Measures For a Client In Critical Care: A Simulation For Interprofessional Teams.</i>	Simulation: The scenario introduces a 65-year-old patient with congestive heart failure exacerbation who is currently on mechanical ventilation and unable to wean from it. The medical team is considering a tracheostomy, and effective communication with the patient's family is crucial to identify and clarify the goals of care.	Lippe, M. (2017). <i>Withdrawal Of Life-sustaining Measures For a Client In Critical Care: A Simulation For Interprofessional Teams</i> . <a href="https://drive.google.com/file/d/1W5xQf6Gox1X1hieXtNaeH1VrELKKEjog/view">https://drive.google.com/file/d/1W5xQf6Gox1X1hieXtNaeH1VrELKKEjog/view</a>
204 <i>Exploring end-of-life care team communication: An interprofessional simulation study.</i>	This study explored the impact of a withdrawal of life-sustaining measures interprofessional simulation on team communication skills of students representing medicine, nursing, and social work, revealing fair to good communication across the nine communication domains. The simulation provided an opportunity for interprofessional health-care provider students to learn team communication skills within an end-of-life care context.	Lippe, M., Stanley, A., Ricamato, A., Halli-Tierney, A., & McKinney, R. (2020) Exploring end-of-life care team communication: An interprofessional simulation study. <i>American Journal of Hospice and Palliative Medicine</i> , 37(1), p. 65-71. <a href="https://doi.org/10.1177/1049909119865862">https://doi.org/10.1177/1049909119865862</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
205	<b>Withdrawal Of Life-sustaining Measures For a Client In Critical Care: A Simulation For Nursing Students.</b>	Lippe, M. (2017). <i>Withdrawal of life-sustaining Measures For a Client In Critical Care: A Simulation For Nursing Students</i> . <a href="https://drive.google.com/file/d/1UMGe6lxBd_xbiZUoSLZP4_a6PiID9fSw/view">https://drive.google.com/file/d/1UMGe6lxBd_xbiZUoSLZP4_a6PiID9fSw/view</a>
206	<b>Improving Attitudes and Perceived Competence in Caring for Dying Patients: An End-of-Life Simulation.</b>	Lippe, M. P., & Becker, H. (2015). Improving attitudes and perceived competence in caring for dying patients: An end-of-life simulation. <i>Nursing Education Perspectives</i> , 36(6), 372–378. <a href="https://doi.org/10.5480/14-1540">https://doi.org/10.5480/14-1540</a>
207	<b>Simulation Scenario</b>	Gauthier, K. (2022). <i>Simulation scenario</i> . University of Utah College of Nursing. <a href="https://drive.google.com/file/d/1FzVOOcOkWYAig267UE6ZSEx1NA9TOV3y/view">https://drive.google.com/file/d/1FzVOOcOkWYAig267UE6ZSEx1NA9TOV3y/view</a>
208	<b>End of Life Care Conference. Case Studies</b>	Campbell, L. (n.d.). <i>End of Life Care Conference Case Studies</i> . Warner Pacific University. <a href="https://www.aacn-nursing.org/portals/42/ELNEC/PDF/WarnerPacific_EOL-Care-Conference-Case-Studies.pdf">https://www.aacn-nursing.org/portals/42/ELNEC/PDF/WarnerPacific_EOL-Care-Conference-Case-Studies.pdf</a>
209	<b>NURS 210 Interprofessionalism. EOLC Conference Script. Warner Pacific University.</b>	Campbell, L. (n.d.). <i>NURS 210 Interprofessionalism. EOLC Conference Script</i> . Warner Pacific University. <a href="https://www.aacnursing.org/portals/42/ELNEC/PDF/WarnerPacific_EOLC-Sample-Script.pdf">https://www.aacnursing.org/portals/42/ELNEC/PDF/WarnerPacific_EOLC-Sample-Script.pdf</a>
210	<b>Affirmative Palliative Care for Transgender and Gender Nonconforming Individuals.</b>	Lippe, M. P., Eyer, J. C., Roberts, K. E., Ritter, E. R., DiMauro, P. K., McKinney, R. E., Jr, Williamson, C. L., & Rosa, W. E. (2023). Affirmative palliative care for transgender and gender nonconforming individuals. <i>The American Journal of Nursing</i> , 123(4), 48–53. <a href="https://doi.org/10.1097/01.NAJ.0000925508.62666.99">https://doi.org/10.1097/01.NAJ.0000925508.62666.99</a>
211	<b>No One Gets Out Of Here Alive: Palliative and Hospice Care.</b>	Fasolino, T. (Host). (2023, February 8). <i>No One Gets Out Of Here Alive: Palliative and Hospice Care</i> . [Audio podcast episode]. In Health Affairs Pathways. <a href="https://www.healthaffairs.org/doi/10.1377/hp20230125.815257/full/">https://www.healthaffairs.org/doi/10.1377/hp20230125.815257/full/</a>
212	<b>Interprofessional primary palliative care: Do the AACN Essentials prepare nurses for collaborative practice?</b>	Potthoff, M., Kirkpatrick, A.J., & Jizba, T. A. (2023). <i>Interprofessional primary palliative care: Do the AACN Essentials prepare nurses for collaborative practice?</i> <i>Journal of Professional Nursing</i> , 46, 197-204. <a href="https://doi.org/10.1016/j.profnurs.2023.03.017">https://doi.org/10.1016/j.profnurs.2023.03.017</a>
213	<b>Exploring the use of games in palliative care: A scoping review</b>	Fernandes, C. S., Vale, M. B., & Lourenço, M. (2023). Exploring the use of games in palliative care: A scoping review. <i>Palliative &amp; supportive Care</i> , 21(1), 146–166. <a href="https://doi.org/10.1017/S1478951521001929">https://doi.org/10.1017/S1478951521001929</a>
214	<b>Nurses, indirect trauma, and prevention.</b>	Clark, M. L., & Gioro, S. (1998). Nurses, indirect trauma, and prevention. <i>Journal of Nursing Scholarship</i> , 30(1), 85–87. <a href="https://doi.org/10.1111/j.1547-5069.1998.tb01242.x">https://doi.org/10.1111/j.1547-5069.1998.tb01242.x</a>
215	<b>Practicing What We Teach: Trauma-Informed Educational Practice.</b>	Carello, J., Butler, L. D. (2015). Practicing what we teach: Trauma-informed educational practice. <i>Journal of Teaching in Social Work</i> , 35(3), 262-278, <a href="https://doi.org/10.1080/08841233.2015.1030059">https://doi.org/10.1080/08841233.2015.1030059</a>
216	<b>Refining moral agency: Insights from moral psychology and moral philosophy.</b>	Milliken A. (2018). Refining moral agency: Insights from moral psychology and moral philosophy. <i>Nursing Philosophy</i> , 19(1), 10.1111/nup.12185. <a href="https://doi.org/10.1111/nup.12185">https://doi.org/10.1111/nup.12185</a>
217	<b>Managing psychological safety in debriefings: a dynamic balancing act</b>	Kolbe, M., Eppich, W., Rudolph, J., Meguerdichian, M., Catena, H., Cripps, A., Grant, V., & Cheng, A. (2020). Managing psychological safety in debriefings: a dynamic balancing act. <i>BMJ simulation &amp; technology enhanced learning</i> , 6(3), 164–171. <a href="https://doi.org/10.1136/bmjstel-2019-000470">https://doi.org/10.1136/bmjstel-2019-000470</a>

	FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
218	<b><i>Undergraduate Nursing Students' Perception of End-of-Life Care Education Placement in the Nursing Curriculum.</i></b>	This article discusses undergraduate nursing students' perceptions of end-of-life care education and the placement of such education in the nursing curriculum. The students reported feeling comfortable with providing end-of-life care after receiving End-of-Life Nursing Education Consortium (ELNEC) training, and suggested enhancing the quality and consistency of instruction, delivering palliative care education using various methods, and improving methods to assess education on palliative care.	Li, J., Smothers, A., Fang, W., & Borland, M. (2019). Undergraduate nursing students' perception of end-of-life care education placement in the nursing curriculum. <i>Journal of Hospice and Palliative Nursing</i> , 21(5), E12–E18. <a href="https://doi.org/10.1097/NJH.0000000000000533">https://doi.org/10.1097/NJH.0000000000000533</a>
219	<b><i>Best Practices for Teaching Clinicians to Use a Serious Illness Conversation Guide</i></b>	The demand for serious illness communication training is increasing due to the shortage of palliative care specialists and changes in reimbursement policies. The use of a structured guide to teach basic palliative care communication skills, like the Partners Serious Illness Conversation Guide, can be an effective approach, and best practices include creating a safe learning environment, explicit teaching of structured communication, and preparing co-facilitators to adapt to differing skill levels of learners.	Daubman, B. R., Bernacki, R., Stoltenberg, M., Wilson, E., & Jacobsen, J. (2020). Best practices for teaching clinicians to use a serious illness conversation guide. <i>Palliative medicine reports</i> , 1(1), 135–142. <a href="https://doi.org/10.1089/pmr.2020.0066">https://doi.org/10.1089/pmr.2020.0066</a>
220	<b><i>Content analysis of the effects of palliative care learning on the perception by nursing students of dying and dignified death.</i></b>	Study conducted to determine the effect of a palliative care course on nursing students thoughts about their own death.	Martí-García, C., Ruiz-Martín, L., Fernández-Alcántara, M., Montoya-Juárez, R., Hueso-Montoro, C., & García-Caro, M. P. (2020). <i>Content analysis of the effects of palliative care learning on the perception by nursing students of dying and dignified death</i> . <i>Nurse Education Today</i> , 88, 104388. <a href="https://doi.org/10.1016/j.nedt.2020.104388">https://doi.org/10.1016/j.nedt.2020.104388</a>
221	<b><i>A Multimodality Approach to Learning: Educating Nursing Students in Palliative Care.</i></b>	Article discusses development of an interactive, multimodality palliative care class that focuses on palliative and end-of-life care to improve knowledge, attitude, and comfort with palliative and end-of-life care.	Mason, H., Burgermeister, D., Harden, K., Price, D., & Roth, R. (2020). A multimodality approach to learning: Educating nursing students in palliative care. <i>Journal of Hospice and Palliative Nursing</i> , 22(1), 82–89. <a href="https://doi.org/10.1097/NJH.0000000000000619">https://doi.org/10.1097/NJH.0000000000000619</a>
222	<b><i>Acute Care Nurses' Experiences of Basic Palliative Care.</i></b>	Study explored acute care nurses' understanding and perceptions of basic palliative care. The study found that nurses helped families navigate illness and end-of-life experiences by being present, giving options, and advocating. The findings may help identify the educational needs of nurses in providing BPC in acute care settings.	Neiman T. (2020). Acute Care Nurses' Experiences of Basic Palliative Care. <i>Journal of Hospice and Palliative Nursing</i> , 22(2), 101–107. <a href="https://doi.org/10.1097/NJH.0000000000000622">https://doi.org/10.1097/NJH.0000000000000622</a>
223	<b><i>Confidence and Competence in Palliative Care: A Comparison of Traditional and Nontraditional Transfer Nursing Students' Lived Learning Experiences.</i></b>	The article highlights how nursing programs can integrate ELNEC modules in their curriculum to enhance student competence in end-of-life situations.	Rotter, B., & Braband, B. (2020). Confidence and competence in palliative care: A comparison of traditional and nontraditional transfer nursing students' lived learning experiences. <i>Journal of Hospice and Palliative Nursing</i> , 22(3), 196–203. <a href="https://doi.org/10.1097/NJH.0000000000000643">https://doi.org/10.1097/NJH.0000000000000643</a>
224	<b><i>Serious illness, dying and grieving as public health issues</i></b>	Article discusses the need for palliative care from a public health perspective and provides a public health approach to palliative care.	Cohen J. (2021). <i>Serious illness, dying and grieving as public health issues</i> . <i>Public Health</i> , 198, 59–61. <a href="https://doi.org/10.1016/j.puhe.2021.06.017">https://doi.org/10.1016/j.puhe.2021.06.017</a>
225	<b><i>Integrating the ELNEC undergraduate curriculum into Nursing Education: Lessons learned.</i></b>	Article describes lessons learned from palliative care champion nursing schools in implementing palliative care education into undergraduate curriculum. Barriers to implementation are discussed as well as strategies to overcome them.	Davis, A., Lippe, M., Glover, T. L., McLeskey, N., Shillam, C., & Mazanec, P. (2021). Integrating the ELNEC undergraduate curriculum into nursing education: Lessons learned. <i>Journal of Professional Nursing</i> , 37(2), 286–290. <a href="https://doi.org/10.1016/j.profnurs.2020.12.003">https://doi.org/10.1016/j.profnurs.2020.12.003</a>
226	<b><i>Palliative care education and its effectiveness: a systematic review.</i></b>	A systematic review study evaluating palliative care education and its effectiveness.	Li, W. W., Chhabra, J., Singh, S. (2021 April 16). Palliative care education and its effectiveness: a systematic review. <i>Public Health</i> , 194, 96-108. <a href="https://doi.org/10.1016/j.puhe.2021.02.033">https://doi.org/10.1016/j.puhe.2021.02.033</a>
227	<b><i>Knowledge Gaps: Addressing the Need for Palliative Care Education for University Nursing Students</i></b>	Student honors thesis written to evaluate the knowledge level of undergraduate nursing students regarding primary palliative care and identify if further education is needed. The lack of adequate palliative care education in undergraduate nursing curriculums highlights the importance of establishing a foundation of primary palliative care knowledge among nursing students.	Bickford, O. (2022). <i>Knowledge gaps: Addressing the need for palliative care education for university nursing students</i> . Honors Theses and Capstones. 650. <a href="https://scholars.unh.edu/honors/650">https://scholars.unh.edu/honors/650</a>
228	<b><i>A new pedagogical approach to enhance palliative care and communication learning: A mixed method study.</i></b>	A study was conducted to explore the effects of a simulation-based experience on nursing students' palliative care and communication skills. Results showed that the simulation experience improved the students' knowledge, attitudes, and efficacy in palliative care, as well as enhancing their learning of palliative care and communication.	Chang, K. K. P., Chan, E. A., & Chung, B. P. M. (2022). <i>A new pedagogical approach to enhance palliative care and communication learning: A mixed method study</i> . <i>Nurse education today</i> , 119, 105568. <a href="https://doi.org/10.1016/j.nedt.2022.105568">https://doi.org/10.1016/j.nedt.2022.105568</a>
229	<b><i>Nursing Students' Views of the Content of Palliative Care in Undergraduate Education and their Self-assessed Palliative Care Competence-A Nationwide Cross-sectional Study.</i></b>	This study discusses nursing students' views on palliative care (PC) education and self-assessed levels of PC competence, and whether prior education or work experience influence these views. The study emphasizes the need for divergent teaching and identifies development needs for the contents of PC education in undergraduate nursing studies.	Hökkä, M., Pölkki, T., & Lehto, J. T. (2022). Nursing students' views of the content of palliative care in undergraduate education and their self-assessed palliative care competence-A nationwide cross-sectional study. <i>Journal of Palliative Care</i> , 37(3), 434–442. <a href="https://doi.org/10.1177/08258597221084445">https://doi.org/10.1177/08258597221084445</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
230	<b>Awareness of Self</b>	The Hoffman Quadrinity Process is a technique that helps people connect with different parts of themselves and make lasting changes. It involves focusing on the physical, intellectual, emotional, and spiritual aspects of oneself through exercises such as breathing and self-reflection.
231	<b>Poetry - end of life issues</b>	This document includes various poems regarding end of life issues.
232	<b>End Of Life Song Lyrics</b>	This document includes various songs regarding end of life issues.
233	<b>Creating a fabric for palliative care in safety net hospitals: End-of-Life Nursing Education Consortium for Public Hospitals</b>	The article discusses the need for palliative care services in public/safety net (P/SN) hospitals and how they are being addressed in California through the (ELNEC-PH) project. The article details the 5 main activities of the ELNEC-PH project and reports that the program significantly increased participants' effectiveness and ability to teach palliative care content to colleagues, and resulted in a significant increase in the number of educational programs offered across all 16 hospitals.
234	<b>The End of Life Nursing Education Nursing Consortium project</b>	Article discusses the successes of the End-of-Life Nursing Education Consortium (ELNEC)-Core curriculum in educating nurses on end of life care. Presented are statistics on the number of professionals that have completed the coursework and dissemination into other languages.
235	<b>Celebrating the Success of an AACN Partnership</b>	Article discusses the overview of the ELNEC project including lessons learned in developing this project and sustaining the work after initial funding is over.
236	<b>CARES: AACN's New Competencies and Recommendations for Educating Undergraduate Nursing Students to Improve Palliative Care</b>	Nursing faculty must prepare future nurses to provide quality palliative care, as the demand for nursing expertise in this area is growing. The new American Association of Colleges of Nursing Palliative Competencies and Recommendations for Educating Undergraduate Nursing Students document outlines 17 competencies that all undergraduate nursing students should achieve by graduation, with an online curriculum being developed to support nursing faculty in achieving these competencies.
237	<b>A Framework for Integrating Oncology Palliative Care in Doctor of Nursing Practice (DNP) Education.</b>	Article discusses integration of palliative oncology education into DNP curriculum and barriers to its inclusion.
238	<b>Educating associate degree nursing students in primary palliative care using online e-learning.</b>	This manuscript discusses the need for palliative care in response to the increasing number of patients with serious illnesses, and the development of an online nursing curriculum to provide primary palliative care skills to nursing students before graduation. The article highlights the challenges of teaching palliative care in nursing programs and emphasizes the importance of educating nurses to provide primary palliative care to bridge the gap between demand and available services.
239	<b>Integrating the ELNEC undergraduate curriculum into Nursing Education: Lessons learned</b>	Article describes lessons learned from palliative care champion nursing schools in implementing palliative care education into undergraduate curriculum. Barriers to implementation are discussed as well as strategies to overcome them.
240	<b>Impact of ELNEC-undergraduate curriculum on associate degree nursing student primary palliative care knowledge.</b>	The study evaluated the impact of the ELNEC-Undergraduate curriculum on associate degree nursing students' knowledge of primary palliative care (PPC). The results showed that the curriculum significantly improved students' knowledge, and no significant effect of demographic variables was identified.
241	<b>The urgency of spiritual care: COVID-19 and the critical need for whole-person palliation.</b>	The COVID-19 pandemic has highlighted the importance of spiritual care in palliative care, as patients and healthcare workers face isolation, loneliness, and vulnerability. This article reflects on spiritual care in the pandemic and opportunities for change.
242	<b>The alleviation of suffering during the COVID-19 pandemic</b>	The COVID-19 pandemic has magnified the fear and anxiety about mortality rates and resource rationing. The healthcare system is struggling to meet the emotional, social, and spiritual needs of patients and caregivers, resulting in increased suffering and existential distress. The palliative care philosophy is more important than ever to alleviate the burden of total pain and mitigate human suffering through safe, high-quality care.

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
243	<b>Increasing Critical Care Nurse Engagement of Palliative Care During the COVID-19 Pandemic</b>	Rosa, W. E., Ferrell, B. R., & Wienczek, C. (2020). Increasing critical care nurse engagement of palliative care during the COVID-19 pandemic. <i>Critical Care Nurse</i> , 40(6), e28–e36. <a href="https://doi.org/10.4037/ccn2020946">https://doi.org/10.4037/ccn2020946</a>
244	<b>The Cancer Nurse as Primary Palliative Care Agent During COVID-19</b>	Rosa, W. E., Finlayson, C. S., & Ferrell, B. R. (2020). The cancer nurse as primary palliative care agent during COVID-19. <i>Cancer Nursing</i> , 43(6), 431–432. <a href="https://doi.org/10.1097/NCC.0000000000000886">https://doi.org/10.1097/NCC.0000000000000886</a>
245	<b>Opportunities for nursing science to improve patient care in the time of COVID-19: A palliative care perspective.</b>	Rosa, W.E., Meghani, S.H., Stone, P.W., & Ferrell, B.R. (2020). Opportunities for nursing science to improve patient care in the time of COVID-19: A palliative care perspective. <i>Journal of Nursing Scholarship</i> , 52(4), 341–343. <a href="https://doi.org/10.1111/jnu.12570">https://doi.org/10.1111/jnu.12570</a>
246	<b>A blueprint for leadership during COVID-19</b>	Rosa, W. E., Schlak, A. E., & Rushton, C. H. (2020). A blueprint for leadership during COVID-19. <i>Nursing Management</i> , 51(8), 28–34. <a href="https://doi.org/10.1097/01.NUMA.0000688940.29231.6f">https://doi.org/10.1097/01.NUMA.0000688940.29231.6f</a>
247	<b>Integration of palliative care into all serious illness care as a human right.</b>	Rosa, W.E., Ferrell, B.R., & Mason, D.J. (2021). Integration of palliative care into all serious illness care as a human right. <i>JAMA Health Forum</i> , 2(4), e211099. <a href="https://doi.org/10.1001/jamahealthforum.2021.1099">https://doi.org/10.1001/jamahealthforum.2021.1099</a> .
248	<b>Global efforts to improve palliative care: the International End-of-Life Nursing Education Consortium Training Programme.</b>	Paice, J. A., Ferrell, B. R., Coyle, N., Coyne, P., & Callaway, M. (2008). Global efforts to improve palliative care: the International End-of-Life Nursing Education Consortium Training Programme. <i>Journal of advanced nursing</i> , 61(2), 173–180. <a href="https://doi.org/10.1111/j.1365-2648.2007.04475.x">https://doi.org/10.1111/j.1365-2648.2007.04475.x</a>
249	<b>Advancing palliative care in Kenya</b>	Malloy, P., Paice, J. A., Ferrell, B. R., Ali, Z., Munyoro, E., Coyne, P., & Smith, T. (2011). Advancing palliative care in Kenya. <i>Cancer Nursing</i> , 34(1), E10–E13. <a href="https://doi.org/10.1097/NCC.0b013e3181ea73dd">https://doi.org/10.1097/NCC.0b013e3181ea73dd</a>
250	<b>Palliative care: helping the dying to live until he dies.</b>	Pal, IF. (2012, November 1). Palliative care: helping the dying to live until he dies. <i>Philippine Inquirer</i> . <a href="https://newsinfo.inquirer.net/299410/palliative-care-helping-the-dying-to-live-until-he-dies">https://newsinfo.inquirer.net/299410/palliative-care-helping-the-dying-to-live-until-he-dies</a>
251	<b>Hospice palliative care in South Korea: Past, present, and future.</b>	Kim, H. S., & Hong, Y. S. (2016). Hospice palliative care in South Korea: Past, present, and future. <i>The Korean Journal of Hospice and Palliative Care</i> , 19(2), 99–108. <a href="https://doi.org/10.14475/kjhp.2016.19.2.99">https://doi.org/10.14475/kjhp.2016.19.2.99</a>
252	<b>Palliative care interventions and end of life care as reported by patients' post-stroke and their families: a systematic review</b>	Govind, N., Ferguson, C., Phillips, J. L., & Hickman, L. (2022). Palliative care interventions and end of life care as reported by patients' post-stroke and their families: a systematic review. <i>European Journal of Cardiovascular Nursing</i> , 22(5), 445–453. <a href="https://doi.org/10.1093/eurjcn/zvac112">https://doi.org/10.1093/eurjcn/zvac112</a>
253	<b>Changes in the Use of Intensive and Supportive Procedures for Patients With Stroke in Taiwan in the Last Month of Life Between 2000 and 2010.</b>	Wang, P. Y., Hung, Y. N., Smith, R., & Lin, C. C. (2018). Changes in the Use of Intensive and Supportive Procedures for Patients With Stroke in Taiwan in the Last Month of Life Between 2000 and 2010. <i>Journal of Pain and Symptom Management</i> , 55(3), 835–842. <a href="https://doi.org/10.1016/j.jpainsymman.2017.11.024">https://doi.org/10.1016/j.jpainsymman.2017.11.024</a>
254	<b>Addressing inactivity after stroke: The Collaborative Rehabilitation in Acute Stroke (CREATE) study</b>	Jones, F., Gombert-, K., Honey, S., Cloud, G., Harris, R., Macdonald, A., McKevitt, C., Robert, G., & Clarke, D. (2021). Addressing inactivity after stroke: The Collaborative Rehabilitation in Acute Stroke (CREATE) study. <i>International Journal of Stroke</i> , 16(6), 669–682. <a href="https://doi.org/10.1177/1747493020969367">https://doi.org/10.1177/1747493020969367</a>
255	<b>Promoting palliative care internationally: building leaders to promote education, practice, and advocacy.</b>	Malloy, P., Ferrell, B., Virani, R., & Mazanec, P. (2018). Promoting palliative care internationally: building leaders to promote education, practice, and advocacy. <i>Journal of Pain and Symptom Management</i> , 55(2S), S140–S145. <a href="https://www.sciencedirect.com/science/article/pii/S0885392417303767?via%3Dihub">https://www.sciencedirect.com/science/article/pii/S0885392417303767?via%3Dihub</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
256 <b>Effect of end-of-life nursing education on the knowledge and performance of nurses in the intensive care unit: a quasi-experimental study.</b>	A study investigated the effect of nursing care education based on End-of-Life Nursing Education Consortium (ELNEC) on the knowledge and performance of ICU nurses. The results showed that ELNEC-based education significantly improved nurses' knowledge, attitude, and clinical competence in end-of-life care, indicating its effectiveness as a training program.	Ghaemizade Shushtari, S. S., Molavynjad, S., Adineh, M., Savaie, M., & Sharhani, A. (2022). Effect of end-of-life nursing education on the knowledge and performance of nurses in the intensive care unit: a quasi-experimental study. <i>BMC Nursing</i> , 21(1), 102. <a href="https://doi.org/10.1186/s12912-022-00880-8">https://doi.org/10.1186/s12912-022-00880-8</a>
257 <b>The Serious Illness Conversation Guide</b>	Discussion guide for clinicians to use when having goals of care discussions with patients and families. The Guide is based on research-tested patient-acceptable phrases organized into a structure that moves the conversation.	Ariadne Labs. (2023). <i>The Serious Illness Conversation Guide</i> .
258 <b>Chronic heart failure nursing: Integrated multidisciplinary care.</b>	This article discusses the evidence and guidelines supporting an integrated multidisciplinary approach to chronic heart failure nursing care.	Brennan, E. J. (2018). Chronic heart failure nursing: Integrated multidisciplinary care. <i>British Journal of Nursing</i> , 27(12), 681-688. <a href="https://doi.org/10.12968/bjon.2018.27.12.681">https://doi.org/10.12968/bjon.2018.27.12.681</a>
259 <b>An overview of current treatments in heart failure</b>	This article outlines the management of patients with heart failure from pharmacological strategies and lifestyle modification to palliative care.	Young, S. (2017). An overview of current treatments in heart failure. <i>British Journal of Cardiac Nursing</i> , 12(3), 120-127. <a href="https://doi.org/10.12968/bjca.2017.12.3.120">https://doi.org/10.12968/bjca.2017.12.3.120</a>
260 <b>Chronic heart failure part 1: pathophysiology, signs and symptoms</b>	This is the first in a set of two articles discussing the pathophysiology of chronic heart failure including the causes, assessment techniques, and signs and symptoms.	Brake, R., & Jones, I. D. (2017). Chronic heart failure part 1: pathophysiology, signs and symptoms. <i>Nursing Standard</i> , 31(19), 54-63. <a href="https://doi.org/10.7748/ns.2017.e10349">https://doi.org/10.7748/ns.2017.e10349</a>
261 <b>Chronic heart failure part 2: treatment and management</b>	This article discusses the management of chronic heart failure, including palliation of symptoms such as fatigue, pain, peripheral edema, and breathlessness with pharmacological strategies, devices, lifestyle modifications, cardiac rehabilitation and palliative care.	Brake, R., & Jones, I. D. (2017). Chronic heart failure part 2: Treatment and management. <i>Nursing Standard</i> , 31(20), 53-63. <a href="https://doi.org/10.7748/ns.2017.e10762">https://doi.org/10.7748/ns.2017.e10762</a>
262 <b>Heart failure in post-acute and long-term care: Evidence and strategies to improve transitions, clinical care, and quality of life.</b>	This article focuses on best practices for symptom management and palliative care for patients with heart failure who reside in skilled nursing facilities.	Nazir, A., & Smucker, W. D. (2015). Heart failure in post-acute and long-term care: Evidence and strategies to improve transitions, clinical care, and quality of life. <i>Journal of the American Medical Directors Association</i> , 16(10), 825-831. <a href="https://doi.org/10.1016/j.jamda.2015.05.006">https://doi.org/10.1016/j.jamda.2015.05.006</a>
263 <b>Nursing concerns with palliative care and at the end-of-life in patients with heart failure</b>	This article focuses on the nurse's role in management of chronic heart failure and understanding when palliative and hospice care are appropriate. Additionally, information about palliative and hospice care management of symptoms and the communication needs of patients and their families regarding hospice referral, emergencies, and end of life support for patients with heart failure is included.	Westlake, C., & Smith, V. J. (2015). <i>Nursing concerns with palliative care and at the end-of-life in patients with heart failure</i> . <i>Nursing: Research and Reviews</i> , 5, 33-47. <a href="https://doi.org/10.2147/nrr.s45298">https://doi.org/10.2147/nrr.s45298</a>
264 <b>Preparing for sudden cardiac death following Implantable cardioverter-defibrillator deactivation</b>	This case study examines issues related to implantable cardioverter-defibrillator deactivation in the intensive care setting and reviews guidelines for implantable cardioverter-defibrillator implantation and deactivation to prepare nurses to provide evidence based care, support patient autonomy, and education for the patient and family about the process. Additionally this resource emphasizes the need for interdisciplinary communication and coordination in preparing for sudden cardiac death and necessary emotional support for the patient's loved ones.	Wienczek, C., & Webster, L. (2012). Preparing for sudden cardiac death following Implantable cardioverter-defibrillator deactivation. <i>Journal of Hospice &amp; Palliative Nursing</i> , 14(7), 478-483. <a href="https://doi.org/10.1097/njh.0b013e31825f3489">https://doi.org/10.1097/njh.0b013e31825f3489</a>
265 <b>Counting the cost of heart failure to the patient, the nurse and the NHS.</b>	This article reviews the literature surrounding current heart failure issues, and aims to explore the current guidelines of managing heart failure and examine the role of the nurse. The article explores the importance of education and outpatient care to prevent readmission.	Tansey, P. (2010). Counting the cost of heart failure to the patient, the nurse and the NHS. <i>British Journal of Nursing</i> , 19(22), 1396-1401. <a href="https://doi.org/10.12968/bjon.2010.19.22.1396">https://doi.org/10.12968/bjon.2010.19.22.1396</a>
266 <b>The complexities of caring for a patient with an ICD in end-stage heart failure.</b>	This article explores relevant literature to illustrate complexities in ICD deactivation in heart failure patients at the end of life with a case study.	Whittingham, K., & Hodgson, L. J. (2010). The complexities of caring for a patient with an ICD in end-stage heart failure. <i>British Journal of Cardiac Nursing</i> , 5(12), 568-575. <a href="https://doi.org/10.12968/bjca.2010.5.12.568">https://doi.org/10.12968/bjca.2010.5.12.568</a>
267 <b>Palliative care in the management of patients with advanced heart failure.</b>	This article describes the focus of care at the end of life for patients with heart failure on symptom control and improving health related quality of life through incorporation of palliative care.	Lowey, S. E. (2017). <i>Palliative care in the management of patients with advanced heart failure</i> . <i>Advances in Experimental Medicine and Biology</i> , 295-311. <a href="https://doi.org/10.12968/bjca.2010.5.12.568">https://doi.org/10.12968/bjca.2010.5.12.568</a>
268 <b>Palliative care for people living with heart failure: European Association for palliative care task force expert position statement.</b>	The article discusses the importance of inclusion of palliative care in the treatment of patients with advanced heart failure including assessment, triggers of palliative care referral, symptom management, and advanced care planning.	Sobanski, P. Z., Alt-Epping, B., Currow, D. C., Goodlin, S. J., Grodzicki, T., Hogg, K., Janssen, D. J., Johnson, M. J., Krajcnik, M., Leget, C., Martinez-Sellés, M., Moroni, M., Mueller, P. S., Ryder, M., Simon, S. T., Stowe, E., & Larkin, P. J. (2019). Palliative care for people living with heart failure: European Association for palliative care task force expert position statement. <i>Cardiovascular Research</i> , 116(1), 12-27. <a href="https://doi.org/10.1093/cvr/cvz200">https://doi.org/10.1093/cvr/cvz200</a>
269 <b>Understanding the palliative care needs of heart failure patients.</b>	This article provides a review of the specific palliative needs of patients with advanced heart failure from symptom management to coordination of care.	Ivany, E., & While, A. (2013). Understanding the palliative care needs of heart failure patients. <i>British Journal of Community Nursing</i> , 18(9), 441-445. <a href="https://doi.org/10.12968/bjcn.2013.18.9.441">https://doi.org/10.12968/bjcn.2013.18.9.441</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
270	<b>JCS 2017/JHFS Guideline on diagnosis and treatment of acute and chronic heart failure</b>	Tsutsui, H., Ide, T., Ito, H., Kihara, Y., Kinugawa, K., Kinugawa, S., Makaya, M., Murohara, T., Node, K., Saito, Y., Sakata, Y., Shimizu, W., Yamamoto, K., Bando, Y., Iwasaki, Y., Kinugasa, Y., Mizote, T., Nakagawa, H., Oishi, S., Momomura, S. (2021). JCS/JHFS 2021 guideline focused update on diagnosis and treatment of acute and chronic heart failure. <i>Journal of Cardiac Failure</i> , 27(12), 1404-1444. <a href="https://doi.org/10.1016/j.cardfail.2021.04.023">https://doi.org/10.1016/j.cardfail.2021.04.023</a>
271	<b>Heart failure management in skilled nursing facilities.</b>	Jurgens, C. Y., Goodlin, S., Dolansky, M., Ahmed, A., Fonarow, G. C., Boxer, R., Arena, R., Blank, L., Buck, H. G., Cranmer, K., Fleg, J. L., Lampert, R. J., Lennie, T. A., Lindenfeld, J., Piña, I. L., Semla, T. P., Trebbien, P., & Rich, M. W. (2015). Heart failure management in skilled nursing facilities. <i>Circulation: Heart Failure</i> , 8(3), 655-687. <a href="https://doi.org/10.1161/hfh.0000000000000005">https://doi.org/10.1161/hfh.0000000000000005</a>
272	<b>Let us talk about it: Heart failure patients' preferences toward discussions about prognosis, advance care planning, and spiritual support</b>	Gordon, N. A., O'Riordan, D. L., Dracup, K. A., De Marco, T., & Pantilat, S. Z. (2017). Let us talk about it: Heart failure patients' preferences toward discussions about prognosis, advance care planning, and spiritual support. <i>Journal of Palliative Medicine</i> , 20(1), 79-83. <a href="https://doi.org/10.1089/jpm.2016.0097">https://doi.org/10.1089/jpm.2016.0097</a>
273	<b>Consideration of symptom management in advanced heart failure</b>	Connolly, M., & Ryder, M. (2022). Consideration of symptom management in advanced heart failure. <i>International Journal of Environmental Research and Public Health</i> , 19(22), 15160. <a href="https://doi.org/10.3390/ijerph192215160">https://doi.org/10.3390/ijerph192215160</a>
274	<b>Planning for deactivation of Implantable Cardioverter defibrillators at the end of life in patients with heart failure.</b>	Brady, D. R. (2016). Planning for deactivation of Implantable Cardioverter defibrillators at the end of life in patients with heart failure. <i>Critical Care Nurse</i> , 36(6), 24-31. <a href="https://doi.org/10.4037/ccn2016362">https://doi.org/10.4037/ccn2016362</a>
275	<b>Palliative care for the patient with end-stage heart failure</b>	Brush, S., Zambroski, C. H., & Rasmusson, K. (2006). Palliative care for the patient with end-stage heart failure. <i>Progress in Cardiovascular Nursing</i> , 21(3), 166-170. <a href="https://doi.org/10.1111/j.0889-7204.2006.05320.x">https://doi.org/10.1111/j.0889-7204.2006.05320.x</a>
276	<b>Inotropic therapy in patients with advanced heart failure. A clinical consensus statement from the Heart Failure Association of the European Society of Cardiology</b>	Gustafsson, F., Damman, K., Nalbantgil, S., Van Laake, L. W., Tops, L. F., Thum, T., Adamopoulos, S., Bonios, M., Coats, A. J., Crespo-Leiro, M. G., Mehra, M. R., Filippatos, G., Hill, L., Metra, M., Jankowska, E., De Jonge, N., Kaye, D., Masetti, M., Parissis, J., Ben Gal, T. (2023). <i>Inotropic therapy in patients with advanced heart failure. A clinical consensus statement from the Heart Failure Association of the European Society of Cardiology. European Journal of Heart Failure.</i> <a href="https://doi.org/10.1002/ejhf.2814">https://doi.org/10.1002/ejhf.2814</a>
277	<b>The role of palliative care in COPD</b>	Iyer, A. S., Sullivan, D. R., Lindell, K. O., & Reinke, L. F. (2022). The role of palliative care in COPD. <i>CHEST</i> , 161(5), 1250-1262. <a href="https://doi.org/10.1016/j.chest.2021.10.032">https://doi.org/10.1016/j.chest.2021.10.032</a>
278	<b>Preserving Pulmonary Function: A Palliative Intervention</b>	Kuebler, K. K. (2019). Preserving pulmonary function: A palliative intervention. <i>The Journal for Nurse Practitioners</i> , 15(8), 579-582. <a href="https://doi.org/10.1016/j.nurpra.2019.05.001">https://doi.org/10.1016/j.nurpra.2019.05.001</a>
279	<b>A new way of organising palliative care for patients with severe chronic obstructive pulmonary disease.</b>	Lavesen, M. (2018). A new way of organising palliative care for patients with severe chronic obstructive pulmonary disease. <i>International Journal of Palliative Nursing</i> , 24(2), 64-68. <a href="https://doi.org/10.12968/ijpn.2018.24.2.64">https://doi.org/10.12968/ijpn.2018.24.2.64</a>
280	<b>Palliative care in patients with chronic obstructive pulmonary disease</b>	Scullion, J. E., & Holmes, S. (2011). Palliative care in patients with chronic obstructive pulmonary disease. <i>Nursing Older People</i> , 23(4), 32-39. <a href="https://doi.org/10.7748/nop2011.05.23.4.32.c8481">https://doi.org/10.7748/nop2011.05.23.4.32.c8481</a>
281	<b>Effectiveness and implementation of palliative care interventions for patients with chronic obstructive pulmonary disease: A systematic review</b>	Broese, J. M., De Heij, A. H., Janssen, D. J., Skora, J. A., Kerstjens, H. A., Chavannes, N. H., Engels, Y., & Van der Kleij, R. M. (2020). Effectiveness and implementation of palliative care interventions for patients with chronic obstructive pulmonary disease: A systematic review. <i>Palliative Medicine</i> , 35(3), 486-502. <a href="https://doi.org/10.1177/0269216320981294">https://doi.org/10.1177/0269216320981294</a>
282	<b>Developing criteria to assist in the palliative phase of COPD.</b>	Trueman, J., & Trueman, I. (2011). Developing criteria to assist in the palliative phase of COPD. <i>British Journal of Nursing</i> , 20(6), 364-369. <a href="https://doi.org/10.12968/bjon.2011.20.6.364">https://doi.org/10.12968/bjon.2011.20.6.364</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
283	<i>Promoting quality of life for patients with moderate to severe COPD</i>	Tinker, R., & While, A. (2006). Promoting quality of life for patients with moderate to severe COPD. <i>British Journal of Community Nursing</i> , 11(7), 278-284. <a href="https://doi.org/10.12968/bjcn.2006.11.7.21442">https://doi.org/10.12968/bjcn.2006.11.7.21442</a>
284	<i>Practical nursing recommendations for palliative care for people with dementia living in long-term care facilities during the COVID-19 pandemic: A rapid scoping review.</i>	Bolt, S. R., Van der Steen, J. T., Mujezinović, I., Janssen, D. J., Schols, J. M., Zwakhalen, S. M., Khemai, C., Knapen, E. P., Dijkstra, L., & Meijers, J. M. (2021). Practical nursing recommendations for palliative care for people with dementia living in long-term care facilities during the COVID-19 pandemic: A rapid scoping review. <i>International Journal of Nursing Studies</i> , 113, 103781. <a href="https://doi.org/10.1016/j.ijnurstu.2020.103781">https://doi.org/10.1016/j.ijnurstu.2020.103781</a>
285	<i>Nursing staff needs in providing palliative care for people with dementia at home or in long-term care facilities: A scoping review.</i>	Bolt, S. R., Van der Steen, J. T., Schols, J. M., Zwakhalen, S. M., Pieters, S., & Meijers, J. M. (2019). Nursing staff needs in providing palliative care for people with dementia at home or in long-term care facilities: A scoping review. <i>International Journal of Nursing Studies</i> , 96, 143-152. <a href="https://doi.org/10.1016/j.ijnurstu.2018.12.011">https://doi.org/10.1016/j.ijnurstu.2018.12.011</a>
286	<i>Forget me not: palliative care for people with dementia.</i>	Harris, D. (2007). Forget me not: Palliative care for people with dementia. <i>Postgraduate Medical Journal</i> , 83(980), 362-366. <a href="https://doi.org/10.1136/pgmj.2006.052936">https://doi.org/10.1136/pgmj.2006.052936</a>
287	<i>Setting the backdrop in caring for people with dementia.</i>	Hunt, N. (2007). Setting the backdrop in caring for people with dementia. <i>Nursing Older People</i> , 18(12), 18-19. <a href="https://doi.org/10.7748/nop.18.12.18.s18">https://doi.org/10.7748/nop.18.12.18.s18</a>
288	<i>Can multidisciplinary guidelines improve the palliation of symptoms in the terminal phase of dementia?</i>	Lloyd-Williams, M., & Payne, S. (2002). Can multidisciplinary guidelines improve the palliation of symptoms in the terminal phase of dementia? <i>International Journal of Palliative Nursing</i> , 8(8), 370-375. <a href="https://doi.org/10.12968/ijpn.2002.8.8.10680">https://doi.org/10.12968/ijpn.2002.8.8.10680</a>
289	<i>Advance care planning in dementia: Recommendations for healthcare professionals.</i>	Piers, R., Albers, G., Gilissen, J., De Lepeleire, J., Steyaert, J., Van Mechelen, W., Steeman, E., Dillen, L., Vanden Berghe, P., & Van den Block, L. (2018). Advance care planning in dementia: Recommendations for healthcare professionals. <i>BMC Palliative Care</i> , 17(1). <a href="https://doi.org/10.1186/s12904-018-0332-2">https://doi.org/10.1186/s12904-018-0332-2</a>
290	<i>The management of dementia worldwide: A review on policy practices, clinical guidelines, end-of-life care, and challenge along with aging population</i>	Wang, C., Song, P., & Niu, Y. (2022). The management of dementia worldwide: A review on policy practices, clinical guidelines, end-of-life care, and challenge along with aging population. <i>BioScience Trends</i> , 16(2), 119-129. <a href="https://doi.org/10.5582/bst.2022.01042">https://doi.org/10.5582/bst.2022.01042</a>
291	<i>The application of palliative care in dementia</i>	Pandpazir, M., & Tajari, M. (2019). The application of palliative care in dementia. <i>Journal of Family Medicine and Primary Care</i> , 8(2), 347. <a href="https://doi.org/10.4103/jfmpc.jfmpc_105_18">https://doi.org/10.4103/jfmpc.jfmpc_105_18</a>
292	<i>Assessing palliative care content in dementia care guidelines: A systematic review</i>	Durepos, P., Wickson-Griffiths, A., Hazzan, A. A., Kaasalainen, S., Vastis, V., Battistella, L., & Papaioannou, A. (2017). Assessing palliative care content in dementia care guidelines: A systematic review. <i>Journal of Pain and Symptom Management</i> , 53(4), 804-813. <a href="https://doi.org/10.1016/j.jpainsymman.2016.10.368">https://doi.org/10.1016/j.jpainsymman.2016.10.368</a>
293	<i>Palliative and end-of-life care for people living with dementia in care homes: part 2</i>	Mitchell, G., Agnelli, J., McGreevy, J., Diamond, M., Roble, H., McShane, E., & Strain, J. (2016). Palliative and end-of-life care for people living with dementia in care homes: part 2. <i>Nursing standard</i> , 30(44), 54-63. <a href="https://doi.org/10.7748/ns.2016.e10582">https://doi.org/10.7748/ns.2016.e10582</a>
294	<i>Palliative care for persons with dementia</i>	Head B. (2003). Palliative care for persons with dementia. <i>Home healthcare nurse</i> , 21(1), 53-61. <a href="https://doi.org/10.1097/00004045-200301000-00012">https://doi.org/10.1097/00004045-200301000-00012</a>
295	<i>Caring for people with end-stage dementia</i>	Birch, D., & Stokoe, D. (2010). Caring for people with end-stage dementia. <i>Nursing Older People</i> , 22(2), 31-36. <a href="https://doi.org/10.7748/nop2010.03.22.2.31.c7567">https://doi.org/10.7748/nop2010.03.22.2.31.c7567</a>
296	<i>Comfort/palliative care guidelines for neonatal practice: development and implementation in an academic medical center</i>	Carter, B. S., & Bhatia, J. (2001). Comfort/palliative care guidelines for neonatal practice: development and implementation in an academic medical center. <i>Journal of Perinatology</i> , 21(5), 279-283. <a href="https://doi.org/10.1038/sj.jp.7210582">https://doi.org/10.1038/sj.jp.7210582</a>



	<b>FULL RESOURCE NAME</b>	<b>BRIEF DESCRIPTION</b>	<b>FULL APA 7TH ED. REFERENCE</b>
297	<b>Compilation of the neonatal palliative care clinical guideline in neonatal intensive care unit</b>	This article describes a study to develop and compile clinical practice guidelines for neonatal palliative care services to increase the quality of clinical practice.	Zargham-Boroujeni, A., Zoafa, A., Marofi, M., & Badiee, Z. (2015). Compilation of the neonatal palliative care clinical guideline in neonatal intensive care unit. <i>Iranian Journal of Nursing and Midwifery Research</i> , 20(3), 309–314.
298	<b>Best practices for perinatal palliative care</b>	This article provides tips and guidelines for providing perinatal palliative care to patients and families including families suffering perinatal loss.	Ryan, A., Bernhard, H., & Fahlberg, B. (2015). Best practices for perinatal palliative care. <i>Nursing</i> , 45(10), 14–15. <a href="https://doi.org/10.1097/01.NURSE.0000471422.49754.9b">https://doi.org/10.1097/01.NURSE.0000471422.49754.9b</a>
299	<b>The dying neonate: family-centered end-of-life care</b>	This article discusses the importance of family centered care of dying patients in the NICU and the role of the nurse as a partner with the family in caring for the infant. The guideline includes tools to ensure families have the opportunity to create memories and be involved in the care of their child.	De Lisle-Porter, M., & Podruchny, A. M. (2009). The dying neonate: family-centered end-of-life care. <i>Neonatal network</i> , 28(2), 75–83. <a href="https://doi.org/10.1891/0730-0832.28.2.75">https://doi.org/10.1891/0730-0832.28.2.75</a>
300	<b>Cultural and religious considerations in pediatric palliative care</b>	This literature review reports on how culture and religion are part of pediatric palliative care. Recommendations for providing culturally sensitive end-of-life care are discussed.	Wiener, L., McConnell, D. G., Latella, L., & Ludi, E. (2013). Cultural and religious considerations in pediatric palliative care. <i>Palliative &amp; Supportive Care</i> , 11(1), 47–67. <a href="https://doi.org/10.1017/S1478951511001027">https://doi.org/10.1017/S1478951511001027</a>
301	<b>Addressing spirituality in pediatric hospice and palliative care.</b>	This article presents guidelines for addressing spiritual issues in children and families in pediatric palliative care and hospice.	Davies, B., Brenner, P., Orloff, S., Sumner, L., & Worden, W. (2002). Addressing spirituality in pediatric hospice and palliative care. <i>Journal of palliative care</i> , 18(1), 59–67.
302	<b>Identifying clinical practice guidelines for the supportive care of children with cancer: A report from the Children's Oncology Group</b>	This article is a systematic review of clinical practice guidelines for supportive care for children with cancer or after hematopoietic stem cell transplant.	Seelisch, J., Sung, L., Kelly, M. J., Raybin, J. L., Beauchemin, M., Dvorak, C. C., Kelly, K. P., Nieder, M. L., Noll, R. B., Thackray, J., Ullrich, N. J., Cabral, S., Dupuis, L. L., & Robinson, P. D. (2019). Identifying clinical practice guidelines for the supportive care of children with cancer: A report from the Children's Oncology Group. <i>Pediatric Blood &amp; Cancer</i> , 66(1), e27471. <a href="https://doi.org/10.1002/pbc.27471">https://doi.org/10.1002/pbc.27471</a>
303	<b>Providing palliative and hospice care to children, adolescents and young adults with cancer.</b>	This article describes pediatric palliative and hospice care in the United States with a clinical scenario, information on eligibility, implications of palliative care, and includes clinical practice guidelines for children, adolescents, and young adults with cancer.	Pyke-Grimm, K. A., Fisher, B., Haskamp, A., Bell, C. J., & Newman, A. R. (2021). Providing palliative and hospice care to children, adolescents and young adults with cancer. <i>Seminars in Oncology Nursing</i> , 37(3), 151166. <a href="https://doi.org/10.1016/j.soncn.2021.151166">https://doi.org/10.1016/j.soncn.2021.151166</a>
304	<b>Contributing towards improved end of life care for children.</b>	This article provides nursing guidelines for end of life care in children, including ethical decision-making and consideration of treatment limitations.	Peate, I. (2015). Contributing towards improved end of life care for children. <i>British Journal of School Nursing</i> , 10(4), 191-193. <a href="https://doi.org/10.12968/bjsn.2015.10.4.191">https://doi.org/10.12968/bjsn.2015.10.4.191</a>
305	<b>American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain.</b>	This article presents evidence-based clinical guidelines for management of acute and chronic pain related to sickle cell disease.	Brandow, A. M., Carroll, C. P., Creary, S., Edwards-Elliott, R., Glassberg, J., Hurley, R. W., Kutlar, A., Seisa, M., Stinson, J., Strouse, J. J., Yusuf, F., Zempsky, W., & Lang, E. (2020). American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain. <i>Blood Advances</i> , 4(12), 2656–2701. <a href="https://doi.org/10.1182/bloodadvances.2020001851">https://doi.org/10.1182/bloodadvances.2020001851</a>
306	<b>A guideline for Parkinson's disease nurse specialists, with recommendations for clinical practice</b>	This clinical guideline for nursing includes interventions for Parkinson's Disease nurses to utilize within their care of patients with Parkinson's disease.	Lennaerts, H., Groot, M., Rood, B., Gilissen, K., Tulp, H., van Wensen, E., Munneke, M., van Laar, T., & Bloem, B. R. (2017). A guideline for parkinson's disease nurse specialists, with recommendations for clinical practice. <i>Journal of Parkinson's Disease</i> , 7(4), 749–754. <a href="https://doi.org/10.3233/JPD-171195">https://doi.org/10.3233/JPD-171195</a>
307	<b>Education on palliative care for Parkinson patients: development of the "Best care for people with late-stage Parkinson's disease" curriculum toolkit.</b>	This article presents a toolkit of "Best Care for People with Late-Stage Parkinson's Disease", based on recommendations and guidelines for clinicians including palliative care and educational materials.	Gatsios, D., Antonini, A., Gentile, G., Konitsiotis, S., Fotiadis, D., Nixina, I., Taba, P., Weck, C., Lorenzl, S., Lex, K. M., & Paal, P. (2021). Education on palliative care for Parkinson patients: development of the "Best care for people with late-stage Parkinson's disease" curriculum toolkit. <i>BMC Medical Education</i> , 21(1), 538. <a href="https://doi.org/10.1186/s12909-021-02964-6">https://doi.org/10.1186/s12909-021-02964-6</a>
308	<b>Resources for planning palliative and end-of-life care for patients with kidney disease.</b>	This article provides resources for nurses to assist in palliative and end of life care for patients with end stage renal disease.	Price, C. A. (2003). Resources for planning palliative and end-of-life care for patients with kidney disease. <i>Nephrology Nursing Journal</i> , 30(6), 649-664. <a href="https://www.proquest.com/scholarly-journals/resources-planning-palliative-end-life-care/docview/216538773/se-2">https://www.proquest.com/scholarly-journals/resources-planning-palliative-end-life-care/docview/216538773/se-2</a>
309	<b>Evidence-based Palliative Care Approaches to Non-pain Physical Symptom Management in Cancer Patients</b>	This article reviews palliative approaches for non-pain symptom management for cancer patients such on treatment of nausea and vomiting, constipation, diarrhea, anorexia/cachexia, fatigue, and dyspnea.	Hagmann, C., Cramer, A., Kestenbaum, A., Durazo, C., Downey, A., Russell, M., Geluz, J., Ma, J. D., & Roeland, E. J. (2018). Evidence-based palliative care approaches to non-pain physical symptom management in cancer patients. <i>Seminars in Oncology Nursing</i> , 34(3), 227–240. <a href="https://doi-org.huaryu.kl.oakland.edu/10.1016/j.soncn.2018.06.004">https://doi-org.huaryu.kl.oakland.edu/10.1016/j.soncn.2018.06.004</a>
310	<b>Evidence-based Management of Cancer Pain</b>	This article is a review of common palliative care practices and guidelines in the assessment and management of cancer pain.	Webb, J. A., & LeBlanc, T. W. (2018). Evidence-based management of cancer pain. <i>Seminars in Oncology Nursing</i> , 34(3), 215–226. <a href="https://doi-org.huaryu.kl.oakland.edu/10.1016/j.soncn.2018.06.003">https://doi-org.huaryu.kl.oakland.edu/10.1016/j.soncn.2018.06.003</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
311	<b>Moving away from medicines: an overview of chronic pain management</b>	Bacchus, C. (2023). Moving away from medicines: An overview of chronic pain management. <i>Nursing Standard</i> , 38(3), 45-50. <a href="https://doi.org/10.7748/ns.2023.e11957">https://doi.org/10.7748/ns.2023.e11957</a>
312	<b>Standards of Practice for Pediatric Palliative Care and Hospice</b>	National Hospice and Palliative Care Organization. (2009). <i>Standards of Practice for Pediatric Palliative Care and Hospice</i> . <a href="https://www.uclahealth.org/sites/default/files/documents/Standards-Practice-Pediatric-Palliative.pdf?f=c9580194">https://www.uclahealth.org/sites/default/files/documents/Standards-Practice-Pediatric-Palliative.pdf?f=c9580194</a>
313	<b>Symptom management in patients with established renal failure managed without dialysis</b>	Murtagh, F., Addington-Hall, J., Donohoe, P., & Higginson, I. (2006). Symptom management in patients with established renal failure managed without dialysis. <i>Journal of Renal Care</i> , 32(2), 93-98. <a href="https://doi.org/10.1111/j.1755-6686.2006.tb00459.x">https://doi.org/10.1111/j.1755-6686.2006.tb00459.x</a>
314	<b>Educational Modules for the Critical Care Communication Course- A Communication Skills Training Program</b>	Arnold, R., Prendergast, T., Emet, L., Weinstein, E., Barnato, A., & Back, A. (2010). <i>Educational modules for the critical care communication (C3) course - A communication skills training program for intensive care fellows</i>
315	<b>Managing Implicit Bias and Its Effect on Health Care Disparities</b>	Center to Advance Palliative Care. (2022, November 28). <i>Health equity: Tools for health professionals</i> . <a href="https://www.capc.org/toolkits/achieving-health-equity/">https://www.capc.org/toolkits/achieving-health-equity/</a>
316	<b>Diversity</b>	National Hospice and Palliative Care Organization. (2023, June 2). <i>Diversity</i> . <a href="https://www.nhpc.org/education/tools-and-resources/diversity#tool">https://www.nhpc.org/education/tools-and-resources/diversity#tool</a>
317	<b>Enhancing equity and diversity in palliative care clinical practice, research and education</b>	Koffman, J., Shapiro, G. K., & Schulz-Quach, C. (2023). Enhancing equity and diversity in palliative care clinical practice, research and education. <i>BMC Palliative Care</i> , 22(1). <a href="https://doi.org/10.1186/s12904-023-01185-6">https://doi.org/10.1186/s12904-023-01185-6</a>
318	<b>Healthcare equity at the end of life</b>	Compassion & Choices. (n.d.). <i>Healthcare equity at the end of life</i> . <a href="https://www.compassionandchoices.org/our-issues/healthcare-equity-end-of-life">https://www.compassionandchoices.org/our-issues/healthcare-equity-end-of-life</a>
319	<b>Addressing inequities in end-of-life planning and care: Advancing equity at life's end research scan.</b>	Compassion & Choices. (2021). <i>Addressing inequities in end-of-life planning and care: Advancing equity at life's end research scan</i> . <a href="https://www.compassionandchoices.org/docs/default-source/default-document-library/research-scan-addressing-inequities-in-end-of-life-planning-and-care-final-1.6.22.pdf?sfvrsn=4c1f4085_1">https://www.compassionandchoices.org/docs/default-source/default-document-library/research-scan-addressing-inequities-in-end-of-life-planning-and-care-final-1.6.22.pdf?sfvrsn=4c1f4085_1</a>
320	<b>Education, implementation, and policy barriers to greater integration of palliative care: A literature review</b>	Aldridge, M. D., Hasselaar, J., Garralda, E., Van der Eerden, M., Stevenson, D., McKendrick, K., Centeno, C., & Meier, D. E. (2015). Education, implementation, and policy barriers to greater integration of palliative care: A literature review. <i>Palliative Medicine</i> , 30(3), 224-239. <a href="https://doi.org/10.1177/0269216315606645">https://doi.org/10.1177/0269216315606645</a>
321	<b>Disparities in access to palliative care</b>	American Cancer Society Cancer Action Network. (2021). <i>Disparities in palliative care</i> . <a href="https://www.fightcancer.org/sites/default/files/Disparities%20in%20Access%20to%20Palliative%20Care%2020th%20Anniversary_.pdf">https://www.fightcancer.org/sites/default/files/Disparities%20in%20Access%20to%20Palliative%20Care%2020th%20Anniversary_.pdf</a>
322	<b>For policymakers</b>	Get Palliative Care. (n.d.). <i>For policymakers</i> . <a href="https://getpalliativecare.org/resources/policymakers/">https://getpalliativecare.org/resources/policymakers/</a>
323	<b>Policy matters</b>	Center to Advance Palliative Care. (n.d.). <i>Policy matters</i> . <a href="https://www.capc.org/policy-matters/">https://www.capc.org/policy-matters/</a>
324	<b>Palliative care for extremely premature infants and their families</b>	Boss, R. D. (2011). Palliative care for extremely premature infants and their families. <i>Developmental Disabilities Research Reviews</i> , 16(4), 296-301. <a href="https://doi.org/10.1002/ddrr.123">https://doi.org/10.1002/ddrr.123</a>

	<b>FULL RESOURCE NAME</b>	<b>BRIEF DESCRIPTION</b>	<b>FULL APA 7TH ED. REFERENCE</b>
325	<b>Palliative care in the neonatal nursery</b>	These guidelines discuss the care of newborn infants with life-limiting conditions and a short life expectancy. Included are goals, communication, support of the family, principles of neonatal palliative care, and additional resources. As it is derived mainly from World Health Organization guidelines, this document may provide best practices for clinicians globally.	Reid, S., Bredemeyer, S., Van den Berg, C., Cresp, T., Martin, T., & Miara, N. (2011). Palliative care in the neonatal nursery. <i>Neonatal, Paediatric, and Child Health Nursing</i> , 14(2), 2-8. <a href="http://www.acnn.org.au/resources-and-research/clinical-guidelines/G3-Palliative-care-in-the-neonatal-nursery.pdf">http://www.acnn.org.au/resources-and-research/clinical-guidelines/G3-Palliative-care-in-the-neonatal-nursery.pdf</a>
326	<b>Guide for HIV/AIDS Clinical Care</b>	A comprehensive guide for HIV/AIDS clinical care including information on testing and assessment, health maintenance and prevention, HIV treatment, common symptoms, comorbidities and complications, and adverse events.	U.S. Department of Health and Human Services. (2014). <i>Guide for HIV/AIDS clinical care</i> . <a href="https://ryanwhite.hrsa.gov/sites/default/files/ryanwhite/grants/2014-guide.pdf">https://ryanwhite.hrsa.gov/sites/default/files/ryanwhite/grants/2014-guide.pdf</a>
327	<b>Palliative Care in HIV/AIDS</b>	An open access peer reviewed chapter from the book, Palliative Care, free to download with registration. This chapter discusses principles of palliative care for those with HIV, ranges of treatment, symptom management, psychological and spiritual support, caregiver support, preparation for death, and drugs for use in palliative care.	Abera Areri, H. (2019). Palliative care in HIV/AIDS. Mollaoglu, M. <i>Palliative Care</i> . Intechopen. <a href="https://www.intechopen.com/chapters/66789">https://www.intechopen.com/chapters/66789</a>
328	<b>Guidelines for the Psychosocial and Bereavement Support of Family Caregivers of Palliative Care Patients</b>	This document provides clinical practice guidelines for the psychosocial and bereavement support of family and caregivers of patients in palliative care. Included in this resource are evidence-based strategies to guide health professionals in providing support for caregivers while providing care and after the death of the patient.	Hudson, P., Remedios, C., Zordan, R., Thomas, K., Clifton, D., Crewdson, M., Hall, C., Trauer, T., Bolleter, A., Clarke, D. M., & Bauld, C. (2012). Guidelines for the psychosocial and bereavement support of family caregivers of palliative care patients. <i>Journal of Palliative Medicine</i> , 15(6), 696-702. <a href="https://doi.org/10.1089/jpm.2011.0466">https://doi.org/10.1089/jpm.2011.0466</a>
329	<b>Bereavement support standards and bereavement care pathway for quality palliative care</b>	This article discusses bereavement standards to provide targeted support for family caregivers before patient death and one year after death as a minimum level of support as well as the guiding principles for each standard.	Hudson, P., Hall, C., Boughey, A., & Roulston, A. (2017). Bereavement support standards and bereavement care pathway for quality palliative care. <i>Palliative and Supportive Care</i> , 16(4), 375-387. <a href="https://doi.org/10.1017/s1478951517000451">https://doi.org/10.1017/s1478951517000451</a>
330	<b>Palliative care bereavement support guidelines</b>	Ebook on bereavement support guidelines for palliative care including underlying principles, preparing for death, providing support post death, implementation of guidelines into practice, as well as development of the discussed guidelines.	MidCentral District Health Board, & Palliative Care District Group. (2015). <i>Palliative care bereavement support guidelines</i> . MidCentral District Health Board. <a href="https://www.arohanuihospice.org.nz/wp-content/uploads/2019/08/Bereavement-Support-Guidelines-2232-Links.pdf">https://www.arohanuihospice.org.nz/wp-content/uploads/2019/08/Bereavement-Support-Guidelines-2232-Links.pdf</a>
331	<b>Part 1: Guidelines for psychosocial screening in palliative care setting Part 2: Guidelines for bereavement support in the palliative care setting</b>	Ebook resource created to assist healthcare professionals working with patients who have life-limiting illness by providing clinical guidelines related to best practice bereavement support. Originally created for the Gippsland region, it is also of use for those practicing in other areas and includes many resources including psychosocial screening tools, bereavement risk assessment tools, and support strategies.	Gippsland Region Palliative Care Consortium. (2022). <i>Part 1: Guidelines for psychosocial screening in palliative care setting. Part 2: Guidelines for Bereavement support in the palliative care setting</i> . <a href="https://app.box.com/s/x8qmp6jfsxb6u91jbosmdk1uaz3m2b">https://app.box.com/s/x8qmp6jfsxb6u91jbosmdk1uaz3m2b</a>
332	<b>Psychosocial care</b>	Free to access ebook of guideline recommendations for assessing and addressing psychosocial issues of adult patients facing a progressive life limiting illness. This resource provides general information about psychosocial care, support, and interventions for healthcare professionals to enhance their care. Originally created for healthcare professionals in British Columbia, this resource is also of use in other settings for its general recommendations.	Fraser Health. (2009). <i>Psychosocial Care</i> . <a href="https://www.fraserhealth.ca/-/media/Project/FraserHealth/FraserHealth/Health-Professionals/Professionals-Resources/Hospice-palliative-care/Sections-PDFs-for-FH-Aug31/9524-27-FH---Sym_Guide-PsychosocialCare.pdf">https://www.fraserhealth.ca/-/media/Project/FraserHealth/FraserHealth/Health-Professionals/Professionals-Resources/Hospice-palliative-care/Sections-PDFs-for-FH-Aug31/9524-27-FH---Sym_Guide-PsychosocialCare.pdf</a>
333	<b>Key aspects of psychosocial needs in palliative care - a qualitative analysis within the setting of a palliative care unit in comparison with specialised palliative home care.</b>	Qualitative analysis discusses what palliative care patients, their relatives, and healthcare professionals identify as key psychosocial issues contributing to the success of palliative care.	Michel, C., Seipp, H., Kuss, K., Hach, M., Kussin, A., Riera-Knorrenschild, J., & Bösner, S. (2023). Key aspects of psychosocial needs in palliative care - a qualitative analysis within the setting of a palliative care unit in comparison with specialised palliative home care. <i>BMC Palliative Care</i> , 22(1). <a href="https://doi.org/10.1186/s12904-023-01227-z">https://doi.org/10.1186/s12904-023-01227-z</a>
334	<b>Family members' experiences of psychosocial support in palliative care inpatient units: A descriptive qualitative study.</b>	This article is a descriptive qualitative study of family members' experiences of psychosocial support in palliative care units. Findings of this study emphasize families' desire for additional family support, desire for family-centered care, and the need for routine psychosocial family support in the setting of palliative care.	Anu, S., Kaisa, M., Heli, V., Andreas, C., & Elina, H. (2022). Family members' experiences of psychosocial support in palliative care inpatient units: A descriptive qualitative study. <i>European Journal of Oncology Nursing</i> , 61, 102201. <a href="https://doi.org/10.1016/j.ejon.2022.102201">https://doi.org/10.1016/j.ejon.2022.102201</a>
335	<b>Palliative care for patients with kidney disease</b>	This review discusses palliative care for patients with various types of kidney disease, benefits of palliative care, as well as the need for additional research about palliative care for those with chronic kidney disease.	Lanini, I., Samoni, S., Husain-Syed, F., Fabbri, S., Canzani, F., Messeri, A., Domenico Mediati, R., Ricci, Z., Romagnoli, S., & Villa, G. (2022). Palliative care for patients with kidney disease. <i>Journal of Clinical Medicine</i> , 11(13), 3923. <a href="https://doi.org/10.3390/jcm11133923">https://doi.org/10.3390/jcm11133923</a>
336	<b>Caring for someone with kidney failure towards the end of life</b>	Webpage to educate healthcare professionals on caring for patients with kidney failure towards the end of life. The page includes an overview of kidney failure, symptoms, symptom management, signs of end of life in kidney failure, information for patients and families about end of life, and ways to support patients with kidney failure at their end of life and their families.	Marie Curie Foundation. (n.d.). <i>Caring for someone with kidney failure towards the end of life</i> . <a href="https://www.mariecurie.org.uk/professionals/palliative-care-knowl-edge-zone/condition-specific-short-guides/kidney-failure#kidney-failure">https://www.mariecurie.org.uk/professionals/palliative-care-knowl-edge-zone/condition-specific-short-guides/kidney-failure#kidney-failure</a>
337	<b>End of life care in advanced chronic kidney disease -Symptom management guidelines for adult patients</b>	Guidelines derived from the World Health Organization for health care professionals caring for patients with advanced kidney disease at their end of life with a focus on management of symptoms in the last few days of life. Document includes management of pain, agitation, restlessness, breathlessness, respiratory secretions, nausea, and vomiting. Nonpharmacologic and pharmacologic interventions are included.	University Hospitals of Leicester. (2016). <i>End of life care in advanced chronic kidney disease -Symptom management guidelines for adult patients</i> . <a href="https://www.palliativecareggc.org.uk/wp-content/uploads/2015/08/RenalLastDays-nov-2013.pdf">https://www.palliativecareggc.org.uk/wp-content/uploads/2015/08/RenalLastDays-nov-2013.pdf</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
338	<b>Guidance: Addressing the needs of older patients in HIV care</b>	Fine, S., Vail, R., McGowan, J., Merrick, S., Radix, A., Rodrigues, J., & Hoffmann, C. (2020). <i>Guidance: Addressing the needs of older patients in HIV care</i> . Clinical Guidelines Program. <a href="https://www.hivguidelines.org/guideline/hiv-aging/">https://www.hivguidelines.org/guideline/hiv-aging/</a>
339	<b>Palliative and end-of-life care in stroke: A statement for healthcare professionals from the American Heart Association/American Stroke Association</b>	Holloway, R. G., Arnold, R. M., Creutzfeldt, C. J., Lewis, E. F., Lutz, B. J., McCann, R. M., Rabinstein, A. A., Saposnik, G., Sheth, K. N., Zahuranec, D. B., Zipfel, G. J., & Zorowitz, R. D. (2014). Palliative and end-of-life care in stroke: A statement for healthcare professionals from the American Heart Association/American Stroke Association. <i>Stroke</i> , 45(6), 1887-1916. <a href="https://doi.org/10.1161/STR.0000000000000015">https://doi.org/10.1161/STR.0000000000000015</a>
340	<b>Palliative care for stroke patients and their families: Barriers for implementation.</b>	Steigleder, T., Kollmar, R., & Ostgathe, C. (2019). Palliative care for stroke patients and their families: Barriers for implementation. <i>Frontiers in Neurology</i> , 10. <a href="https://doi.org/10.3389/fneur.2019.00164">https://doi.org/10.3389/fneur.2019.00164</a>
341	<b>The impact of palliative care and nursing intervention on the psychology and quality of life of elderly patients with colorectal cancer</b>	Zhang, A., & Fu, H. (2022). The impact of palliative care and nursing intervention on the psychology and quality of life of elderly patients with colorectal cancer. <i>Journal of Oncology</i> , 1-9. <a href="https://doi.org/10.1155/2022/777446">https://doi.org/10.1155/2022/777446</a>
342	<b>Treatment of patients with late-stage colorectal cancer: ASCO resources-stratified guideline</b>	Chiorean, E. G., Nandakumar, G., Fadelu, T., Temin, S., Alarcon-Rozas, A. E., Bejarano, S., Croitoru, A., Grover, S., Lohar, P. V., Odhiambo, A., Park, S. H., Garcia, E. R., Teh, C., Rose, A., Zaki, B., & Chamberlin, M. D. (2020). Treatment of patients with late-stage colorectal cancer: ASCO resource-stratified guideline. <i>JCO Global Oncology</i> , (6), 414-438. <a href="https://doi.org/10.1200/jgo.19.00367">https://doi.org/10.1200/jgo.19.00367</a>
343	<b>Integrating an early palliative approach into advanced colorectal cancer care</b>	Alberta Health Services Guideline Resource Unit. (2020, February). <i>Integrating an early palliative approach into advanced colorectal cancer care</i> . Alberta Health Services. <a href="https://www.albertahealthservices.ca/assets/info/hp/cancer/if-hp-cancer-guide-metastatic-colorectal-early-palliative-cancer-care.pdf">https://www.albertahealthservices.ca/assets/info/hp/cancer/if-hp-cancer-guide-metastatic-colorectal-early-palliative-cancer-care.pdf</a>
344	<b>Palliative care in colorectal cancer</b>	Caponero, R. (2020). <i>Palliative care in colorectal cancer</i> . In <i>Colorectal Cancer</i> . Intechopen. <a href="https://www.intechopen.com/chapters/73336">https://www.intechopen.com/chapters/73336</a>
345	<b>Patient &amp; caregiver experiences: Qualitative study comparison before and after implementation of early palliative care for advanced colorectal cancer.</b>	Ahmed, S., Naqvi, S. F., Sinnarajah, A., McGhan, G., Simon, J., & Santana, M. J. (2022). Patient & caregiver experiences: Qualitative study comparison before and after implementation of early palliative care for advanced colorectal cancer. <i>Canadian Journal of Nursing Research</i> , 55(1), 110-125. <a href="https://doi.org/10.1177/08445621221079534">https://doi.org/10.1177/08445621221079534</a>
346	<b>Prostate cancer and palliative care</b>	Get Palliative Care. (n.d.). <i>Palliative care and prostate cancer</i> . <a href="https://getpalliativecare.org/whatis/disease-types/prostate-cancer-palliative-care/">https://getpalliativecare.org/whatis/disease-types/prostate-cancer-palliative-care/</a>
347	<b>Considerations for palliative care in urologic oncology</b>	Launer, B., & Scarpato, K. R. (2021). Considerations for palliative care in urologic oncology. <i>Urology Times Urologists in Cancer Care</i> , 10(04). <a href="https://www.urologytimes.com/view/considerations-for-palliative-care-in-urologic-oncology">https://www.urologytimes.com/view/considerations-for-palliative-care-in-urologic-oncology</a>
348	<b>Prostate cancer: palliative care and pain relief</b>	Thompson, J. C., Wood, J., & Feuer, D. (2007). Prostate cancer: Palliative care and pain relief. <i>British Medical Bulletin</i> , 83(1), 341-354. <a href="https://doi.org/10.1093/bmb/ldm018">https://doi.org/10.1093/bmb/ldm018</a>
349	<b>Breast cancer- Metastatic: Palliative and supportive care</b>	American Society of Clinical Oncology. (2022). <i>Breast cancer- Metastatic: Palliative and supportive care</i> . Cancer.net. <a href="https://www.cancer.net/cancer-types/breast-cancer-metastatic/palliative-and-supportive-care#:~:text=Palliative%20treatments%20vary%20widely%20and,radiation%20therapy%2C%20to%20improve%20symptoms">https://www.cancer.net/cancer-types/breast-cancer-metastatic/palliative-and-supportive-care#:~:text=Palliative%20treatments%20vary%20widely%20and,radiation%20therapy%2C%20to%20improve%20symptoms</a>

	<b>FULL RESOURCE NAME</b>	<b>BRIEF DESCRIPTION</b>	<b>FULL APA 7TH ED. REFERENCE</b>
350	<b>Palliative care: Needs of advanced breast cancer patients.</b>	Article discusses the palliative care needs of patients with advanced breast cancer including common physical and psychological issue assessment and management, family meetings and goals of care, and common ailments related to breast cancer diagnosis and their associated management.	Cherny, N. I., Paluch-Shimon, S., & Berner-Wygoda, Y. (2018). Palliative care: Needs of advanced breast cancer patients. <i>Breast Cancer: Targets and Therapy</i> , 10, 231-243. <a href="https://doi.org/10.2147/bctt.s160462">https://doi.org/10.2147/bctt.s160462</a>
351	<b>Optimal supportive care for patients with metastatic breast cancer according to their disease progression phase</b>	Guidelines document originally created for Oncologists to understand supportive care priorities for patients with metastatic breast cancer based upon acute or stable phase of illness. This guide is also of use for other healthcare professionals treating those with metastatic breast cancer. Physical symptom control, psychosocial support, physical activity, nutrition, and advance care planning are discussed.	Kida, K., Olver, I., Yennu, S., Tripathy, D., & Ueno, N. T. (2021). Optimal supportive care for patients with metastatic breast cancer according to their disease progression phase. <i>JCO Oncology Practice</i> , 17(4), 177-183. <a href="https://doi.org/10.1200/op.20.00622">https://doi.org/10.1200/op.20.00622</a>
352	<b>Palliative care for metastatic breast cancer</b>	White paper provides key information on palliative care for metastatic breast cancer. Included are points for policymakers, management of site-specific metastases, and supportive care resources. Focus is on evaluation and planning to increase capacity to deliver high quality palliative care for breast cancer globally. Can be used to teach about breast cancer best practices as well as access and policy implications.	Anderson, B. O., Dvaladze, A., Ilbawi, A., Luciani, S., Torode, J., & Zujewski, J. A. (2013). <i>Palliative care for metastatic breast cancer</i> . Breast Cancer Initiative 2.5. <a href="https://www.fredhutch.org/content/dam/www/research/divisions/public-health-sciences/epidemiology/bci-25/KSPDF/KS%20Palliative%20Care%20Metastatic%20030617.pdf">https://www.fredhutch.org/content/dam/www/research/divisions/public-health-sciences/epidemiology/bci-25/KSPDF/KS%20Palliative%20Care%20Metastatic%20030617.pdf</a>
353	<b>Quality of life of women living with metastatic breast cancer and receiving palliative care: A systematic review.</b>	A systematic review of quality of life in women with metastatic breast cancer receiving palliative care. Themes were identified included medical treatment and pain relief, support and psychosocial needs, the interdisciplinary approach as integral, and challenges based on the ambiguity of the term 'palliative care'.	Drageset, S., Austrheim, G., & Ellingsen, S. (2021). Quality of life of women living with metastatic breast cancer and receiving palliative care: A systematic review. <i>Health Care for Women International</i> , 42(7-9), 1044-1065. <a href="https://doi.org/10.1080/07399332.2021.1876063">https://doi.org/10.1080/07399332.2021.1876063</a>
354	<b>The case for early palliative care in the treatment of ovarian cancer.</b>	Article discusses the need for early palliative care in the treatment of ovarian cancer. Symptom burden, treatment, the role of palliative care, and palliative care through the disease trajectory are discussed as well as the evidence supporting early palliative care integration for those with ovarian cancer.	Hardiman, L. (2014). The case for early palliative care in the treatment of ovarian cancer. <i>Journal of the Advanced Practitioner in Oncology</i> , 5(4). <a href="https://doi.org/10.6004/jadpro.2014.5.4.6">https://doi.org/10.6004/jadpro.2014.5.4.6</a>
355	<b>Symptom control and palliative care</b>	Webpage of resources for those with Ovarian cancer to address questions of palliative treatments and services. The page discusses symptom control, improving quality of life, accessing care, managing common symptoms, as well as managing feelings and emotions. This is a helpful resource for educating patients about ovarian cancer.	Ovacom Ovarian Cancer. (2021). <i>Symptom control and palliative care</i> . <a href="https://www.ovacom.org.uk/symptom-control-and-palliative-care-booklet">https://www.ovacom.org.uk/symptom-control-and-palliative-care-booklet</a>
356	<b>Managing pain from advanced cancer in the palliative care setting.</b>	This article reviews best practices for assessing and managing cancer pain holistically, using a case exemplar of a patient with end-stage ovarian cancer to illustrate how nurses and interdisciplinary colleagues can jointly address the complexity of pain.	Ferrell, B., Levy, M. H., & Paice, J. (2008). Managing pain from advanced cancer in the palliative care setting. <i>Clinical Journal of Oncology Nursing</i> , 12(4), 575-581. <a href="https://doi.org/10.1188/08.cjon.575-581">https://doi.org/10.1188/08.cjon.575-581</a>
357	<b>Gynecologic malignancies and palliative care</b>	PowerPoint presentation on an overview of gynecologic cancers, symptom management and palliative care principles, as well as case studies.	Weiss, T. (2020). <i>Gynecologic malignancies and palliative care</i> . UCLA Health.
358	<b>HPNA Nursing Resource Guide Advance Care Planning</b>	A free resource guide created by the Hospice and Palliative Nurses Association outlining important attributes and considerations of advance care planning. Included in the guide are important terms, communication, barriers, and well known models of care.	Hospice & Palliative Nurses Association. (n.d.). <i>HPNA nursing resource guide advance care planning</i> . <a href="https://www.advancingexpertcare.org/wp-content/uploads/2023/08/NRG_Advance-Care-Planning-2.pdf">https://www.advancingexpertcare.org/wp-content/uploads/2023/08/NRG_Advance-Care-Planning-2.pdf</a>
359	<b>HPNA nursing resource guide nausea &amp; vomiting</b>	This NRG describes signs and symptoms, interventions, as well as patient and family education and support.	Hospice & Palliative Nurses Association. (n.d.). <i>HPNA nursing resource guide nausea &amp; vomiting</i> . <a href="https://www.advancingexpertcare.org/wp-content/uploads/2023/08/2_NRG_NauseaVomiting-1-1.pdf">https://www.advancingexpertcare.org/wp-content/uploads/2023/08/2_NRG_NauseaVomiting-1-1.pdf</a>
360	<b>HPNA nursing resource guide dementia</b>	This NRG provides an overview of types of dementia, signs and symptoms, assessment, interventions, patient and family education and support, goals of care, and desired nursing outcomes.	Hospice & Palliative Nurses Association. (n.d.). <i>HPNA nursing resource guide dementia</i> . <a href="https://www.advancing-expertcare.org/wp-content/uploads/2023/08/7_NRG_Dementia-1.pdf">https://www.advancing-expertcare.org/wp-content/uploads/2023/08/7_NRG_Dementia-1.pdf</a>
361	<b>HPNA nursing resource guide dyspnea</b>	Free resource guide created by the Hospice & Palliative Nurses Association on the symptom of dyspnea. This guide defines signs and symptoms, assessment, interventions, patient and family education and support, symptom documentation examples, and desired nursing outcomes.	Hospice & Palliative Nurses Association. (n.d.). <i>HPNA nursing resource guide dyspnea</i> . <a href="https://www.advancing-expertcare.org/wp-content/uploads/2023/08/1_NRG_Dyspnea.pdf">https://www.advancing-expertcare.org/wp-content/uploads/2023/08/1_NRG_Dyspnea.pdf</a>
362	<b>Knowledge and attitudes survey regarding pain</b>	This assessment tool may be used to assess nursing knowledge of pain assessment and management practices. It can serve as an educational guide to help nursing students learn guidelines-based best practice pain management, as well as for evaluating post-educational activities knowledge and attitudes.	Ferrell, B. (2014). <i>Knowledge and Attitudes Survey Regarding Pain</i> . <a href="https://www.cityofhope.org/sites/www/files/2022-05/knowledge-attitude-survey-regarding-pain.pdf">https://www.cityofhope.org/sites/www/files/2022-05/knowledge-attitude-survey-regarding-pain.pdf</a>
363	<b>HPNA nursing resource guide opioid dosing and conversion calculations</b>	This NRG reviews basic nursing knowledge for opioid medications for pain management. Included is information on opioid prescribing and dosing, equianalgesic conversion charts, and case calculations needed for effective nursing care.	Hospice & Palliative Nurses Association. (n.d.). <i>HPNA nursing resource guide opioid dosing and conversion calculations</i> . <a href="https://www.advancingexpertcare.org/wp-content/uploads/2023/08/NRG_Opioid-Dosing-3.pdf">https://www.advancingexpertcare.org/wp-content/uploads/2023/08/NRG_Opioid-Dosing-3.pdf</a>
364	<b>HPNA nursing resource guide: Care for the patient nearing the end of life</b>	This resource guides nurses in care of the patient nearing the end of life. Included is an overview of the end of life, signs and symptoms, interventions, signs of death, postmortem care, family and team discussion considerations, a documentation example, and desired nursing outcomes.	Hospice & Palliative Nurses Association. (n.d.). <i>HPNA nursing resource guide: Care of the patient nearing the end of life</i> . <a href="https://www.advancingexpertcare.org/wp-content/uploads/2023/08/6_NRG_End-Of-Life.pdf">https://www.advancingexpertcare.org/wp-content/uploads/2023/08/6_NRG_End-Of-Life.pdf</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
365	<b>HPNA nursing resource guide anxiety</b>	This NRG presents information on anxiety including signs and symptoms, interventions, family and team discussion considerations, a symptom documentation example, and desired nursing outcomes.
366	<b>HPNA nursing resource guide seizures.</b>	This NRG provides an overview of seizures, signs and symptoms, interventions, family and team discussion considerations, symptom documentation, and desired nursing outcomes.
367	<b>HPNA nursing resource guide fatigue</b>	This guide for fatigue includes information on signs and symptoms, interventions, family and team discussion considerations, a symptom documentation example, and desired nursing outcomes.
368	<b>HPNA nursing resource guide delirium</b>	This guide on delirium explains possible causes, signs and symptoms, interventions, family and team discussion considerations, a symptom documentation example, and desired nursing outcomes.
369	<b>HPNA nursing resource guide LGBTQ+ inclusive care</b>	Free resource guide on providing inclusive care for patients in the LGBTQ+ community. Included is a general overview, barriers and challenges faced by the LGBTQ+ community, interventions, patient engagement considerations, and desired nursing outcomes.
370	<b>HPNA nursing resource guide terminal secretions</b>	Free resource guide on the symptom of terminal secretions. Included is a general overview, nursing assessment, interventions, and considerations for family and team discussions.
371	<b>Palliative care clinician perspectives on person-centered end-of-life communication for racially and culturally minoritized persons with cancer</b>	This research study used a case-based approach to assess how palliative care nurses, social workers, and chaplains addressed a severe pain management scenario for a woman who was African American and Native American and was hospitalized with end-stage ovarian cancer. The study participants were asked to discuss how they would address the patient's experiences of historical racism and mistrust in health care encounters.
372	<b>The use of simulation to teach nursing students and clinicians palliative care and end-of-life communication: A systematic review</b>	A systematic review describing results of using simulation in nursing and clinical education for teaching palliative care communication skills. Reports on gaps and recommendations.
373	<b>A systematic review of the effects of advance care planning facilitators programs</b>	This systematic review describes types of ACP education interventions which have demonstrated increased clinician knowledge, attitudes, and skills.
374	<b>Hope and advance care planning in advanced cancer: Is there a relationship?</b>	A descriptive correlation study of an ACP randomized control trial which found that hope was not diminished for persons with cancer who had ACP conversations with clinicians; hope either remained stable or increased while advance directives completion rates increased.
375	<b>Advance Care Planning: What You Need to Know</b>	Four-minute video animation that provides an international approach to explain the value of ACP.
376	<b>Death Nurse Reports 3-22-20 covid19 Advance Care Planning with Boo Boo</b>	A ten-minute video created by a specialist hospice and palliative care nurse whose dog "narrates" what ACP is and how it varies across the United States. Although recorded during the COVID-19 pandemic, the content is not specific to that illness.
377	<b>The Human Connection of Palliative Care: Ten Steps for What to Say and Do</b>	In this ten-minute video Dr. Diane Meier, an expert in PC, explains and demonstrates ten behaviors that can help any clinician set the stage for patient and family-centered empathetic ACP conversations.
378	<b>MI Advance Directive</b>	The legal advance directive in the state of Michigan to use for identifying a health care representative.
379	<b>Download and Complete Your State or Territories' Advance Directive Form</b>	This searchable website has links to free advance directives for states and territories in the US.
380	<b>American Society for Pain Management Nursing and Hospice and Palliative Nurses Association Position Statement: Pain Management at the End of Life</b>	A position statement making best practice recommendations for end-of-life pain management including ethical considerations, barriers to care, and clinical considerations.

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
381 <i>buprenorphine-as-an-essential-tool-for-palliative-care-clinicians</i>	This CAPC blog post presents a case study exemplifying appropriate use of the medication buprenorphine for a PC patient with cancer pain and a history of opioid use disorder. In addition to explaining the pharmacology of buprenorphine and why it has become a pain treatment of choice in recent years, the post includes information on identifying opioid use disorder. Information that nursing students need exposure to for addressing cancer pain and opioid use disorder in all clinical settings.	CAPC. (2022). <i>Buprenorphine as an Essential Tool for Palliative Care Clinicians</i> . <a href="https://www.capc.org/blog/part-1-buprenorphine-as-an-essential-tool-for-palliative-care-clinicians/">https://www.capc.org/blog/part-1-buprenorphine-as-an-essential-tool-for-palliative-care-clinicians/</a>
382 <i>ASPMN 2019 Position Statement: Pain Assessment in the Patient Unable to Self-Report</i>	Position statement making best practice recommendations for assessment of pain in adults unable to self-report.	Herr, K., Coyne, P. J., Gelin, C., & Manworren, R. C. B. (2019). ASPMN 2019 Position statement: Pain assessment in the patient unable to self-report. <i>Pain Management Nursing</i> , 20, 402-403. <a href="https://doi.org/10.1016/j.pmn.2019.07.007">https://doi.org/10.1016/j.pmn.2019.07.007</a>
383 <i>Debbie's Palliative Care Story: An Update</i>	A three-minute video in which Debbie describes her experience of palliative care which helped to manage her pain over her ten years of living with multiple myeloma. A brief introduction to the patient perspective of the value of palliative care in improving quality of life.	Get Palliative Care. (2022). <i>Debbie's Palliative Care Story: An Update</i> . [Video]. Youtube. <a href="https://www.youtube.com/watch?v=eUx9wfDa3o">https://www.youtube.com/watch?v=eUx9wfDa3o</a>
384 <i>Pediatric Palliative Care: A Personal Story</i>	In this four-minute video, a parent describes how pediatric palliative care helped her family cope with their daughter's cancer. Former director of the National Institute for Nursing Research, Dr. Patricia Grady, nurse scientist, makes a brief case for why nurses need competence in palliative care communication and referral.	National Institute of Nursing Research. (2014). <i>Pediatric Palliative Care: A Personal Story</i> . [Video]. Youtube. <a href="https://www.youtube.com/watch?v=h0BYFS_Z68">https://www.youtube.com/watch?v=h0BYFS_Z68</a>
385 <i>Types of Care</i>	This consumer-facing website clearly describes palliative care, supportive care and hospice care in lay language and pages are printable. For nursing students, this website can facilitate learning activities that build competence in communicating the types of care that can help patients and families meet their treatment wishes.	CaringInfo. (n.d.). <i>Types of Care</i> . <a href="https://www.caringinfo.org/types-of-care/">https://www.caringinfo.org/types-of-care/</a>
386 <i>Research: Evidence-Based Approaches to Inform Clinical Practice.</i>	In this 52-minute long podcast, three nurse researchers discuss how nursing science is integral to the provision of effective evidence-based palliative care.	HPNA. (2021). <i>Research: Evidence-Based Approaches to Inform Clinical Practice</i> . <a href="https://hpna.podbean.com/ep-14-research-evidence-based-approaches-to-inform-clinical-practice/">https://hpna.podbean.com/ep-14-research-evidence-based-approaches-to-inform-clinical-practice/</a>
387 <i>HPNA Position Statement Ensuring High Quality in Hospice and Palliative Care</i>	How nurses play a pivotal role in ensuring high quality palliative care.	HPNA Position Statement Ensuring High Quality in Hospice and Palliative Care. (2021). <a href="https://www.advancingexpertcare.org/practice-research/statements-hpna/">https://www.advancingexpertcare.org/practice-research/statements-hpna/</a>
388 <i>Palliative Care</i>	The World Health Organization webpage providing an overview of palliative care.	World Health Organization. (2020). <i>Palliative Care</i> . <a href="https://www.who.int/news-room/fact-sheets/detail/palliative-care">https://www.who.int/news-room/fact-sheets/detail/palliative-care</a>
389 <i>HPNA Position Statement: The Ethics of Use of Opioids in Palliative Nursing</i>	Position statement outlining the ethical use of opioid medications in the delivery of palliative nursing care.	HPNA. (2017). <i>HPNA Position Statement: The Ethics of Use of Opioids in Palliative Nursing</i> . <a href="https://www.advancingexpertcare.org/practice-research/statements-hpna/">https://www.advancingexpertcare.org/practice-research/statements-hpna/</a>
390 <i>Clinical Practice Guidelines for Quality Palliative Care, 4th edition</i>	A gold standard guidelines document for holistic interdisciplinary palliative care, with explanations for levels of evidence provided.	National Coalition for Hospice and Palliative Care. (2018). <i>Clinical Practice Guidelines for Quality Palliative Care, 4th edition</i> . <a href="https://www.nationalcoalitionhpc.org/nhcp/">https://www.nationalcoalitionhpc.org/nhcp/</a>
391 <i>Is Palliative Care Right for You?</i>	A values and goals-based "quiz" that poses basic questions to help people know if palliative care is appropriate for their circumstances. A good tool to use in creating a learning activity for nursing students.	Get Palliative Care. (2023). <i>Is Palliative Care Right for You?</i> <a href="https://getpalliativecare.org/rightforyou/">https://getpalliativecare.org/rightforyou/</a>
392 <i>Podcast: Gregory's Lung Cancer Story</i>	A 20-minute audio podcast which centers a patient's and palliative care physician's shared story about how palliative care has improved life in a holistic manner. A good resource to build a nursing student learning activity on.	Get Palliative Care. (2023). <i>Gregory's Lung Cancer Story</i> . <a href="https://getpalliativecare.org/whatis/disease-types/lung-cancer-palliative-care/">https://getpalliativecare.org/whatis/disease-types/lung-cancer-palliative-care/</a>
393 <i>Earlier multidisciplinary palliative care intervention for people with lung cancer: A systematic review and meta-analysis</i>	A meta and narrative analysis of early palliative care interventions for lung cancer. Results indicated that need-based palliative care can be as effective as early, depending on the circumstances.	Kochovska, S., Ferreira, D. H., Luckett, T., Phillips, J. L., & Currow, D. C. (2020). Earlier multidisciplinary palliative care intervention for people with lung cancer: A systematic review and meta-analysis. <i>Translational Lung Cancer Research</i> , 9(4),1699-1709. <a href="https://doi.org/10.21037/tlcr.2019.12.18">https://doi.org/10.21037/tlcr.2019.12.18</a>
394 <i>Integration of palliative care into standard oncology care: American Society of Clinical Oncology clinical practice guideline update</i>	Updated guidelines for provision of palliative care in cancer treatment.	Ferrell, B. R., Temel, J. S., Temin, S., Alesi, E. R., Balboni, T. A., Basch, E. M., Finn, J. I., Paice, J. A., Peppercorn, J. M., Phillips, T., Stovall, E. L., Zimmerman, C., & Smith, T. J. (2017). Integration of palliative care into standard oncology care: American Society of Clinical Oncology clinical practice guideline update. <i>Journal of Clinical Oncology</i> , 35(1), 96-112. <a href="https://doi.org/10.1200/JCO.2016.70.1474">https://doi.org/10.1200/JCO.2016.70.1474</a>
395 <i>Palliative care in metastatic head and neck cancer</i>	A correlational retrospective study of hospital data to identify patterns of palliative care use in head and neck cancers. Results included that use was associated with clinical and demographic factors and more research is necessary to understand the outcomes of palliative care.	Civantos, A. M., Prasad, A., Carey, R. M., Bur, A. M., Mady, L. J., Brody, R. M., Rajasekaran, K., Cannady, S. B., Hartner, L., Ibrahim, S. A., Newman, J. G., & Brant, J. A. (2021). Palliative care in metastatic head and neck cancer. <i>Head and Neck</i> , 43(9), 2764-2777. <a href="https://doi.org/10.1002/hed.26761">https://doi.org/10.1002/hed.26761</a>

FULL RESOURCE NAME	BRIEF DESCRIPTION	FULL APA 7TH ED. REFERENCE
396	<b>Supportive care needs of men with prostate cancer: A systematic review update</b>	Prashar, J., Schartau, P., & Murray, E. (2022). Supportive care needs of men with prostate cancer: A systematic review update. <i>European Journal of Cancer Care</i> , 31, e13541., 1-15. <a href="https://doi.org/10.1111/ecc.13541">https://doi.org/10.1111/ecc.13541</a>
397	<b>Palliative care and symptom management for women with advanced ovarian cancer</b>	Miller, D., & Nevadunsky, N. (2018). Palliative care and symptom management for women with advanced ovarian cancer. <i>Hematology Oncology Clinics of North America</i> , 32, 1087-1102. <a href="https://doi.org/10.1016/j.hoc.2018.07.012">https://doi.org/10.1016/j.hoc.2018.07.012</a>
398	<b>Patient goals in hospice cancer pain management: A total pain case scenario</b>	Ehrlich, O., & Vallerand, A. H. (2022). Patient goals in hospice cancer pain management: A total pain case scenario. <i>Journal of Hospice &amp; Palliative Nursing</i> , 25(2) 75-81. <a href="https://doi.org/10.1097/NJH.0000000000000929">https://doi.org/10.1097/NJH.0000000000000929</a>
399	<b>Palliative care referral in the chronic obstructive pulmonary disease population</b>	Bradley, C., Martin, R., Porter, C., Richardson, K., Stress, A., & Tobin, J. L. (2021). Palliative care referral in the chronic obstructive pulmonary disease population. <i>Chronic Obstructive Pulmonary Disease</i> , 8(1), 4-6. <a href="https://doi.org/10.15326/jcopdf.2020.0195">https://doi.org/10.15326/jcopdf.2020.0195</a>
400	<b>Palliative care as an essential component of the HIV care continuum</b>	Harding, R. (2018). Palliative care as an essential component of the HIV care continuum. <i>The Lancet HIV</i> , 5(9), e524-e530. <a href="https://doi.org/10.1016/S2352-3018(18)30110-3">https://doi.org/10.1016/S2352-3018(18)30110-3</a>
401	<b>Why palliative care applies to Parkinson's Disease</b>	Bouça-Machado, R., Lennaerts-Kats, H., Bloem, B., & Ferreira, J. J. (n.d). <i>Why palliative care applies to Parkinson's Disease. Movement Disorders</i> , 33(5), 750-753.
402	<b>Palliative care for persons with Parkinson's disease: a qualitative study on the experiences of health care professionals</b>	Lennaerts, H., Steppe, M., Munneke, M., Meinders, M. J., van der Steen, J. T., Van den Brand, M., van Amelsvoort, D., Vissers, K., Bloem, B. R., & Groot, M. (n.d.). <i>Palliative care for persons with Parkinson's disease: A qualitative study on the experiences of health care professionals BMC Palliative Care</i> , 18(1), 1-9.
403	<b>Power, silence, and debriefing: Hidden harms when palliative teams encounter racism</b>	McKillips, K. M., & Moss, F. (2021). Power, silence, and debriefing: Hidden harms when palliative teams encounter racism. <i>Journal of Pain and Symptom Management</i> , 61(6), 1311-1315.
404	<b>Bridging Inequity: Understanding Patients' Experiences</b>	Bridging Inequity: Understanding Patients' Experiences. (n.d.). <a href="https://www.vitaltalk.org/guides/bridging-inequity/">https://www.vitaltalk.org/guides/bridging-inequity/</a>
405	<b>LGBT+ Resource Guide</b>	NHPCO. (n.d.). <i>LGBT+ Resource Guide</i> . <a href="https://www.nhpc.org/new-hospice-and-palliative-care-resource-guide-for-lgbtq-communities/">https://www.nhpc.org/new-hospice-and-palliative-care-resource-guide-for-lgbtq-communities/</a>
406	<b>Cultural safety strategies for rural Indigenous palliative care: A scoping review</b>	Schill, K., & Caxaj, S. (2019). Cultural safety strategies for rural Indigenous palliative care: A scoping review. <i>BMC Palliative Care</i> , 18(21), 1-13. <a href="https://doi.org/10.1186/s12904-019-0404-y">https://doi.org/10.1186/s12904-019-0404-y</a>
407	<b>Dr. Atul Gawande "Hope is Not a Plan": Doctors, Patients Talk Death</b>	Breslow, J. M. (2015, February 10). <i>Dr. Atul Gawande "Hope is Not a Plan": Doctors, Patients Talk Death</i> . <a href="https://www.pbs.org/wgbh/frontline/article/dr-atul-gawande-hope-is-not-a-plan-when-doctors-patients-talk-death/">https://www.pbs.org/wgbh/frontline/article/dr-atul-gawande-hope-is-not-a-plan-when-doctors-patients-talk-death/</a>
408	<b>Being Mortal</b>	Jennings, T. (2015). <i>Frontline, Season 2015: Episode 6. Being Mortal</i> . <a href="https://www.pbs.org/wgbh/frontline/documentary/being-mortal/">https://www.pbs.org/wgbh/frontline/documentary/being-mortal/</a>
409	<b>Recommendations to Improve Care for Black Families Facing Serious Illness</b>	CAPC. (n.d.). <i>Recommendations to Improve Care for Black Families Facing Serious Illness</i> . <a href="https://www.capc.org/project-equity-improving-health-equity-for-people-with-serious-illness/">https://www.capc.org/project-equity-improving-health-equity-for-people-with-serious-illness/</a>



<b>FULL RESOURCE NAME</b>		<b>BRIEF DESCRIPTION</b>	<b>FULL APA 7TH ED. REFERENCE</b>
410	<b><i>Nursing spiritual assessment instruments in adult patients: A narrative literature review</i></b>	This narrative review described 15 tools that nurses can use to assess spiritual needs of patients and families and in which contexts the tools can be used.	Cosentino, C., Harrad, R. A., Sulla, F., Bertuol, M., Sarli, L., & Artioli, G. (2020, November 30) Nursing spiritual assessment instruments in adult patients: A narrative literature review. <i>Acta Biomedica</i> , 91(12), e2020015. <a href="https://doi.org/10.23750/abm.v91i12-S.10998">https://doi.org/10.23750/abm.v91i12-S.10998</a>
411	<b><i>Important end-of-life topics among Latino patients and caregivers coping with advanced cancer</i></b>	In this qualitative study, researchers analyzed interviews and topic lists with Latino patients and caregivers to determine which end-of-life topics should be prioritized in cancer care. This article is a report of the 15 topical themes that resulted.	Rosario-Ramos, L., Suarez, K., Peña-Vargas, C., Toro-Morales, Y., Costas-Muñiz, R., Castro, E., Torres, S., & Torres-Blasco, N. (2022). Important end-of-life topics among Latino patients and caregivers coping with advanced cancer. <i>International Journal of Environmental Research in Public Health</i> , 19, 8967. <a href="https://doi.org/10.3390/ijerph19158967">https://doi.org/10.3390/ijerph19158967</a>
412	<b><i>Baccalaureate nursing students' engagement with end-of-life curriculum: A grounded theory study</i></b>	This grounded theory study explored prelicensure nursing students' experiences of using the ELNEC undergraduate/new graduate modules and reported three main themes and how those were embodied: Novice-being afraid, Evolving-becoming aware, and Prepared-becoming accomplished.	Stokeman, A. I., Brown, S. L., & Seacrist, M. J. (2021). Baccalaureate nursing students' engagement with end-of-life curriculum: A grounded theory study. <i>Nurse Education Today</i> , 102, 104914. <a href="https://doi.org/10.1016/j.nedt.2021.104914">https://doi.org/10.1016/j.nedt.2021.104914</a>
413	<b><i>The Pause Introduction Video</i></b>	In this brief video, Jonathan Bartels, a registered nurse describes why he created an intervention that healthcare teams could use to honor the work of unsuccessful CPR for the individual team members and the deceased patient.	Thepause.me. (n.d.). <i>The Pause Introduction Video</i> . <a href="https://thepause.me/introduction-video/">https://thepause.me/introduction-video/</a>
414	<b><i>The Pause</i></b>	In this 3-minute video, we see how a code team implements The Pause, a moment of silence to honor the work of the team and the deceased patient, as a method for addressing spiritual and emotional aspects of the fast-paced hospital environment.	ProvidenceSpokane. (2014). <i>The Pause</i> . [Video]. Youtube. <a href="https://www.youtube.com/watch?v=HVXM2YhZ2A&amp;t=14s">https://www.youtube.com/watch?v=HVXM2YhZ2A&amp;t=14s</a>