**Adelphi University Case Studies**

**Case Scenario #1:**   
A 44-year-old African American woman comes in for an annual physical with her longtime primary care provider (PCP). Her sister accompanied her to the appointment due to patient mobility issues and to help her sister advocate for better pain management. The provider was defensive at the onset of the visit due to sister’s stance on previous care. During the discussion about pain management the provider suggested the patient was drug seeking, dismissing/downplaying patient concerns. The provider then cut the visit short due to the perceived tension he felt by the sister’s advocacy. Therefore, the patient didn’t receive her physical, pain meds or follow up, and later saw that “drug seeking” was added to her patient record.

**Discussion:**

* Pause and dissect stereotypical behaviors
* LEAN IN to see what's there that’s not being said
* Personal views are limiting and sometimes dangerous
* Labeling a patient can be colored by personal biases and can impact care
* Ask student to discuss and Identify Issues?

**Assignment to be collected:**

Student self-reflect on issues/ what would they do if they witnessed this type of behavior?

**Case Scenario #2:**

A 27-year-old, ESL last semester nursing student. The student reached out to her faculty adviser for help/support. She had been diagnosed with COVID and had lost of two family members to COVID. She was passing all subjects, until last few exams she just was feeling defeated. The student could benefit from a referral to school counselor or behavioral health counselor; however, the conversation goes in the direction of “yes nursing school is tough and maybe you should consider withdrawing or taking a leave of absence.”

**Faculty lead discussion /Ideal Encounter:**

* Having an inclusive and supportive environment is beneficial for our students.
* Have students identify issues?

**Assignment:**

Write a short reflection: Student self-reflect on issues discussed 

**Case Scenario #3:**

Know your Role - Student nurses are on a medical surgical unit for clinical. They receive report from each nurse assigned to the patient they are assigned by their faculty. During morning care the covering RN asks the student to administer medications to the patient. The student states he is unable to complete the task without his clinical faculty present. The nurse assigned to the patient states, “don’t worry I am here, you can do it without your faculty”.  

**Outcome:**

Student did not administer the medications without his faculty present. The assigned RN was not happy; however, the clinical faculty did take the opportunity to huddle with the staff nurse and nurse manager to explain scope of practice of students and role of assigned RNs.  

**Assignment:** What ethical principal is the student demonstrating? As you enter you the profession how does this scenario prepare you for practice?  

**Outcome:**

Discussion of Leadership Skills – delegation, education, communication, ability to teach and mentor, integrity, maintaining compliance and promoting ethical practice 

**Case Scenario #4**

Developing Innovative Career Paths for Future Nurses - More nurses are leaving the bedside or profession since the start of the pandemic.  Short term goals could rest with hiring incentives, tuition forgiveness, retention bonuses, additional days off for service provided, addressing the social determinants of health for nurses to support health and wellness. Desired Outcome: Student self –reflect on situation.

**Assignment:** Students Discuss Leadership Skills – Personal, professional and leadership development, advocating for the team, communication, innovation, collaboration, change management, commitment, ability to teach and mentor 

**Case Scenario #5**

Staff Implemented Wellness Strategy - Many nurses and other health care workers experience burnout at unprecedented rates. During a shared governance meeting on a medical surgical acute care unit nurses shared “Code Lavender”. Outcome: Nurses felt supported leading to a feeling of wellbeing. Student self –reflect on situation.

**Assignment:** Discuss Leadership Skills – Communication, ability to teach and mentor, change management, advocating for staff, relationship building, and commitment.